

The Park BUGLE

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February, 1977



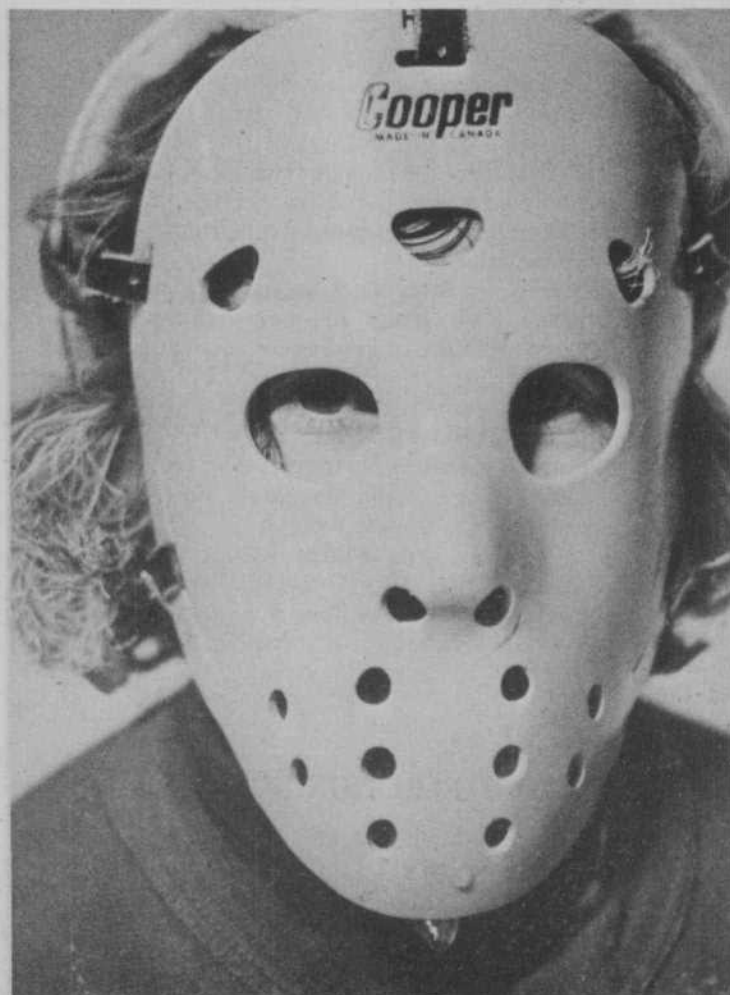
Baker School at 75th Anniversary, 1960.

Raze or Rehab

The So. St. Anthony Park Association is holding a meeting on Mon., Jan. 31 at 7:30 p.m. at the Recreation Center to reconsider a previous decision made by the community to destroy the Baker School building when the School Board no longer has use for it.

The old decision to remove the building was made so that the land it occupies could be included in a proposed multi-family housing development.

Some residents are now questioning both the need for the high density housing construction and the wisdom of razing a building which has architectural and historical qualities which could not be replaced. A new look at a past decision is essential at this time as planning for the district evolves. All residents of So. St. Anthony Park are encouraged to attend this meeting and to have a voice in the decision. Can't get a sitter? Bring your kids along.



The 18th Annual Winter Sports Day sponsored by the St. Anthony Park Association is set for Sun., Feb. 6, 1977 at Langford Park

from 1:00 p.m. through 5:00 p.m. For everything you wanted to know about the Langford Park Recreation Center, turn to page 10. Photo by Steve Rouch.

Participation Key to Co-ops

By Lois Anderson

Can you sprout these lentils? This powdered buttermilk should be a great starter for yogurt. Does this mean \$.67 for a pound of oil? How do you measure a pound of oil? Is it possible to get honey out of this bin?

These are the sounds of a food cooperative. St. Anthony Park is the home of two co-ops., The Green Grass Grocery, 928 Raymond Ave. and the St. Anthony Park Co-op. (S.A.P.), 1435 Cleveland Ave. N.

A cooperative food store is an organization of people who cooperate to get wholesale food at a reasonable price. Members participate in the process by obtaining the food, caring for the store, distributing the food, voting, deciding policy, writing philosophy, deciding membership, etc.

Green Grass Grocery began in Nov., 1973. Steve Flink, Sherman Eagles, Fred Young, Larry Stifer decided the neighborhood needed a cooperative grocery, said Argi Higgins, early volunteer and present bookkeeper for Green Grass.

They chose the Oddfellows Building at 928 Raymond because Allen Brothers Groc. had been there since 1890 and had just closed.

"It was political," said Sherman Eagles, a man who has been an important part of Green Grass from the beginning. "We wanted to involve the neighborhood people in something."

Funds came from individual loans, contributions, and a Green Grass Festival. The Project Area Committee moved into the building and paid part of the rent. The Oddfellows paid for materials on the building. The volunteers did the work. A lot needed to be done.

"We had to tile floors, paint, put in sinks and the walk-in cooler needed to be lined with stainless steel," said Argi Higgins. "We started on a shoestring."

How did the place get its name? "The little park across



A plethora of jars. Photo by Steve Rouch.

the street was called Green Grass, so we decided on Green Grass Grocery," said Fran Badger, an early volunteer.

The inside of Green Grass Grocery is spacious. The walls are painted with colorful vegetables. Plants hang in the front window. 60 apothecary jars are filled with spices. The store has a combination of natural foods such as whole grains, nuts, cheeses and herbal teas together with ice cream, potato chips, canned pop, and Hostess Twinkies.

"It's more of a community store than a co-op," said Jane Baird, active volunteer at Green Grass.

The store has about 100 members. Members of Green Grass are requested to work four hours per month. Cost of membership is \$10.00 per family, \$5.00 for singles, and \$2.50 for senior citizens who are not asked to work. "Members get 10% off. Other

You are all invited to attend the next planning meeting for the March Bugle Feb. 3 at 5 p.m. in the Lamplighter Inn. The deadline for stories, pictures, letters to the editor and ads is Feb. 14, Valentine's Day.

The Annual Meeting for Park Press will be on Feb. 10 at 3:30 p.m. in the Lamplighter Inn. You all come now, you hear?



Tired of violence on TV? The PTSA of St. Anthony Park School will devote its meeting on Feb. 15 to a discussion of TV violence. Meeting starts at 7:30 p.m.

Turn to page 10

2380 Hampden Ave., 646-8884

Hours: 9 a.m. - 12 noon, 1 p.m. - 5 p.m., Monday - Friday

February, 1977
Vol. 1., No. 5

DISTRICT 12

Serving Residents of North & South St. Anthony Park,



NEWS

Commerce & Industry.

THE PAST IS PROLOGUE

In 1890 the St. Anthony Park Company promoted investment in their bonds with a booklet and map describing St. Anthony Park which can be examined at the Ramsey County Historical Society office at the Gibbs Farm at Larpenteur and Cleveland.

It is fascinating reading and gives a clear picture of what influences molded the neighborhood into its current state. For example: "As will be seen by reference to the map accompanying this offering, these lots and blocks are not laid out as so many parallelograms but in accordance with the topography of the ground, due regard being had to the natural beauties of the situation. The land lies high, is in some parts well wooded and has a broad and rolling surface. All these features have been kept in view by the surveyors who platted and arranged to sub-divisions under which the property has been sold." and "We believe the inter-urban, or midway district, as it is variously called, is unique in its situation among all the tracts of land lying near the large cities of the country. Its improvement has not been dependent upon the growth of one city, but has been rendered certain because it lay between two of the most enterprising and thriving municipalities in the United States. Quite early in its history the business development of this inter-urban section was assured by the location of what is known as the Minnesota Transfer Company's yards, almost exactly equi-distant from the business centers of St. Paul and Minneapolis."

If you have photos, maps, writings or recollections which will aid in piecing together the history of St. Anthony Park (both north and south) and University Ave./Midway Corridor, please call Jerry Jenkins at 646-8884.

NOMINATIONS ARE SOLICITED

Nominations are now being accepted for the Community Health Services Advisory Committee. If you are interested, or know someone who is, please contact Jim O'Leary at the Division of Public Health, 555 Cedar St., St. Paul 55101.

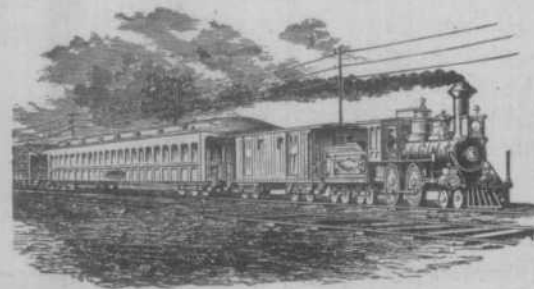
The Committee is designed to advise and consult with the St. Paul City Council (which is our City Board of Health) on the development of a comprehensive community health plan. This plan would then be submitted to the State Department of Health for funding.

A significant feature of the 1976 Community Health Services Act which provides the subsidy for local public health plans is that of community participation. At least one-third of the Committee's 15 members are to be consumers, that is to say, users of our health facilities and services. These consumers are the people who know whether St. Paul's health care services meet their needs. At least another one-third of the Committee will consist of health providers — doctors, nurses, government health officials.

WHERE IS ALL THE MONEY GOING?

Langford Park and So. St. Anthony Park Recreation Center were included in the City's priority list for projects to be funded by the Community Development Year III budget.

The amount of both project requests were revised downward by the Capital Improvement Budget (CIB) Committee and these figures were recommended by the Mayor to the City Council. Langford Park's request for \$40,000 was revised to \$22,000 and So. St. Anthony Park Recreation Center's request went from \$60,000 to \$48,000.



TWIN CITIES AMTRAK

Port Authority projections of the economic impact of the new Twin Cities Passenger Station in the Midway are reported as follows:

- Cost — \$4,500,000
- New Jobs — 100
- Construction Jobs — 200
- Est. New Taxes — \$50,000

IS DISTRICT 12 LUCKY OR UNAWARE?

Assessing District 12's social needs in the areas of health, education, recreation, public safety, cultural, religious and social services has presented a problem for the Social Sub-Committee of the Community Council.

The City was asked for Community Development funds to get professional help on the assessment but no money was allowed.

Jack Christensen, chairperson of the Social Sub-committee, has invited the Director of the Community Planning Organization, Ken Taylor, to meet with the people in the community on Saturday, Jan. 29 at 8:30 a.m. to help explore district issues and concerns on a human level.

If there are no unmet human needs then the district is indeed fortunate. But how does a community find that out? One way is to ask people to come together and talk about it. Don't be shy! Hop out of bed on Saturday morning and warm up to sharing your thoughts about what kind of community we have and could we do some things to make it more satisfying for the people who live and work in St. Anthony Park.

MEETINGS COMING UP

Community Council Meeting — 5 p.m., Feb. 9
Agenda will include a report from consulting firm on parking and circulation study.

Jan. 29—Social (human) needs brainstorming —8:30 a.m.

Jan. 31—So. St. Anthony Park Assn. discussing Baker School future, 7:30 at So. St. Anthony Recreation Center.

Feb. 3—Physical Committee—5 p.m.

Feb. 8—Social Committee—7 p.m.

Feb. 22—Economic Committee—time to be announced.

All meetings at 2380 Hampden Ave. unless otherwise stated.

JAN. 12 COUNCIL ACTION

1. Voted to have a brainstorming meeting to identify social (human) needs of the district at 2380 Hampden, Sat. Jan. 29, 8:30 a.m. **ALL RESIDENTS INVITED TO PARTICIPATE.**
2. Identified need to consider fire routes and proposed fire station changes in conjunction with parking and circulation study.
3. Received a progress report on the proposed Dairy Queen and Coury Cartage acquisitions and the relocation of Coury.
4. Decided to contact chairpersons in Districts 11 and 13 to discuss proposed boundary change to Prior which would put all of the new Midway Industrial Park on Transfer Rd. in District 12.
5. Received a brief report from Police Lt. Robert Pavlak regarding the proposed police department reorganization.
6. Voted to delegate responsibility to So. St. Anthony Park group for determining how to proceed on future use of Baker School and West of Raymond site.
7. Voted to support the rezoning change of parcels 3 thru 12 of Block 75 from B-2 to I-1.
8. Formed a Task Force to review and comment on Planning Commission document on Parks and Recreation.
9. Agreed to send Mayor Latimer a progress report on Dist. 12's General District Plan in answer to a request to have it completed by May 31.

COUNCIL ELECTION NOTICES SENT

Notice of March elections for delegates and alternates to District 12 Community Council has gone out to three associations: St. Anthony Park, South St. Anthony Park, and Midway Civic and Commerce.

Each Association will elect five delegates and two alternates on Tuesday, March 22 at a place to be announced by each association. The Community Council term of office is from April 1 to March 31.



PARK PEOPLE

By Lois Anderson

George Aus was a man who liked people.

I met him on a chilly spring morning at the Murray High School track. He had arrived at 6:15, and had run one mile by the time I arrived. I watched him wind sprint the last 100 yards. When he stopped and we began to talk, he didn't seem out-of-breath, especially for a man of 73.

George knew everyone who ran around the track. He liked to introduce people to each other.

George Aus died from complications following a stroke on Jan. 2, 1977. His funeral was held Jan. 5 at St. Anthony Park Lutheran Church.

Hundreds of people attended the service. The service was simple and honest. A piano played the strong hymns: Amazing Grace, In the Cross of Christ I Glory, Balm in Gilead, Jesus the Very Thought of Thee. The service was conducted by his friend, the Rev. Dr. Rolf Syrdal.

The Rev. Dr. Olaf Hansen, professor of systematic theology at Luther Northwestern Seminary, represented the seminary in a tribute to Aus.

Hansen said that Aus had come to Luther Theological Seminary in 1939 as part of the rejuvenation of the faculty. Aus remained at Luther 34 years, until his retirement in 1973.

"He was a loyal son and devoted colleague. His greatest contribution was his role as a classroom teacher. George worked hard, labored long hours for any lecture," said Hansen.

Hansen said that because Aus had experienced redemption in Christ Jesus, he was secure at the center.

"Change did not disturb him," said Hansen. Aus had "an honest, inquisitive mind."

The Rev. Dr. David Preus, president of the American Lutheran Church, spoke as his former student. "His class required the best brain power we had. Reason was important, but reason had to give way to the heart," said Preus.

Aus was born June 26, 1903 in Brooklyn, New York. He attended Wagner College, Biblical Seminary, Mehighets Fakultetet, Oslo, Norway, and General Theological Seminary, N.Y.C.

Aus and his wife, Svea, lived at 1535 Fulham. He is survived by Svea, sons, Philip, Nathaniel and Peter, and daughter, Evangeline. He has 12 grandchildren.

Friends and relatives gathered after the service to drink coffee, to remember, and to comfort each other.

Community Ed Grows

The St. Anthony Park Community Education winter program is well under way with classes ranging from cross country skiing to beginning recorder offered to participants. Over 19 classes were described in a flyer mailed to area residents the second week of January.

With classes under control, the Community Education Advisory Council is undertaking other projects reflecting needs of the area. An innovative person is being sought to plan and conduct

recreational activities for junior high youth one night a week. The compensation will be the standard community rate of \$7.50 per hour. Interested persons are asked to contact Jean Baumgartner at 645-0391.

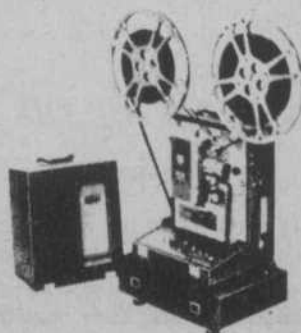
The need for local "latch key" day care is being assessed. Latch key day care is before and/or after school care of school-age children in or close to their home school. Persons interested in this service are asked to contact Pat Copa at 646-5870.

Lights, Camera...

By Martha Saul

St. Anthony Park has a new neighbor. Film in the Cities, a seven-year-old program offering classes in filmmaking and photography, recently moved to 2388 University Ave., St. Paul.

In a recent interview, program director Rick Weise said "We offer film and photography education at prices people can afford." Film in the Cities has a two year filmmaking program leading to an associate of arts degree, accredited through Inver Hills Community College. It also offers classes in filmmaking and photography to the general public and media education courses for teachers.



Film in the Cities provides a unique learning environment for its students, who range in age from 16 to 68 years. "We emphasize creativity in our classes. Students concentrate on creating images of the world as they see it and through the medium of film, to share their view with others. Confident students, competent in expressing themselves, contribute to the betterment of society," Weise said.

Film in the Cities also presents MovingImageMakers, a bi-weekly exhibition program in conjunction with the Minneapolis Institute of Arts, for regional film and video artists.

A soon-to-be-completed gallery will display important photography shows. And in the spring, an Access Center will be ready to provide cheap darkroom space and film equipment for aspiring photographers.

Film in the Cities began as a program with the St. Paul Arts and Science Center. It provided a major filmmaking program for St. Paul secondary schools until last year, when the program was cut due to insufficient funds.

For more information on the classes and programs, call Rick Weise at 646-6104.

3 The Bugle

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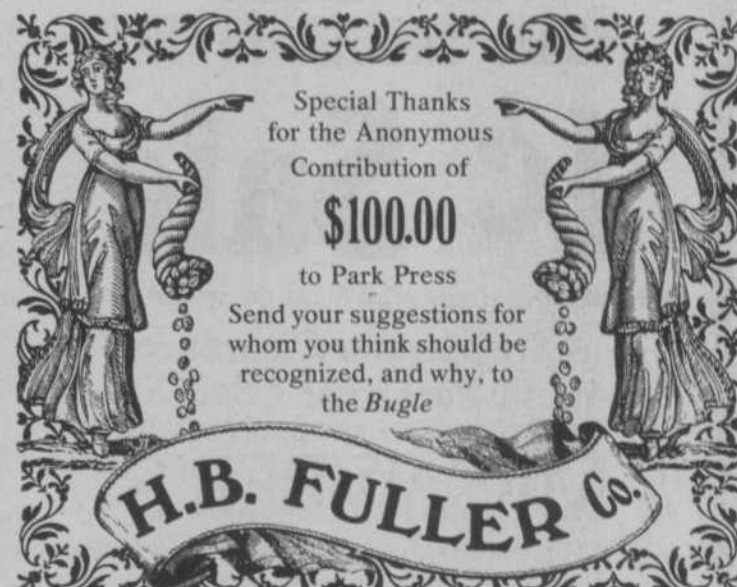


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Strange Pigs? Trains?

How do you motivate the 28 second graders in Mrs. Mildred Healy's class at St. Anthony Park Elementary to write books? Well, motivation is not the problem, the process is.

First the students look at a wide variety of books. They note text, size, shape, layouts and illustrations. The school's librarian comes in to point out cover, title page, dedication, chapter divisions and placement of illustrations. Students are then given the assignment: to write a book—a fairy tale—and illustrate the book. The illustrations must help tell the story and each book must have from 4 to 7 pictures.

Words begin to flow from stubby pencils—stories begin to take shape. Ideas are plentiful but writing for someone else's enjoyment means striving for perfection. While rough drafts are ROUGH, children are anxious to write acceptable stories, and are willing to rewrite and correct. Capitalization, spelling and paragraph division are the major problems, but even these are gradually mastered.

Covers are laminated, stories recopied, illustrations completed—the finished product. The books are ready for a public showing. An Author's Tea is held. Parents come to the school's media center to view the books and interview the authors. Both readers and writers are proud of a job well done.

FROM BIG JOE THE TRUCK DRIVER

By Eric Holdeman

Big Joe was on his way. He hoped that he could be back by sun down. Then one day his boss said, "I want you to carry some toys to the store." But his other boss said, "I want you to carry beds and stuff. They argued and argued. Big Joe was sneaking away, very quietly...

TRAINS AND RAILROADS

By Michael Schaefer

You know how neat the steam train was but the diesel locomotive is much faster. It is more powerful than the steam trains were. Do you know how fast trains go? Trains can go up to 120 miles an hour. Isn't that fast? I think that is fast. Don't you think it is?

One engine can pull 10 or 20 cars. Trains have box cars, coal cars, grain cars, hopper cars, oil cars, chemical cars, crane cars, and many many cars. Trains have names like SOO Line, Burlington Northern, Rock Island and Great Northern.

Passenger trains are fun to ride on. You know how thirsty you get on the train? If you want water just take a cup and push the button and water would come out of the little hole.

COVERS

ON THE COVER

- *The Strange Pig* by Ara Bulbulian.
- *The Old Man* by Charles Warnken.
- *The Mermaid* by Leah Ewing.
- *The Rabbit* by Mike McKay.
- *The Red Bee Hive* by Allison Megard.

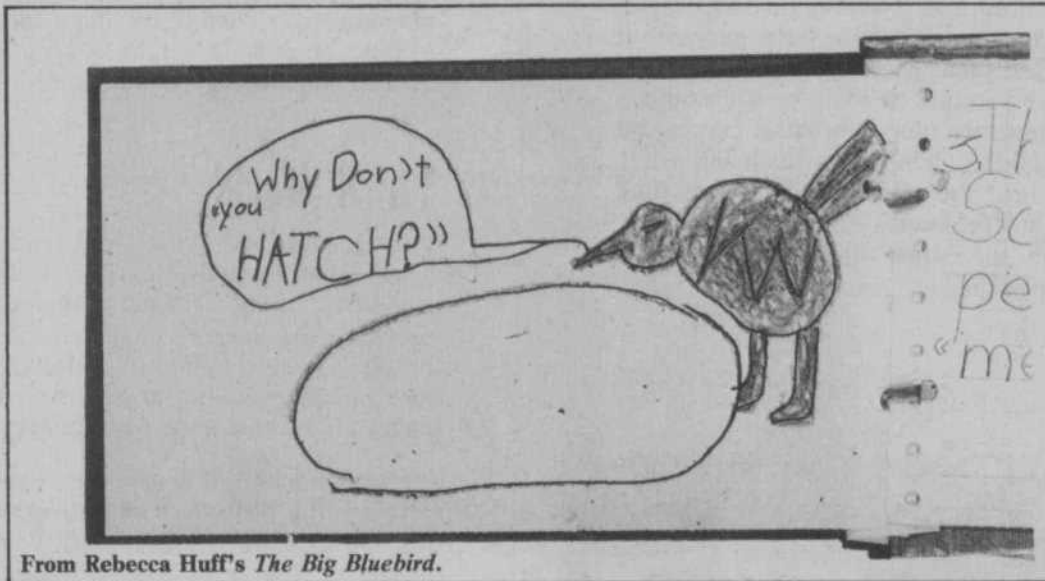


Renee Riley's new cat.



Amy Monson's grasshoppers.

Grasshoppers?



From Rebecca Huff's *The Big Bluebird*.

THE MERMAID

By Leah Ewing

One night a mermaid was taking her nightly swim. A very clever fisherman took his fishing pole and picked her up. He reeled his fishing pole in and said, "Welcome...isn't...it...a...nice...night?" and she was so scared that she jumped out of the boat and swam away as fast as she could. When she got tired she stopped.

It turned out that she was at the North Pole. She got so cold that she jumped up into the sky. She landed right in a cloud man's arms. She said, "Hi, isn't it beautiful here? And then, she suddenly, said, "Do you want to marry me? The cloud man said, "Waga, waga?" She said, "Aw snuff, you've had enough."

Then she jumped out of his hands and landed in the place she started from. She said, "Oh-no, here we go again." She was right. The fisherman picked her up, and she started to struggle as hard as she could and she finally got off the hook. Then she saw a high, high, high rock.

She climbed up the rock, and at the top, she found skeletons dancing all around. She said, "Hello, I like your dancing." After she watched for a long time, she said, "Can I dance?" They said, "Oh, sure. After we dance we're going to go bowling with other skeletons' bones." Finally they stopped dancing and went bowling.

Then when she saw the bowling balls she said, "Why these hardly roll." She took her fins, and made the bowling balls round. She said, "There, now the bowling balls are round. They bowled for hours. And when she got tired of bowling, she said goodbye to the skeletons, and went back down the rock.

When she got to the bottom of the rock; she said, "You're not going to catch me now." And she swam off to Africa.

Photos by Mike Hazard.



Kids in the Park



Watch for more stories from Mrs. Healy's second graders in future *Bugles*. Kids in the Park will return in March.



HELP REPLACE ELMS

There are a few St. Anthony Park Artists' Calendars for 1977 available at Micawber's Books, at the special close out price of one dollar.

Illustrated by Park residents and published by Park Press and the St. Anthony Park Association, proceeds from sales will be used to plant trees in public places.

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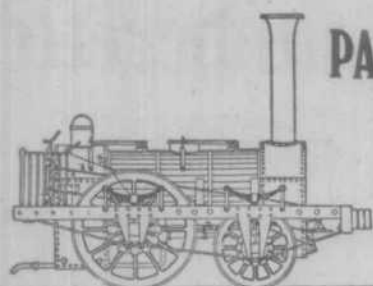
Stop at the Bank for our tax organizer, or call Mary Lou Bartlett (647-0131) for an appointment.

The Bugle 6



TRAVEL

The word travel itself has an interesting history. It comes from the French word, Travailler, which means work. This travailler in turn comes from the Latin word, trapallium, which for Romans was the name for torture chamber. Leave the driving to someone, right?



PAGE 4

From a safety standpoint there is no question "speed kills." There were 45,229 U.S.A. traffic deaths in 1975, down from 54,538 in 1973 before the 55 m.p.h. limit.



Since 1963 ice skates have been donated to the St. Anthony Park School to be lent to skateless children to use during the season and return when spring breezes thaw the frozen rinks. If you have outgrown skates, bring them to the school at 2180 Knapp Street.



An Egyptian belly dancer accompanied by live music, a short film on ancient Egypt and slides showing modern Egypt will be featured at the Feb. 6 Nationality Spotlight at the International Institute of Minnesota, 1694 Como Avenue, St. Paul, MN, 3 p.m. There will be a display of Egyptian artifacts and Egyptian refreshments. Call 647-0191. The Vietnamese will follow the Egyptians on March 6.

When I see the discomforts that able-bodied American men will put up with rather than go a mile or half a mile on foot, the abuses they will tolerate and encourage, crowding the streetcar on a little fall in the temperature or the appearance of an inch or two of snow, packing up to overflowing, dangling to the straps, treading on each other's toes, breathing each other's breaths, cursing the women and children, hanging by tooth and nail to a square inch of the platform, imperiling their limbs and killing the horses—I think the commonest tramp in the street has good reason to felicitate himself on his rare privilege of going afoot.

—John Burroughs



Photo by Hazard.

John, Loo & W.C.

Travel agent Mary Pomeroy claims she can find her way to the bathroom in 57 languages. She's traveled to every country in the world except Tibet and a few in Africa. She's been up the Nile and down the Amazon, visited Egypt (her favorite country) two times, Russia nine times and is planning her second trip to China.

Mrs. Pomeroy is no ordinary travel agent. She is the "nuts and bolts" behind a non-profit organization called Delegates for Friendship Among Women, founded in 1969 to foster better understanding between women around the world.

Delegates are carefully screened to be sure they have the necessary skills and that the group represents a good geographic mix. Mrs. Pomeroy sends background information on the selected delegates to the host country, makes an advance trip to the country to set up meetings with female counterparts, schedule briefings, banquets and sightseeing.

All delegates pay their own way. "It's a working trip, not a tourist trip," she emphasizes. "We're on the go from 6:30 a.m. to midnight with scarcely time for a bath."

Mrs. Pomeroy cautions her delegates to "forget U.S. luxuries and keep an open mind. You're here to learn and exchange ideas."

"I was born with an itchy foot," says the family relative of the Pomeroy on Chilcombe and the mother of three grown children. She spends 6 months a year travelling and lecturing on travel to women's groups across the country. "I can't wait until my 3 year old granddaughter is ready to travel."

Mary Pomeroy is now in China.

A person on a bicycle ranks first in efficiency among traveling animals and machines in terms of energy consumed in moving a certain distance as a function of body weight. A biker uses about a fifth as much energy as an unaided walker.

Third World

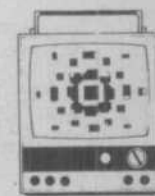
During spring recess the Third World Institute is sponsoring a study tour to Guatemala and Honduras. Doug Johnson, the tour organizer, says that the purpose of the trip is to "develop people's understanding of underdevelopment in foreign countries and of how American foreign policy affects this underdevelopment."

A maximum of ten people (student and faculty) may join the tour which will leave March 1 and last for 24 days. Participants will meet Saturday afternoon from 1 to 3 p.m. in the Teilhard Chardin room at the Newman Center on Feb. 23 for orientation. This six week orientation program will include an introduction to the political and economic conditions of Guatemala and Honduras and a study of U.S. foreign policy in Central America.

Those going on the tour will pay their own expenses, estimated to cost from \$450 to \$475. Once in Guatemala the Minnesota group will meet with on-going organizations to learn about land distribution, co-ops, and the medical training of peasants. Members of the tour will visit native Mayan farms, a nutritional center and a linguistics center where Spanish is taught to foreigners. New alphabets are being developed for the Mayan languages.

Similar study tours are also conducted during Christmas and during the summer. The summer program, Education for Global Justice, is for educators and administrators. For further information about any of these tours, call Doug Johnson at 331-3437.

—Mary



Tired of the same old violence on television? Translations from Norwegian and Persian poetry are included in a minute sampler of Minnesota premiering on Everybody's TV, Feb. 23, Channel 2/KTCA, 7:30 p.m. Produced by the CIE's Museroo, poets are Robert Bly, Michael Brown, Phebe Hanson, Ma Hasse, Louis Jenkins and Jim M.

Mekong

February 17 will be a special day for Leng Vong. He will mark the first anniversary of his arrival in Minnesota from Thailand.

Leng left his native Laos by crossing the Mekong River to Thailand by boat. "Many other people cross the river, which is much bigger than the Mississippi," Leng said.

Leng spent nine months in a refugee camp in Thailand. Then he made the two day journey across the world to Minnesota, by military airplane.

Leng has just begun a new job with a Laotian social agency, helping other Laotian refugees with matters of education and employment.

—Mary



"In this shrinking world, it is not *either* an interest in the solution of domestic problems *or* an interest in the welfare of the rest of the world. It must be both."

—Dr. John Hannah, Deputy Secretary-General
United Nations World Food Conference

Americans are becoming increasingly aware of the interdependency of all the world's resources. Particularly sensitive are a group of faculty members in the Institute of Agriculture, Forestry and Home Economics on the St. Paul campus.

They served as a faculty committee recently and issued a report assessing the resources and interests of the Institute in providing assistance to developing countries of the world. The report called for the University to focus its energies and resources in a defined area of the world. North and West Africa is the region they recommended for establishing long-term programs to help less developed nations achieve self-sufficiency in food and agricultural production.

Last year the land-grant universities received a public charge to exercise a greater role in helping to solve the world's problems in agriculture, poverty and hunger when Title XII of the Foreign Assistance Act was passed into law.

As a result of Title XII and the faculty committee report, the University is already asserting itself as a leader in world food matters. The American Academy of Arts and Sciences will hold its annual meeting in the Twin Cities April 21-23 on "Transforming Knowledge into Food." In May the National Association of State Universities and Land Grant Colleges will hold a conference here, "The University and Title XII." In addition, there are numerous other activities afoot, like French lessons for faculty members in the College of Agriculture.

—Gail McClure



Doing 60 with the top down. Photo by Mike Hazard.



The March Mosaic will be dreams.

Call 222-2096, 227-2240 with suggestions.

The All American Bar
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The Park's Ark

Park Poll for Birds?

It is about time to assess our bird population at the many bird feeding stations in St. Anthony Park this year. We hear the birds are not as abundant as in former years. It would be interesting to find out who has what, when and what type of feed or feeder they are using.

As regular visitors, we have up to a dozen goldfinches eatng shelled sun flower seeds and thistle seed from our Droll Yankee feeders, which also draw a couple chickadees and nut hatches. Even the ground feeding Juncos know that food is different from what I put on the ground.

The Downy and Hairy Woodpeckers come to the onion bags of suet on the trees. Of course there are too many BlueJays and a real overload of sparrows.

But where are the Cardinals? We have rare sightings of them since winter set in—and that when it's dark, which is typical.

For now we have licked the squirrel problem since one chewed the rope on a large Droll Yankee feeder and dropped it to the ground making a feast available. The rope was replaced with wire and that with some metal Squirrel Guards and shelled corn, to keep these four footers on the ground—for now.

With the sighting of a Snowy Owl at Crawfords, and a Pileated Woodpecker near Scherberts, we are working up quite a poll.

White Throat

We have a rare visitor at our feeding area, A White Throated Sparrow, who is not supposed to be here during Dec., Jan., or Feb., according to "Birds of the Mpls.-St. Paul Region," which you may purchase at our local book-store or at Bell Museum for a few dimes.

This White Throated Sparrow, and a companion, a Fox Sparrow, stayed at our backyard feeding grounds long after the other migrants, but the Fox Sparrow took off in

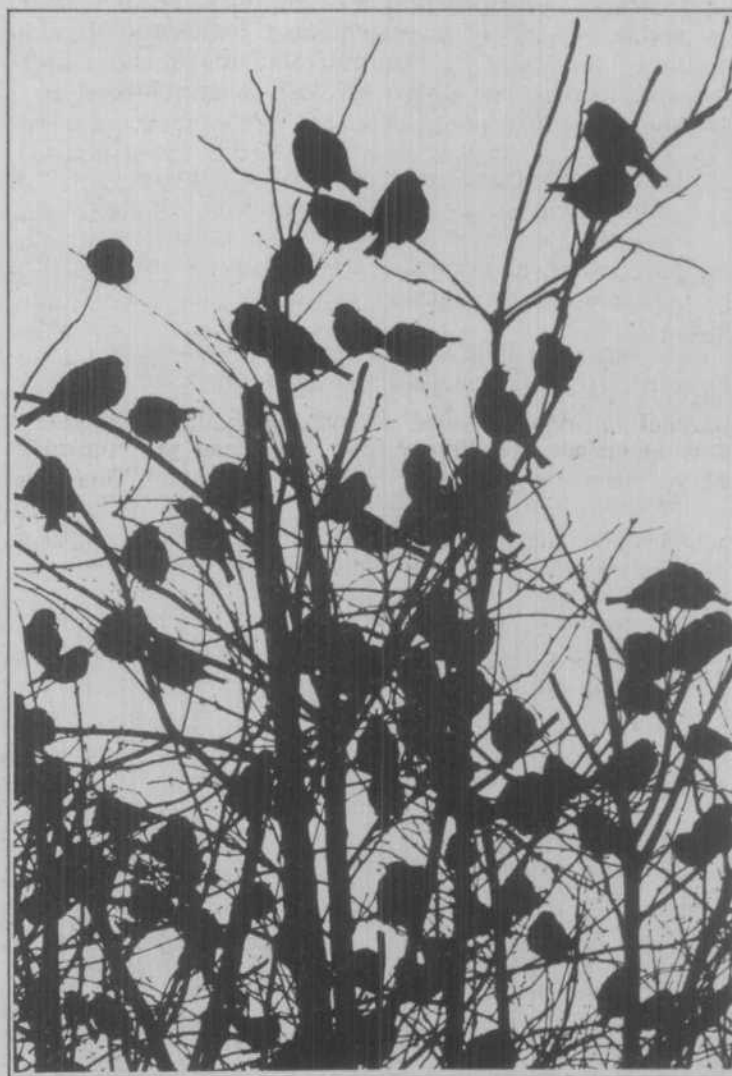
Nov., and since then Mr. W.T. as we call him, spends most of his waking hours with us. That is, except for a six day period from January 3-6, and that absence has made us curious as to where he went. Have any of you seen him?

As his habitat is dense undergrowth and brush, he general-ly feeds 2-3 ft. from the house.

food—red and white millet, small seeds, and peanut hearts. They also eat rag weed seeds. Sometimes W.T. eats from our 4 ft. high flat top feeder.

The White Throated Sparrow is of medium size for sparrows. His best field mark is his white throat: also his "lores," the yellow spot between the bill and the eye, but this is less conspicuous in the fall and in immature birds. He has a striped black and white crown and can be told from the White Crowned Sparrow by his short-necked posture and darker bill.

In the Twin Cities area we see



A crowd of sparrows. Photo by Mary Walker Sjowall.

We have an excellent view of him from our full length windows. In this cold weather he seems to enjoy eating the seed which we put on top of the rose cone. In between peckings, he puffs out and down as if he receives warmth from the cone.

He often eats alone. But in a crowd of sparrows he is distinguished by his fearlessness. Most of the sparrows fly away at the least noise or movement outside—but the White Throated Sparrow pays little attention and just goes on eating. He prefers scratch

and hear the White Throated Sparrows for a month or two during the spring and fall migrations. Their song is a clear high whistle, once heard, never forgotten. They are one of the few birds that sing freely on their spring migration from the more southerly states to their home in the northern pines.

We are hoping W.T. makes it through our frigid winter. If any of you have had him visit you, I'd surely like to know.

—Fran Hunt
1502 Chelmsford

BOOKS



By Mary J. Belser

The 1975 Handbook on Women Workers, U.S. Dept. of Labor, Employment Standards Administration, Women's Bureau, Bulletin 297. *Everything You Need to Know About E.R.A.*, Delsman, Mary A.

Minnesota Women's Legal Rights Handbook, Berk-vam, Katherine and J.R. Motl. Minnesota Public Interest Research Foundation, 1976.

It Changed My Life: Writings on the Women's Movement, Friedan, Betty. Random House: New York, 1976.

Women who like to keep up on the latest women's rights issues will want to take a look at four new releases. For straight statistics *The 1975 Handbook on Women Workers* is about as complete a book on women's facts that you will ever find, although I don't recommend reading it through cover to cover. Rather, it is most useful if used as a definitive reference source. Included are charts and summaries of present trends and future projections of women as workers, of women's income, earnings, education, training and employment. There is a good section on state labor laws of special interest to women, the changing maternity standards in business and the political status of women.

Everything You Need to Know About E.R.A. by Mary A. Delsman dwells principally on the legal ramifications of the proposed Equal Rights Amendment but also includes a hefty amount of comment about the friends and enemies of E.R.A. Delsman traces the E.R.A. through its tortuously slow passage from the House of Representatives and Representative Celler into the Senate where archenemy Senator Sam Ervin waited. She effectively deflates the false predictions of what the E.R.A. will do to divorced women, to segregated bathrooms and to Social Security payments. As an extra, she includes a fifty page women's calendar (from 1587) at the end of the book.

Minnesota Public Interest Research Foundation's *Minnesota Women's Legal Rights Handbook* concentrates on the Minnesota woman's legal status as it exists now in our state. The handbook doesn't aspire to replace the need for a lawyer but it does an excellent job of spelling out the laws that affect such areas as discrimination suits, divorce and property settlements, name changes, credit applications and rape. The actual legal citations are included in the footnotes. It realistically judges the difficulties women pursuing legal action will face—the long waiting periods after filing discrimination suits, hard to enforce child support payments and the traditional resistance to a woman keeping her maiden name.

Of the four books, Betty Friedan's *It Changed My Life* will mean the most to those who have followed the stormy history of the women's movement. Friedan was there from the beginning as the author of *The Feminine Mystique*, as founder of N.O.W., and as a participant in the 1975 International Women's Year Conference in Mexico City. While the book is a collection of her articles and speeches that have appeared over the years, the selections are smoothly woven together. There is always excitement in hearing first hand of the feminist underground movement among prominent women in Washington, D.C., and of the first sex discrimination suits filed under the Equal Employment Opportunity Commission and Title VII of the Civil Rights Act of 1964.

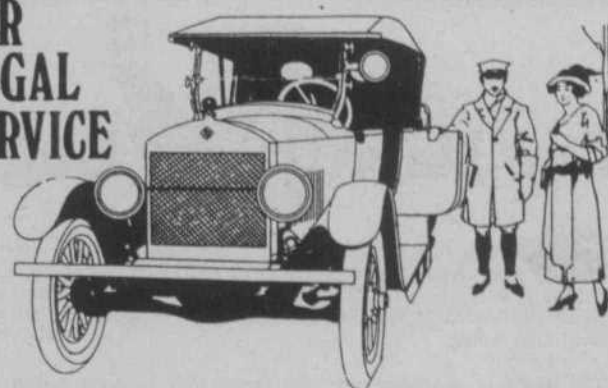
Fame gives Friedan the opportunity to meet the famous: Simone de Beauvoir, Pope Paul, Indira Gandhi and Lyndon Johnson. Johnson's image as a supporter of women's rights suffers as well as a few other Washington reputations. Sargent Shriver, then head of the poverty program, is quoted as saying "Why should I try to train a woman, who would rather be my wife and mother of my children, to use a computer?"

However, Friedan does not ignore the personal side of her life in this book. She writes perceptively about the slow disintegration of her marriage and final divorce, her relationship with her teenage daughter, her fiftieth birthday, her conflicts with what she calls the "female chauvinists," and her own philosophy on the value of marriage.

How Does Your Garden Grow?

A series of Gardening Workshops will be offered in Feb. and March by the Como Park Conservatory and the St. Paul Public Library. Classes in Terrarium Design, Hanging Baskets, Plant Propagation, Indoor Gardening, and Gardening Under Lights are scheduled at various branch library locations and the conservatory. A brochure describing the workshops with locations, cost of materials and registration information is available at the library and the conservatory. Most workshops offer a choice of daytime or evening hours. For more information, call the library's Community Relations Office, 224-3383, extension 28.

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2264 COMO AVENUE

The Park Bugle



The Park Bugle is published by Park Press, Inc., a legally incorporated nonprofit organization guided by an elected Board of Directors. Currently serving on the Board are Andrew Boss, John Hunt, Gail McClure, Gerald McKay, Josephine Nelson, Joseph Skovholt and Kurt Steinhauer.

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"People Say I'm Crazy."

By Susan Wilcox

Looking for a nearby meeting room with kitchen where your club can gather over coffee? Or a place where your daughter can play league sports with the boys? Have a son who's always wanted to play soccer or learn chess? Want to skate with a heated warming house adjacent the rink? Love ping-pong or volleyball but lack the facilities? It's all going on at the Langford Recreation Center.

That little grey building houses two activity rooms, a kitchen, gym, and an office where an enthusiastic Roy Magnuson, Recreation Leader for the Department of Parks and Recreation, will answer

your phone calls (645-9985) or help you in person.

You can reserve any part of the center's system—say the kitchen, meeting room, and the park or gym—for your own get-together free of charge if the building is normally open, Magnuson explains. Two adult groups who regularly meet there are the Antique Toy Collectors and the Twin Cities Siberian Husky Club. In summer the building is closed on weekends, but will be reserved and opened for a fee if you don't want rain to spoil your family's Sunday picnic.

Adults as well as kids participate in hockey, basketball, volleyball, open gym, open tennis, tennis classes, and pick-up games of horse-shoes, bocci ball and softball. Cribbage, chess, Zap and cards are available in the activity rooms. Want to start a new activity? Talk to Magnuson. He welcomes ideas—probably because he has lots of his own.

You can skate to music, thanks to the St. Anthony Park Association, on the large general skating rink 3-9 p.m. weekdays, 9-12:30 and 1-5 Saturdays or 1-5 Sundays. The hockey rink is separate. You might want to bring a thermos of coffee; the center's vending machines dispense pop and gum balls.

Langford Rec. Center was swarming with kids the day I was there. "Kids come down because there are things to do at anytime—it's a recreation center—even when scheduled activities are going on," Magnuson says. Jane Pates comes in to teach figure skating, cooking and crafts and to help out generally with the younger kids. Magnuson also get help from Marty Schoen, a Murray student in the Rec. Aide program.

Volunteer coaches come in for all sports. "They generally grew up in a playground themselves," says Magnuson. "One guy coached softball ten years in a row."

It's harder to find volunteer coaches for girls' sports. Girls play flag football and have their own volleyball and softball teams. They also may play on any of the boys' teams. Magnuson says last year one girl played hockey and was pitcher on the boys' baseball team. "A darn good player," she's gone because the family moved. At Langford, girls' programs are equal to or larger than boys'.

Kids are divided into two year age groups for sports, beginning with the 5-6 year old Popsicles and continuing through the Cubs, Squirts, Pee Wees and the 13-14 year old Bantams. Popsicles play only at Langford. Cubs have a low key league with no scores kept. Squirts, Pee Wees and Bantams play in the North Star hockey league or in Park and Recreation district or municipal athletic leagues for football, baseball, softball and soccer. Soccer, begun last year, includes grades 1-12.

Magnuson leads 30-40 kids on a three day spring ski trip to White Cap Mountain in Montreal, Wisconsin, each year. "People say I'm crazy," he says, "but I've never had any trouble." Perhaps that's because of the rapport his interaction with kids demonstrates and because of his enthusiasm for making Langford a functional recreation center.

FOOD CO-OPS

Continued from page 1

customers pay the marked price," said Higgins.

What is special about Green Grass? "It's special because of the people. We have different ages and different life styles," said Fran Badger.

"We're unique because we're not ruled by any ideology about foods. We provide a friendly atmosphere and a no pressure situation," said Jane Baird.

Members of Green Grass all said the co-op is looking for new members. Membership has dwindled since paid cashiers were hired in Sept. Fran Badger would like to see senior citizens from the near-by hi-rise use the co-op.

S.A.P. co-op is at a different stage in its development. New membership is not needed at this time, said Lucy Cutler, president of the board. S.A.P. has about 1,000 members and has grown like Topsy, said Cutler. The store does not sell packaged food. Members are required to work three hours per month. Members pay 8% more than the wholesale cost of food. Non-members pay 25% more.

On Nov. 15, 1976, a new co-op in New Brighton was begun with the help of S.A.P. The hope is that the New Brighton store will decrease the pressure on S.A.P.

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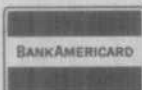
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By Jane I. Lindberg

Friends and Neighbors will hold their monthly meeting, Tues., Feb. 1, from 2 to 4 p.m. at City Hall, 1891 Walnut St. Jan Wallraff, Supervisor of Customer Relations and Education, will give a demonstration of Lo-Cal Nutrition as a public service of Northern States Power Company. Come and be a taste tester. Hostesses will be Florence Hadtrath and Edna McDonald.

Congratulations and sincere good wishes to Mr. and Mrs. Clyde Watson, 1843 Fulham, on the recent celebration of their 50th anniversary.

More about "Federation Pharmacy": This senior-citizen owned (Metropolitan Senior Federation), nonprofit pharmacy is located at 2113 Chicago Ave. S. in Minneapolis. The staff consists of paid, registered pharmacists, a volunteer acting manager, and Federation volunteer clerks. High quality, low-cost pharmaceutical services will be provided to the elderly, handicapped and general public. Hours are Mon.-Fri., 9 a.m. to 6 p.m.

The Metropolitan Senior Federation (M.S.F.) has signed a contract with a national drug chain for guaranteed discount prices 5 percent less than any other retail drug price in the Twin Cities. Members of the Federation V.I.P. Buying Plan receive a 10 percent discount on prescription drugs. On request, prescriptions will be mailed at a surcharge of 25 cents per order.

Under M.S.F. agreement, the Rice Street Pharmacy, 1136

Rice, St. Paul, also offers prescription services to members at the same prices—walk-in customers only.

For membership details, call M.S.F. at 645-0261, or write 1951 University Ave., St. Paul 55104.

Calendar of Events

- **Bookmobile**, Eustis & Spring Sts., Thurs., Feb. 3 & 17, 6:15-7:00 p.m.
- **Children's Story Hour**, City Hall, every other Wed., Feb. 9 & 23, 9:30-10:30 a.m.
- **Cub Scout Blue & Gold Banquet**, City Hall, Thurs., Feb. 16, 6:30 p.m.
- **Council Meeting**, City Hall, Tues., Feb. 15, 7:30 p.m.
- **Planning & Zoning Comm.**, City Hall, Mon., Feb. 7, 7:30 p.m.
- **Pet Licenses** must be purchased by Mon., Feb. 28.
- **Boy Scout Paper Drive**, March date to be announced later.

The Wilder, St. Paul-Ramsey Hospital Senior's Health Care Center is accepting applications for this comprehensive health services program aimed at seniors who have difficulty paying for medical care.

To be eligible, seniors must have Medicare Part A and B or comparable insurance. Maximum income is \$5,000 for individuals or \$6,000 per couple. Exceptions can be made for seniors who have had unusually high medical or drug expenses. All participants must also join the Wilder Senior Citizens center, for which there is no fee; application may be made by phone.

Among the services provided at no charge to seniors are physical examinations, laboratory tests and X-rays, in-hospital care including physicians' fees for up to 60 days, and emergency care.

To enroll please call the Wilder Senior Citizens' Center, 224-9451.

Family Planners Meet

Classes in modern methods of natural family planning will be given by the Couple to Couple League at Commonwealth Terrace Cooperative beginning Feb. 7, 1977. The course consists of 4 monthly meetings which will be held at the Terrace on the first Mon. of

each month from Feb. to May. All meetings start at 8 p.m. and are over by 10 p.m.

Interested persons are asked to register by phone with Nicholas and Pauline Moleenaar, 645-7256.



Try a Bugle Want Ad at 10 cents per word with \$1.00 minimum. Send your ad with check enclosed to: The Park Bugle, 2250 Como Ave., St. Paul, Minn. 55108.

WEAVERS GUILD OF MINNESOTA: Winter quarter begins late January. Classes in frame-loom weaving, floor-loom weaving, spinning, dyeing, basketry, color and design. Join us! Free bulletin. 332-7521, 427 1/2 Cedar Avenue, Mpls., Mn. 55454.

REGISTERED NURSE will care for infants or toddlers in her home on Brewster. Part-time, full-time, any hours. \$1.25 an hour. Call 645-2950.

INTERESTED IN AVON: I will gladly take your Avon orders for this area. Please call and set up an appointment. Mrs. Joan Jensen, 2386 Bourne Avenue. 645-4729.

Parents Needed

The Children's Home Society of Minnesota is seeking families in the St. Anthony Park area that would like to become temporary foster parents for older children. The Society needs temporary homes for older children while it makes permanent adoptive plans for them. Parents interested should contact Mrs. June Wheeler, 646-6393.

Thorstenson Ordained

Timothy Alan Thorstenson, a 1976 graduate of Luther Theological Seminary in St. Paul, with a degree of Master of Divinity, was ordained at St. Anthony Park Lutheran Church on Nov. 28, 1976. Tim grew up in St. Anthony Park and lived on Doswell.

His undergraduate work was done at Concordia College in Moorhead, Minnesota and at the University of Minnesota. He served his internship at Fairview Hospital in Minneapolis. He also received training in clinical chaplaincy at the University of Minnesota Hospitals as well as at the Chemical Dependency Training Center at St. Luke's Hospital in Minneapolis.

Upon accepting a call to Zion Lutheran Church in Waterloo, Iowa, Tim and his wife, Heidi, now live in that city.

ST. ANTHONY PARK NURSERY SCHOOL is taking registrations for September. Contact church office or Marjorie Hess—644-1757.

HANDYMAN: Painting, carpentry, miscellaneous. Also repairs and planning. Call 647-1756.

WANTED: Teacher (F) taking sabbatical from the suburbs — wants 1-2 bedroom apartment — good plant windows — after May. Call 574-1341.

PHOTOGRAPHIC SERVICES: All Kinds — cards — groups — weddings — parties — informal portraits — commercial. Call 646-6707 afternoons.

RUMMAGE SALE: Corpus Christi Senior High Group, Sat., Jan. 29, 9 to 3, Buford and Cleveland.

GUITAR LESSONS: Classical and folk. Area location. 646-8278.

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PARENT EFFECTIVENESS Training classes. Contact Bob Baker: 646-1702, eve.

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WANTED TO RENT: House in S.A.P. area for 1-2 years. Start lease June-Sept. References furnished. Call Martha or Pat, 644-4222.

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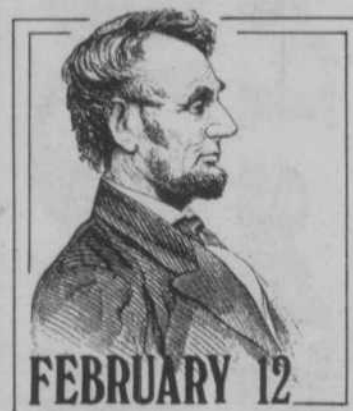
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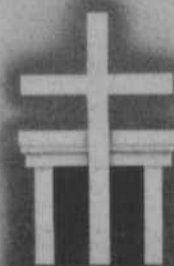
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The Park BUGLE

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FEBRUARY, 1977
VOL. 3, NO. 7



Cover Story
Pages 4 & 5