

The Park BUGLE

Vol. 3, No. 6

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HELP REPLACE ELMS

There are still a few St. Anthony Park Artists' Calendars for 1977 available at Artisans' World, Bibelot Shop, Drs. Bjorndahl & Dodds, Bridgeman's, Dr. Gerst, Heritage II, Lederviva, Micawber's Books, Miller Pharmacy, Mobil Park Service, O'Donnell's Cleaners, Park Hardware, Park State Bank, Threadbenders, U of M Student Union and Villa Sportswear.

Illustrated by Park residents and published by Park Press and the St. Anthony Park Association, proceeds from sales will be used to plant trees in public places. Calendars are \$2. each, or 3 for \$5.

Street Parking Solution?

By Joe Michels

Residents of St. Anthony Park who have long been plagued by streets lined with cars parked in front of their homes will get an opportunity to learn about a device which the Planning Committee of the St. Anthony Park Association is proposing as a key element to the solution of the problem, at the next Committee meeting at 8:15 pm after the Jan. 25 Association meeting at St. Anthony Park Elementary School.

The proposal involves permits which enable those with permits to park as long as they desire on the streets covered by the permit. Minneapolis now has a similar ordinance called the "Critical Areas Ordinance." Its ordinance will be put into action when the permit stickers are ready late in January.

In answer to queries on the part of the Association Planning Committee, Ruby Hunt, Chairperson of the Public Works Committee, has said that her committee would support an ordinance similar to that in Minneapolis only if

there is widespread support for the idea in St. Anthony Park.

Because it has been suggested that the ordinance be coupled with a one hour parking restriction for non-permit holders in certain areas, some have expressed concern that their parking rights may be curtailed. But, Alice May Watson, a member of the Planning Committee, responds, "What is there for us to lose, when we haven't been able to park in front of our houses when the University is in session, for years?"

The next planning meeting for the Feb. Bugle will be on Jan. 6 at 5 pm in the Lamplighter Inn. All are welcome. The deadline for stories, pictures, letters to the editor and ads is Jan. 17.

Home delivery of Bugles in Jan. will be limited to District 12, which includes West Midway and No. and So. St. Anthony Park. Stay tuned for future delivery arrangements.

"All It Took Was Guts."

By Lois M. Anderson

A vocational change and vision of a community newspaper motivated Gail McClure to create the St. Anthony Park Bugle.

It began in June, 1974. McClure moved from Kansas to Minnesota for a second time. She had a master's degree in English literature and couldn't find a job.

"There weren't openings except in high school teaching," McClure said. She was not interested in returning to teaching. She knew that writing was one of her skills and decided to pursue journalism as a career.

McClure had been an editor of her high school newspaper in the town of Lyons, Kansas, pop. 4500. She remembered learning that "a paper must reflect the community or it's not doing its job."

"I was capable of putting together a publication sensitive to community needs," McClure said.

McClure identified St. Anthony Park as a community that needed a newspaper.

"I had lived here one year. It reminded me of where I grew up. The Park was ripe with interesting people doing interesting things," McClure said.

McClure's idea was to create a visible piece of writing that would aid communication among the divergent Park population. McClure wanted to coordinate the geographic separation of the community and said she was irritated about some things that were happening within the Park.

At the same time McClure was identifying the need for a community newspaper, Andrew Boss, President of the St. Anthony Park Bank, contacted Roger Swardson, owner of the *Grand Gazette*. "I think our community needs something like the *Gazette*," said Boss.

When McClure contacted Swardson, he was ready to support the idea and offered

his financial and organizational assistance. His *Gazette* staff published the Park's preview issue in June, 1974. McClure took over from there.

Swardson owned the paper for one year, then sold it to the community for one dollar.

"I had to sell it for it to survive. There is no responsibility without ownership," Swardson said.

Swardson talked about McClure's role in creating the *Bugle*. "The great thing that she brought to it, was to make it a community based paper. She understood the character of the community. That was her knack, the ability to bring together combinations of people," Swardson said.

McClure discussed her role with the first publications. "I did the editing, typesetting, wrote the stories, created a beat, and delivered the paper," McClure said.

Swardson and McClure wanted the paper's name to have historic flavor. Both decided to keep the name "small, old, historic and traditional," McClure said. "Four readers suggested the name *Bugle*. It was chosen," Swardson said.

In Sept., 1974, McClure, who worked for the *Bugle* on a voluntary basis, needed money. She found a full time job as a feature editor for Farmer's Union Publishing Co., but continued to publish the *Bugle*.

"I got better at using people's talent," McClure said. By now, she had acquainted herself with residents and she started to draft people for tasks.

Joseph Skovholt had retired from Honeywell and volunteered to get ads. "He was paid 25 per cent of everything," McClure said.

McClure concentrated on find-



Gail McClure, the driving force behind the Bugle. Photo by Mary Walker Sjowall.

She had an office in the basement of Bridgeman's. "We traded space for advertising," McClure said.

The first newspaper was published without a title. McClure and Swardson ran a contest and asked readers to suggest titles.

ing a group of writers. Don Svendsen and Mary Walker Sjowall volunteered as photographers. Kathy Diedrich volunteered to work as feature editor. Sharon Bassett pursued classified ads.

Turn to page 10.

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January, 1977
Vol. 1, No. 4

DISTRICT 12

Serving Residents of North & South St. Anthony Park,



NEWS

Commerce & Industry.

PLANNING COMMISSION REVIEW OF CD III PROPOSALS

The City Planning Commission rated all Community Development proposals submitted using a high (H)—medium (M)—low (L) system. District 12's proposals were rated as follows:

HIGH—So. St. Anthony Playground, Planning Operating Budget, Social Consultant, St. Anthony Park Street Lights, Hampden Street Improvements, Industrial Street trees.

MEDIUM—Langford Park, Community Council Operating Budget, Industrial Acquisition, Commercial Rehabilitation.

LOW—Street Tree Replacement, Private Property Tree Removal, Fifield Street, Fifield Park, Bikeways, Information and Referral.

Comments accompanied these ratings. Anyone interested in a more complete report may call District 12 office (646-8884).



LAUDERDALE QUALIFIES FOR NOISE ABATEMENT ON 280 (but not Dist. 12)

District 12 Community Council members were disappointed to learn from Merritt Linzie and Gary Orlich, Minn. Dept. of Transportation (DOT) that the stretch of Trunk Highway 280 in District 12 doesn't have the required decibels to qualify for construction of sound barriers. Our neighboring community, Lauderdale, does however.



DOT measured volume and noise levels this past summer on 280 and compared them with their 1974 findings. There was 26% less traffic volume on 280 after the 1975 opening of 35W which resulted in a reduction of noise level. The department will continue to monitor and will be ready to report any change two years from now.

SO. ST. ANTHONY IDENTIFIED TREATMENT AREA

Seven years of intensive programs in home improvement are coming to a close in the South St. Anthony Identified Treatment Area (ITA).



The programs utilized by 65 of the 166 homeowners included: low-interest loans and free grants to fix up 52 houses with technical assistance of HRA rehab advisors, acquisition and demolition of 11 houses that were beyond repair, moving one house onto a vacant lot left by one of the removed houses, and fixing up one home for a young family that was too expensive to maintain for an older couple. In addition, at least 15 homeowners fixed up their houses on their own.

When the programs started in 1969, only 32% of the residences were in substantial code compliance. Now 80% have safe wiring, plumbing, heating and structure! New street improvements with ornamental lighting and trees in boulevards, assessment free to the residents, were started and will be completed by next fall. All these improvements combined have added significantly to the value and the future of the greater St. Anthony Park neighborhood: what Christmas present could be more welcome?

Only 20% of the homes are still in need of significant repairs and a variety of programs are still available, including a 3% loan for owner-occupants with no income limits, and a new 8% loan for non-occupant owners. If you live in the ITA and need improvements on your house, be sure to call Jerry Park at the HRA—298-5814 or 646-1825—before December 31. He can find a program tailored to the needs of practically every homeowner.

Several of these rehab programs are available to all homeowners in the city, and you can inquire at the same phone numbers about those for which you may be eligible. It may be the wisest investment you ever made!

—Jerry Park, HRA Community Liaison

MEETINGS COMING UP

Council Meeting
January 12, 1977
7:30 p.m. — 2380 Hampden

Agenda will include a report from consultant on Circulation and Parking Study

Committee Meetings

Social—Jan. 5, 1977, 7:30 p.m., 2380 Hampden.
Physical—Jan. 6, 2380 Hampden (time to be announced).
Economic—Jan. 25, 2380 Hampden (time to be announced).

DEC. 8 COUNCIL ACTION

1. Voted to send letter favoring City's proposed state legislation to aid in diseased tree removal, reforestation and recycling.
2. Voted to deliver a statement favoring City's efforts to reorganize administration of planning and economic development at Dec. 9 Public Hearing and to emphasize neighborhood concerns about its effect on the level of services and timely communication.
3. Voted to object to the narrow definition of benefits on the City's proposed assessment policy at a Public Hearing Dec. 21.

CD III

Two public hearings on the Community Development Year III program are scheduled for the first part of Jan. The City Council will hold a special evening meeting at 7:30 on Tues., Jan. 4, in the City Council Chambers, 3rd floor of the City Hall-Courthouse. The second public hearing will be at 1:30 pm on Mon., Jan. 10, in Room 707 of the City Hall-Courthouse. That hearing will be held before the Council Finance Committee.

For more information call Shirley Geer in the Mayor's Office (298-4323) or Bob Kessler in the Community Development Office (298-5586).



FUN IN FUNDING REQUESTS

Two proposals submitted for Community Development funds added some fun to the process this year. One was for netting to protect St. Paul and its residents from Killer Bees and the other was for a Bionic Planner.

CORRECTION

The National Food Store Bus transports Senior Citizens from Seal Hi-Rise to the store every Wednesday morning at 10:30. The article in the previous Bugle incorrectly stated that this was done on the 2nd and 4th Wednesday only. Sorry about that.



A struggle at bedtime is common in many homes and one of the first questions asked a family educator is "How can I make my child go to bed." Many adults feel frustrated and defeated by this problem.

Some of the difficulty is based on misconceptions. Although most people realize that adults need different amounts of sleep, they do not recognize that this also applies to children. Each individual must find by experience just how much sleep he needs. Some parents believe that the child would never sleep unless they forced them to. Some children think that the only reason for going to bed is because a parent requires it.

Often this develops into miniature war and the child feels honor bound to resist. The child uses the tactics available—dawdling, needing a drink of water, going to the bathroom. The parent makes rules, threatens, nags, spansks. The real point, the need for refreshment resulting from sleep is lost.

What can a person do? The first step is to stop fighting! The child's need for sleep is a personal need. When we recognize the physiological purpose of sleep it is obvious that children will take what sleep they need, unless it is more important to them to prove that they do not have to.

Sleep is natural and pleasant, not a punishment. Everybody sleeps! If parents would structure the situation so that the child has an opportunity to sleep, if they would respect the child's right to sleep, and if they would stop making the bedtime hour useful as a battle ground, parents would discover that bedtime is no longer a problem.

How to structure the situation and how to stop making the misbehavior useful will be the topic of our next column.

—Mae Belle Doty, ACSW,
Family Counselor, Children's
Home Society Day Care
Programs.

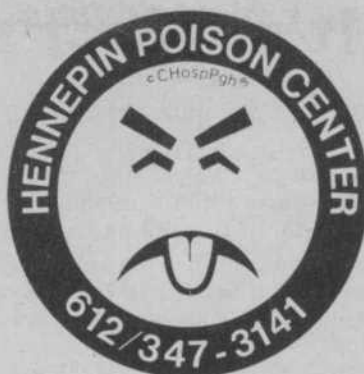
"More than 85 per cent of all accidental poisonings occur in children under age 5," says

Tony Manoguerra, Director of the Hennepin Poison Center.

To combat that alarming statistic the Hennepin Poison Center has connected with a Dr. Richard Moriarty, a Pittsburgh pediatrician who suspected back in 1971 that the skull and the crossbones was not an effective warning to children. His clues were the cereal boxes and chewing gum wrappers which displayed the traditional symbol for poison. As a Pittsburgh Pirate fan, he was doubly warned.

Through research with kids Dr. Moriarty discovered "Mr. Yuk." Mr. Yuk means poison to kids.

Mr. Yuk stickers for labeling poisons in the home are being



distributed by the Hennepin Poison Center throughout the state. While a \$1 donation is suggested, the stickers are free. Call 347-3141.

Kids in the Park will be a regular feature. If you have suggestions, or a story, call 646-6707.

Lederviva is All in the Family

By Susan Wilcox

Lavergne Basich doesn't believe in "Safety First." Cautious people don't open a shop specializing in Spanish lambskin coats and jackets just four months after the idea first occurs to them. Lavergne and her three oldest children did just that. It's called Lederviva, U.S.A. and it opened October 22 in the courtyard of Milton Square.

None of the corporation's officers had any previous business experience. President Michael Basich is a freshman at the University of Minnesota. Lynn, Vice President for Advertising, just graduated in speech-communications. Mark is Vice President for Inventory Control and a junior in international relations. (Their father, Pastor Thomas Basich, is a Lutheran minister in Roseville; his only involvement is to "wish us well.") Lavergne, Secretary-Treasurer, is working on a degree in American studies. The four take turns helping customers.

Lederviva, U.S.A. was conceived on July 4, when Lavergne's brother-in-law, Kornel Vadász, head of a leather import-export business in Madrid, was here visiting and urged the Basichs to open a leather store. Four days later they called him in New York to announce they had found a location and would proceed, using a portion of a small inheritance as capital.

Proceeding meant reading

books on how a company is set up, asking questions of local shop owners, observing other leather stores, finding an attorney, and incorporating on August 13. Lynn has a flair for display, the boys for construction. The shop took tangible shape. They advertised in Twin Cities newspapers. They distributed flyers to 4000 homes in a five mile radius of Milton Square, a concept gained from their grassroots political experience. They labored until 3 a.m. on opening day, putting up wallpaper, making a sign, tagging and hanging coats, wondering if they would be finished in time and if anyone would show up.

"Like magic," says Lynn, "all was finished." People did come—from all over the Twin Cities and suburbs. And they've kept on coming and buying Lederviva's coats, jackets, billfolds, gloves, handbags, scarves and jade jewelry.

"People in the Park have been warm, friendly, accepting," the family agrees. Customers often come from White Bear and Wayzata. "They like to shop in this area," Lavergne states as she zips the fur lining into a coat.

What does Lavergne think of Lederviva, U.S.A.'s survivability after two months of operation? "I am cautiously optimistic." She smiles. "But people can't stick to doing only those things they know are safe."

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The Bugle 4



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Drawing by Sheri Hafling

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It's What's Inside that Counts at

By Lois M. Anderson

The dark, drab, unglamorous exterior of the building at 666 Pelham hides the energy, positive attitudes and productivity on the inside.

The Occupational Training Center has created a place for handicapped people to meet their vocational needs. The center provides employment as well as training opportunities for about 130 persons, ages 16 to 64.

As a visitor, touring the seven building complex, I couldn't distinguish between employers and employees.

"We don't have staff anymore. You're either an employee or a trainee. All have the same benefits," said John DuRand, president. DuRand wants to discontinue the concept of "professionals."

"We perceive a job to be terribly important. Pay is given on the incentive basis—the harder a person works, the more the person earns," DuRand said. Salaries range from \$.20 to \$3.65 per hour.

Signs of the incentive pay were the small clocks recording the number of times per hour a task was done.



Spot welding. Photo by Michael Hazard.

Examples of products made at the Training Center are decorative wall units, vinyl

kitchen cabinets, plant stands, head sets for volume amplifiers, and hinges for microwave ovens. Nurses aides are given 180 hours of training through Bethel Care Center in St. Paul and Willows Nursing Home in Minneapolis.

O.T.C. was begun by DuRand in 1964. It began as a division of Christ Child School for Exceptional Children, a Catholic school for retarded children in St. Paul. The Center got started with a grant from the Department of Health, Education and Welfare.

In 1968, O.T.C. incorporated as a nonprofit organization. The Center was 80 per cent dependent on government resources in 1968. In 1976, O.T.C. is less than 25 per cent dependent on government resources, said DuRand.

"I would like to use a minimum requirement of government support. To go from fees to capital resources we need to generate new employment. I'm not trying to get rid of government management, just trying to allow people to be what they can be," DuRand said.

In the beginning, O.T.C. had 14 persons. The number rose to 400 in 1968. DuRand hopes to increase the capacity to 800



Packing the finished product. Photo by Michael Hazard.

St. Paul's O.T.C.

persons by 1982.

The need to expand the services of O.T.C. was identified in a study done by Enright and Associates in St. Paul. A Ramsey County Mental Health Center study found that 1923 handicapped persons will be needing work by 1979.



John DuRand, O.T.C. President. Photo by Mary Walker Sjowall.

DuRand seems well qualified for the growth and financial tasks ahead. Once a superintendent for Modern Research, he has a degree in industrial education. He has worked as an electrical engineer and as an educator.

The way to expand the services of O.T.C. is to make more money. The Metro

Recycling Center has been and continues to be a major source of income for O.T.C.

"We got into recycling as an attempt to do something for the society," DuRand said. Coca-Cola Bottling Midwest, Inc. and Theodore Hamm Brewing Co. gave \$230,000 to get started.

O.T.C. has purchased new equipment, bins and sites. The three new sites are at Woodbury, Lake Minnetonka and Hamms.

One major drawback for expansion of O.T.C. is the inadequate facility at 666 Pelham. Poor lighting, leaky ceilings, heat loss of \$24,000 per year, lack of space are all visible problems.

Lance DuRand, John's brother, and director of the subsidiary, Midwest Development Institute, has just written a grant proposal. The money requested would be used for remodelling and renovation of the present buildings. The request was sent to the mayor and city council of St. Paul.



The Council of the City of Falcon Heights by action on December 9, 1976, requested the Clerk-Administrator to inform the citizens of Falcon Heights that the Council is interested in receiving names of individuals interested in serving on various commis-

sions or committees within the community.

Supporting information relating to your qualifications can be submitted to the Clerk-Administrator, indicating which of the following commissions or committees you are interested in serving: Planning Commission, Human Rights Commission, Board of Health, Recreation Advisory Committee, Tree Committee, Park Development Committee.

Or call Dewan Barnes, 644-5050, for more information.



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Sign Up for Classes

New classes in Community Education at the St. Anthony Park School will include Death Education (Dr. Ray Geist), Weaving (Sally Robb), Watercolor Painting (Sue Jacobson), Interior Design (Mary Ellen Kollmer), Probate and Estate Planning (William Glew), Fencing (Rich Jacobson), Downhill Skiing (Judy Anderson), Cross Country Skiing (Bill Nettekoven), Parent-Child Swimming (Barb Ustruck), Sewing or Foods at Murray as well as several others. Suggestions for other

activities are welcome. Call Community Education, 645-0391.

Registration materials will be mailed out the week of Jan. 10, 1977. Registration will be the week of Jan. 17. Classes start the week of Jan. 24.

The Advisory Council needs new members to offer ideas and stimulate innovative activities. Council meetings are held the first Tuesday of the month at 7:30 in the Art Room of St. Anthony Park School and are open to all.



The Dec. 28 meeting of the St. Anthony Park Association will feature the North Star Chorus of the Greater St. Paul Area S.P.E.B.S.Q.S.A. Join your neighbors for a festive even-

ing at the St. Anthony Park Elementary School. The hospitality hour begins at 5:45, dinner at 6:30, followed by the music. The cost is \$3.50 per person. Call Olga Hallberg, 644-6725, for reservations.

Wishing you the happiest holidays and the very best in the year ahead

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The Bugle 6



January's Mosaic: Beginnings

Mosaic is what we have named the *Bugle's* new centerfold. We considered many possibilities—stream of consciousness, assembly, synapse, connections, junctions, leaps & bounds, sudden changes, allied forces, kith & kin, kaleidoscope. We even for a moment considered All Things Considered, but Mosaic finally won on the strength of its Greek root, "mouseion," which means "work pertaining to the Muses."

Every month Mosaic will combine words and images around a theme. Beginnings is just for starters. The February Mosaic will be "travel." Did you know the word travel has evolved from a Latin word for torture chamber?

Mosaic is designed to involve the energies of many, without a lot of sweat from any single individual. If you have something to share, no matter how small, call 222-2096 or 227-2240.

The late philosopher Alan Watts suggested a good way to start the day is to laugh for 5 minutes. Try it, it's hard work.

It is believed the word "begin" has evolved from the Old English word, "ginnan," which meant yawn.



Janus, the ancient Roman god, embodied the spirit of opening, and was therefore invoked at the beginning of all undertakings. January, the beginning of each new year, is named for him.

His name is derived from the Latin *janua* meaning "a gate" or "opening," and Janus also protected all *januae*, or gates, in Rome. As Roman city gates opened both ways, Janus was represented having 2 faces, looking both forward and back.

The Anglo-Saxons called January *Wulfmonath*, because hunger made the wolves bold enough to enter the villages during this cold month.

—Sue Denim

The Park's Saint Anthony

The St. Anthony the Park is named after was not the St. Anthony of Egypt (250-355), who is considered the founder of Christian monasticism. Our St. Anthony was the St. Anthony of Padua (1195-1231), who was the most celebrated follower of St. Francis of Assisi. He was also Louis Hennepin's guiding spirit. When in 1680 Father Hennepin saw the waterfall, he named it St. Anthony Falls "in gratitude," he said, "for the favors done me by the Almighty through the intercession of that great saint whom we had chosen as protector of all our enterprises."

When in 1872 the old town of St. Anthony merged with Minneapolis, the growing town by the tracks decided to call itself St. Anthony Park.

PAINLESS CHILDBIRTH: The Lamaze Method By Fernand Lamaze

Fernand Lamaze is a French obstetrician who dispelled the theory that pain and childbirth are interrelated.

"The teachings of Pavlov have strengthened the conviction that childbirth, in so far as it is a natural act, need not be accompanied by pain," said Lamaze.



The day the baby came home. Photo by Carl Brookins.

Using the women in the Soviet Union as examples, Lamaze has a twofold answer to eliminating pain in childbirth. First, women need to be educated to what is happening to their bodies. "Her mind will know how to abolish pain," said Lamaze. Second, women need to be taught how to breathe correctly during the labor and delivery.

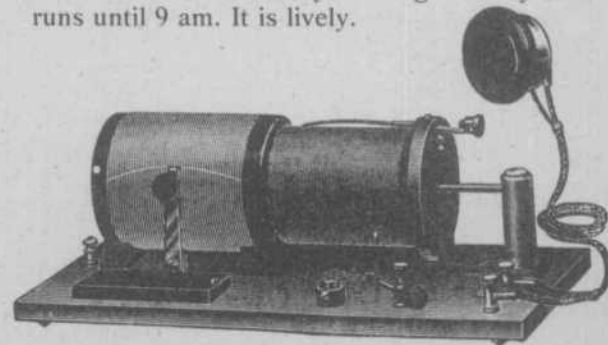
Lamaze opposes the use of drugs and other medication during the birth process. "A woman is essentially responsible for the success or failure of her own childbirth. She directs, controls, regulates her labor," said Lamaze.

In conclusion, the Lamaze method works only if qualified people believe in it and carry it out.

—Lois Anderson

ANZAC, the Australian and New Zealand Army Corps, landed at Gallipoli on April 25, 1915. ANZAC is the first acronym on record. ITT, CIA, etc. Some acronyms, like laser, which is the hurried form for "Light Amplification by Stimulated Emission of Radiation," have slipped into the language as words.

A healthy way to start the day is to tune to 91.1 FM on your radio dial and wake up with Garrison Keillor's *Prairie Home Companion*. The show starts at 6 am, Tuesdays through Fridays, and runs until 9 am. It is lively.



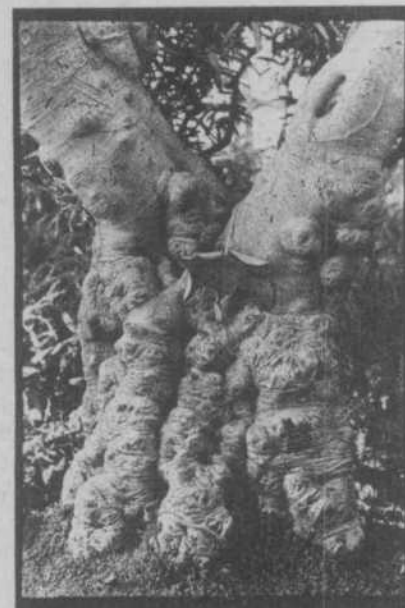
Oshogatsu

As the old year ends, the people of Japan pay off their debts, settle accounts, return borrowed items, forgive grievances. At home they renovate the family's wardrobes and do the year-end house cleaning. They must accomplish these things before midnight on Dec. 31. Then the temple bell rings 108 times to purge the 108 human weaknesses described in Buddhist teachings. All events of the preceding year are relegated to the past, all old evils dispelled. The listeners acquire a fresh hold on life. It is New Year, the most important holiday in Japan, bringing everyone the chance to start life again with a clean slate.

—Susan Wilcox

One of the oldest trees known to humans, as well as one of the oldest in the Como Park Conservatory, is the famous Fig (*Ficus Carica*).

Paintings of figs have been found on cave walls. Legend has it Rome was founded where a fig branch caught Romulus and Remus as they floated down the Tiber. And we know who "sewed fig leaves together and made themselves aprons (Genesis 3:7)."



The noble fig. Photo by Michael Hazard.

What we call the fig fruit is actually a fleshy receptacle (syncarp) containing hundreds of flowers. These flowers bloom and fade in darkness. They would never mature if not for the fig wasp. This pollen-laden insect forces itself into the fig and pollinates the flowers, leaving the fig to ripen.

We eat figs dried, use them in baking and grind them into fig flour.

—Michael Hazard

BEDROCK

Although the bedrock beneath the Park area is about 400 million years old, most of the surface deposits are relatively recent. They were deposited on top of the bedrock by glaciers that covered the Twin Cities several times until about 12,000 years ago.

Most of the bedrock is a formation called Platteville Limestone. Where fresh, it is typically light gray, but near the surface it has oxidized to brown. It contains numerous fossils, including brachiopods, pelecypods (clams), trilobites, gastropods (snails) and corals. The northernmost part of the Park, from Hendon Ave. northward, is underlain by the greenish-gray Decorah Shale, which was deposited on top of the Platteville Limestone.

About 12,500 years ago, as the last glacier began to melt, a large amount of gravel was carried off the front of the ice by streams and deposited as relatively flat plains. The flat area where the State Fairgrounds stands is one of these outwash plains.

Large blocks of glacial ice were also buried by this sand and gravel outwash. Many blocks did not melt for perhaps hundreds of years after the glacier had receded. When the blocks did melt, depressions were formed, and the sand and gravel collapsed into them. Lake Como, College Park on Doswell and the old pond at Langford Park resulted from such depressions.

Most of the hills and depressions in the Park were formed by the melting of ice beneath an irregular cover of rock debris. The result was that debris slid off high areas of ice to lower areas, where it accumulated to a greater thickness. Where the debris was thicker, we now have hills; where thinner, we have depressions.

—Ramsey County History, Vol. 7, No. 1.

Film in the Cities has moved from downtown St. Paul to a new place located at 2388 University Ave. For minute particulars call 227-1755.



"Without Contraries is not progression."

—Blake

Well, we made it. In a few days the bicentennial year concludes and we officially enter our third century. Despite all the nostalgic tripe, the commercialized kitch and bogus bargains foisted on the public by tasteless opportunists or well-meaning zealots, it wasn't such a bad year. Irritations to sensibilities will fade; what will remain are some substantial cultural contributions.

One notable example is Alex Haley's bestseller *Roots*. Haley spent 12 years religiously pursuing clues to his family's beginnings, a history maintained principally by word of mouth. He traced 7 generations of ancestors back to Kunta Kinte who was taken from Africa in 1767 and brought to America as a slave.

At one point in his "compulsive quest," Haley found himself in the backcountry of West Africa near the Gambia River listening to a griot (oral historian). "I sat as if I were carved of stone. My blood seemed to have congealed. This man, whose lifetime had been in this backcountry African village, had no way in the world to know that he had just echoed what I had heard all through my boyhood years on my grandma's front porch in Henning, Tennessee...."

The narrative of *Roots* concentrates on Kunta's years as a slave and his proud insistence that portions of his African past be passed on to subsequent generations. Haley demonstrated the same stubborn pride in accumulating minute particulars and struggling for years to produce his epic saga.

W.H. Auden once wrote: "The words of a dead man are modified in the guts of the living." In that sense the legacy of Kunta Kinte becomes more than Haley's family story, more than a proud heritage for American blacks. It touches a taproot to the human spirit.

—Gail McClure



Learning how to walk is hard work. This photo by Michael Hazard illustrates the month of October in the Park Artists' Calendar for 1977. Proceeds from sales will be used to plant trees in public places.

According to Jessica Mitford in her book *The American Way of Death*, embalming began in America in the 19th century with one "Dr." Thomas Holmes: "Holmes developed a passionate interest in cadavers early in life (it was in fact the reason for his expulsion from medical school; he was forever carelessly leaving them around in inappropriate places) and when the Civil War started, he saw his chance. He rushed to the front and started embalming like mad, charging families of the dead soldiers \$100 for his labors. Some four years and 4,028 embalmed soldiers later (his own figure), Holmes returned to Brooklyn a rich man." Funeral directors today refer to Holmes as the "father of American embalming."

.....

Sometimes I've believed as many as 6 impossible things before breakfast.

—Lewis Carroll



BEGINNINGS.



Learning how to talk is a miracle as old as history. Photo by Michael Hazard.

The Bugle 8

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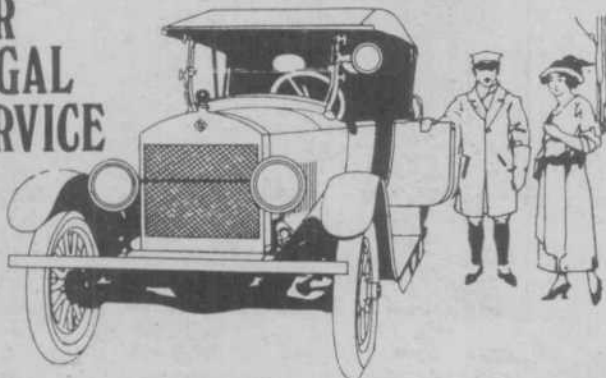
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Letters



to the Editor

Los Angeles, California.

Harriet and I used to live at 95 Langford Park Place, in the upper apartment on the left side as you face the building.

We moved to Langford Park in 1920 from Priscilla Street and left there in 1944 when we went to live at Mrs. Wetherby's on Priscilla. So we lived in St. Anthony Park from 1914 to 1949.

It would take a book to tell you what our lives were like over those years. We liked the atmosphere of a smaller community with the advantage of larger cities close by. We had lived in a small town so knowing ones' neighbors was important to us.

At that time Langford Park had a small stream running through it with a bridge which gave the advantage of a short cut from one end to the other, so there was always action. The banks of the stream were attractively planted. Children played there giving it a Breughel-like scene—especially in winter.

To have lived in St. Anthony Park for all those years meant that we had a host of close friends—hard to leave when we retired!

I don't know whether this is

the kind of material you can use, but our friends send us the *Park Bugle* quite often. It is an excellent local paper, isn't it?

I was back there from October 11 to 17 and drove past 95 Langford Park Place. If I had had more time I should have liked to have called on the present occupant. It was a happy place to live.

Vetta Goldstein

Vetta Goldstein and her sister, Harriet, were founders of related arts in home economics at the University. The Goldstein Gallery (373-0935) in McNeal Hall features shows of beautiful design for everyday living.

On Commitments in a Hurried Time, A short letter from the editor.

January is the month the advertisers rest. This month's *Bugle* is a twelve-pager. This has been true of Januaries historically.

The *Bugle* would like at this time to bring front and center the people in this community, the men and women of business, without whose continued fiscal support the *Bugle* would have long ago disappeared into thin air. Au contraire, the *Bugle* still toots.

You can help the *Bugle* by blowing our horn once in a while. Tell the person behind the counter and at the pump; tell the tellers and the cooks, you see them in print.

It is not too late to pick up a Park Calendar!

Like other nonprofit adven-

tures, the *Bugle* thrives with volunteers as well as people who work for practically nothing. A short story or a picture can buy you a decent bottle of wine or a nice dinner for one, however. We do pay people who contribute, something.

But to communicate with over 10,000 readers, you do not have to commit yourself to work for the *Bugle*. Much as we like to encourage people to write and photograph their own stories, we do have a respectable stable of workers already, hungry for stories. The December issue for example involved the energies of 25 writers and photographers.

You don't have to commit yourself to work for the *Bugle*. If we are approached with a certain animal enthusiasm, you can be assured of playing a part which suits your time, as reporter or reported.

Michael D. Hazard

CYA Gives Students Voice

The Board of Education of the St. Paul Public Schools has approved the Constitution of the Committee on Youth Affairs (CYA).

Emily Copeland, CYA Chair and student at Murray High School, asked the Board to approve the document as an "endorsement of the right of students to participate in school decisions which affect them." The CYA will "work closely with the student councils to make certain they are heard," she said.

The Board granted the CYA the right to present student concerns to the Board during the summer after Ms. Copeland stated that "students are not adequately represented during the months when the student councils are not organized."

The Committee on Youth Affairs is made up of two students elected from each public high school, with adults appointed by the Public Schools, the Chamber of Commerce, Office of the Mayor and the AFL-CIO Trades and Labor Assembly. It was created in April by the Public Schools to give young people a greater voice in city, neighborhood and school affairs. It is aided by grants from H.B. Fuller and St. Paul Companies.

The Park Bugle



The Park Bugle is published by Park Press, Inc., a legally incorporated nonprofit organization guided by an elected Board of Directors. Currently serving on the Board are Andrew Boss, John Hunt, Gail McClure, Gerald McKay, Josephine Nelson, Joseph Skovholt and Kurt Steinhauer.

The Bugle is published the last Wednesday of each month and delivered free to residents of St. Paul's District 12, Falcon Heights and Lauderdale, and distributed through local businesses. Subscription rates are \$3.60 per year. Ad and copy deadlines are ten days prior to the publication date.

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By Jane Lindberg

Library Services: Beginning Wednesday, Jan. 12, Ms. Ruth Goserud, Children's Program Coordinator, will offer a Story Hour for pre-schoolers at City Hall, 1891 Walnut St., on a regular basis *every other* Wed. from 9:30 am to 10:30 am. Dates: Jan. 12 and 26; Feb. 9 and 23.

Bookmobile: An explanation is due all those residents who waited in the cold the end of Nov. Our stop was cancelled when the driver became ill from gas leaking from the heater. He has recovered with no ill effects and the bottled gas heater repaired. Service for 1977 will begin Jan. 6, Thurs., from 6:15 pm to 7 pm at Spring and Eustis Sts. and continue every other Thurs. Dates to mark on your calendar: Jan. 6, 20; Feb. 3, 17; March 3, 17, 31. Note the 15 minute earlier arrival time. *The Saturday stop has been eliminated.*

Lauderdale Friends and Neighbors, an organization for older residents, will hold their social hour at City Hall, 1891 Walnut, on Tue., Jan. 4, from 2 pm to 4 pm. An arm-chair tour of the Scandinavian countries is planned. Hostesses will be Elsie Wisen, Bea Carlson, and Leontina Holsten.

In December, Jean Cordes and Judy Diemer, Ramsey County Visiting Nurses, were with us. Two other nurses of the medical team serving our area will be joining us in Jan. to conclude our trial get-acquainted program. Residents participating in the monthly blood pressure check have enjoyed meeting these personable young women and expressed satisfaction with this type of medical check.

Taxes. A new pamphlet titled "Protecting Older Americans Against Overpayment of Income Taxes—a revised checklist of itemized deductions" has been published by the U.S. Senate Special Committee on Aging. Copies are available at 35 cents each from the U.S. Government Printing Office, Washington, D.C. 20402.

Pharmacy Service. Do you need many prescription

drugs? The Metropolitan Senior Federation, 1951 University Ave., St. Paul 55104, will operate the "Federation Pharmacy" as the first nonprofit senior citizen owned pharmacy service in the country. There are currently more than 5,000 members purchasing low prescription drugs by mail through the Federation. For details and membership applications in the buying plan, write or call 645-0261.

Crepe Breakfast: The Boy Scouts will serve a Crepe Breakfast from 7 am to 2 pm, Sun., Jan. 16, at the City Hall, 1891 Walnut St.

King Me!

So. St. Anthony Recreation Center will be holding its 1977 Winter Carnival Jr. Royalty on Jan. 13 at 7 p.m.

"Prof" Retires from Coaching

By Ann Bulger

As visitors are walking down the halls at Murray, they are often startled by a booming voice coming from the biology room. The voice is Bob Ritter, affectionately known as "Prof" to his students. Mr. Ritter came to Murray in 1949 as a young teacher in his 20's.

Starting in 1949, "Prof" coached B-squad basketball for 15 years and varsity baseball for 27 years. His first city championship came in '49 with Bruce Anderson as the outstanding pitcher in the conference. The next was in '57 with Jerry Zellner as both all-city pitcher and batting champion. The third and final baseball championship came in '69 when Tom Johnson was all-city pitcher. Tom later pitched for the Minnesota Twins.

In football, Mr. Ritter was assistant coach for 6 years and head coach for 11. He turned out a championship team in '71 and split the title in a 3-way tie in '72 with Highland and Harding. In '71 Murray was undefeated in the city but lost to Washburn 12-0 in the Twin City game. In '72, the Pilots tied for first, with their only loss to Harding.

"Prof" attended Mechanic Arts High School, where he played football, basketball, and baseball. He earned all-city honors in football. At 6 feet and 200 pounds, he started for the College of St. Thomas as a sophomore, and was named intercollegiate All-American at tackle.

Known to many neighborhood youngsters as their swimming teacher during summer vaca-

tion at Murray pool, Mr. Ritter never had any problems being heard over the noises in the pool. His "Good morning, class" echoed throughout the locker rooms, and will continue in the biology class for years to come, even though he will now be a spectator in sports rather than coach.

Zoo Stays Open

Como Zoo will be open during the Christmas and New Year's holidays. The winter hours for the zoo are 8 a.m. to 5 p.m. daily, including weekends. The only admission fee is 10 cents to the Primate House, where Don and Donna the gorillas are living.

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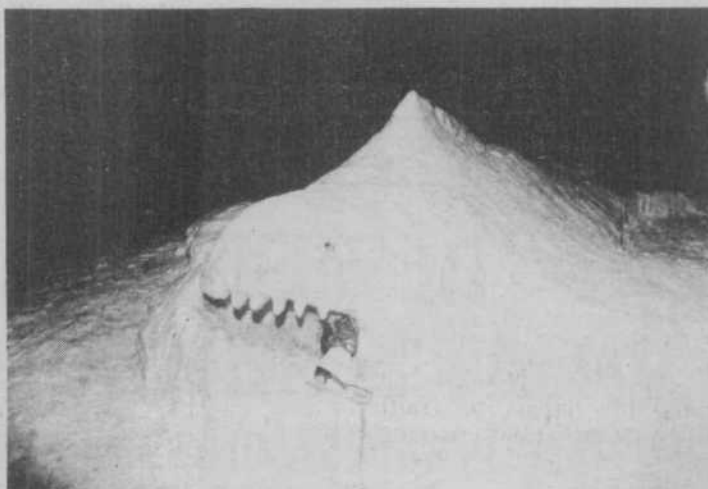
By Michael Hazard



Sharks Circle Park's Ark

Once you set sail, and get surrounded by water, the eyes reach for the horizon. On a good day, like today, the fine line dividing water and sky moves and swells in slow motion. Forgetting for the moment the brays, neighs, snorts, grunts, chatters, rattles and squeals that fill our ship and spill over the sides, we pause at the rail, to drop our distant focus, to gaze directly into the sea.

Ever since they filled Langford Park's pond, it has been a little difficult to imagine what the oceans are like. This makes fertile turf for the young minds that sculpted Jaws in So. St. Anthony Park last winter. Howie Bell, Rec Director, says when they gathered to decide what to sculpt in ice, Jaws was the unanimous choice.



That's a skate in those gaping jaws.

While the ice sculpture had long since melted into thin air, Shawn Mohler kept the memory alive with his version of Jaws, a graffiti ornament on the old Rec Center. But that veritable shark in the Park is gone now too, the victim of the bulldozer which levelled the old Rec Center last month.



Shawn Mohler's graffiti ornament.

There are in fact only 25 reported cases of shark attacks on humans in any given year, worldwide. I have it on good authority that no one in the Park, or adjacent neighborhoods, has been bitten by sharks in recent memory. I'd be over my head if I ventured a guess about the loan shark biz.

So what are we to make of our terror of these teeth factories we named sharks, these sea creatures that are totally immune to disease and stopped evolving 80 million years ago? I don't know, except to say it is all in our mind, as long as we keep the stories alive. There's the one about the knight in armor found in the belly of a shark in the 18th century.

But I will tell you I was surprised to learn at Micawber's Books that most of the people requesting copies of *Jaws* were under 10 years old.

McCLURE
continued from page 1

"Andy Boss has been a great quiet assist from the beginning," said Swardson.

"It refused to die," said McClure. In 1975, McClure and Boss established the Park Press Inc. which insures the continued life of the *Bugle*.

McClure has gradually worked herself out of her job. She began advertising for an editor in August, 1976. Michael Hazard was hired in October, 1976.

The effort of starting a newspaper would be formidable to most people. "All it took was guts," McClure said. "It was a labor of love—to make something come to life out of nothing. It was only an idea in my head, to create something of lasting value to a community. I have done something worthwhile."

Roger Swardson added, "The *Bugle* has succeeded better than hoped for. It has given the community a voice...that's entirely due to Gail."

While continuing as a board member with Park Press, Inc., Gail McClure is employed full time as publications editor in the Department of Information and Agriculture Journalism at the U of M, St. Paul. She teaches two courses at the University.

Washington Close Up

Glen Skovholt, 1473 Grantham St. is serving as chairman of the Greater Minneapolis Chamber of Commerce's Minnesota Close Up Committee.

Close Up is a national program for high school students who are interested in studying the federal government. Students travel to Washington D.C., to participate in various seminars and have an opportunity to hear and question government leaders. When they return, Skovholt's committee provides follow-up activities so that students can also learn about the workings of state and local government.

Skovholt is director, Legislative Analysis and Planning, Public Affairs Department, Honeywell, Inc. Prior to joining Honeywell, he was a research associate for the Citizens League. From 1971-1972 he was assistant secretary of state in Minnesota.

Park Update Wrapped Up

By Gus Donhowe

In the last issue of the *Bugle* we reported on Fred Steinhäuser's update of information about St. Anthony Park based on U.S. census data.

The first article reported on changes in population—we're still growing; population density—big increases in the Southeast corner; age compositions—the growth is mostly mobile students; and occupation of residents—dominated by education. The remainder of the data covers such topics as housing ownership, housing values and incomes.

The 5,861 residents of St. Anthony Park are housed in 1,913 dwelling units. In 1970, 50 per cent were single unit homes, 12% were duplexes, 5% were in 3 or 4 unit structures, and 33% were in 5—49 unit structures. The proportion of single family homes is not unlike that for either Minneapolis or St. Paul, but we do have a higher proportion of dwelling units in 5—49 unit structures than does St. Paul (24%) or Minneapolis (25%).

The shift toward apartments is reflected in the proportion of dwelling units that were single family homes—declining from 63% of the total in 1960, to 59% in 1965, and 50% in 1970. These numbers, of course, reflect the construction of apartments on the few remaining vacant lots.

The proportion of dwelling units owner-occupied follows the same pattern as that for single family units. As apartment units have been added they have been rental units. Accordingly, 62% of all dwelling units were owner-occupied in 1960, declining to 49% in 1970.

Housing prices in St. Anthony Park have been going up, but not as fast as the city or neighboring communities. In 1960, the median value of a Park home was 20% above the Twin Cities and 27% over St. Paul. By 1970 that advantage, or obstacle depending on your point of view, had declined to an 8% premium over the Twin Cities area, but retained a 25% margin over St. Paul.

Unfortunately, the census data do not include information on the physical condition of homes. Steinhäuser and others agree that valid data of this type are difficult to generate. Some attempts were made in the Community Study

in 1965. That cataloging was related to specific examples of physical deterioration. But we simply have no way to measure what is happening to physical housing conditions over time.

The average Park resident earns modestly more than his counterpart in St. Paul, but less than the average in the metro area, and the rate of income growth between 1960-1970 has been much slower. This reflects the lower incomes of young students who have become a larger proportion of our population.

While we may not be wealthy, few residents fall below the federally defined poverty level. The percentage of families whose income was less than this definition was 2.8%; well below St. Paul at 6.4% and very similar to our more affluent suburbs to the north and east.

So the study focuses a number of issues critical to planning decisions for the community:

- The disproportionate high population density in the southeast corner of the Park and the impact on traffic flows, on street parking, etc.
- The changing age structure and marital status of residents and the resulting decline in enrollment in the community's schools.
- The marked increase in mobility of residents and the potential impact on community involvement and politics.
- The construction of multiple unit rental structures and the potential division of interest in the community between the older, less mobile home owner and the younger, more mobile apartment renter.
- The increasing number of renters and the potential for financial disinvestment by present home owners.
- The lag in income growth for residents and the potential effect on the quality of rental units as well as the physical condition of the housing stock.

The study concludes with a recommendation that St. Anthony Park adopt a "limited growth policy with plans for gradual growth in population." This objective is aimed directly at stabilizing the student population and limiting future growth of dwelling units to low density housing catering to families.

The study also suggests the

community should support the revitalized commercial code, but resist any attempts to extend commercial zoning along Como Avenue. Further, active citizen involvement in community planning should be encouraged so that the Park can act as an effective political unit when approaching St. Paul city government.

Apollo Cluster

One of the opportunities for community involvement in school board decision making is through participation on Cluster Advisory Boards. St. Paul has 7 cluster advisory boards, each dealing with issues concerning the elementary schools in its geographic area. The Apollo Cluster includes St. Anthony Park, Groveland Park, Hill, Longfellow, Randolph Heights and the St. Paul Open School. The next meeting of the Apollo Cluster Community Advisory Board is set for 7 p.m. on Jan. 12 at the Hill School, 998 Selby Ave.



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The Park BUGLE

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JANUARY, 1977



Welding is only one of many jobs handicapped workers learn at the Occupational Training Center. Story pages 4 & 5. Photo by Michael Hazard.