

Town Meetings to Consider CD Funding

August 26 at 7:30 p.m. at Seal Hi-Rise Community Room.

□ Agenda: Presentation and discussion of the preliminary list of proposals for Community Development III funds.

September 16 at 7:30 p.m. at Seal Hi-Rise Community Room.

□ Agenda: Public ratification and prioritizing of the final list of proposals for Community Development III funds.

The final deadline to submit for Community Development Year III (CD III) funds is September 24. Before that time two public meetings must be held. (See schedule above).

At the August 11 meeting, District 12 Council members collected a list of possible projects which could be eligible for CD III funding. The starting point for CD III funding proposals was the list developed for CD II. Items listed so far (but not prioritized) include:

- Langford Park completion—includes bricking, plantings.
- Fifield Street and Fifield Park—located in the southeast corner of St. Anthony Park (Brewster), the area currently lacks recreation facilities, is crowded, has poor access and poor circulation.
- St. Anthony Park lighting—parts of North St. Anthony Park residential area have obsolete lighting or inadequate lighting. Hopefully, any improved lighting can keep with the old green lantern style currently characterizing the area.
- Bikeway system to tie together Langford Park and Hampden Park.
- Tree plantings in industrial area along University corridor.

- Tree replacement program to replace elms lost as a result of Dutch elm disease.
- Acquisition of grain elevators and oil tanks in the vicinity of Territorial and Hersey which currently pose safety hazards and demonstrate incompatible use of the area.
- Hersey Street improvements from Hampden to University. This is likely to include paving, curbs, gutters and sidewalks.

The above list of possible projects will be submitted to the City Office of Community Development by August 21, reviewed and returned at a later date with suggestions.

August 26 is the date set for an informational meeting at which a preliminary list of proposals for CD III projects will be presented to the public. The list originally submitted to the Mayor's office may or may not have been returned by that time; however, at this stage additions can be made or items removed as the community sees fit.

The prioritized list must be submitted to the Office of Community Development by September 24 in order to be considered for CD III funding.

Polling Places for Sept. 14 Primary

Falcon Heights

Ward 10 Precinct 1
Ward 10 Precinct 4

Lauderdale

South St. Anthony Park

North St. Anthony Park

Ward 10 Precinct 11
Ward 10 Precinct 12
Ward 10 Precinct 5

South of University Ave.

Ward 11 Precinct 2

Falcon Heights Village Hall
Commonwealth Community Center
City Hall

Seal Street Highrise

St. Anthony Park Elementary
Murray High School
St. Anthony Park Library

Merriam Park Community Center

Calendar Deadline Nearing

We're still looking for pictures about St. Anthony Park or by Park residents to illustrate the 1977 Calendar to be published by the Park Press, Inc. and the St. Anthony Park Association.

You need not be a professional artist to enter the competition. Perhaps you have an interesting snapshot in your family album or the student in your family has charmingly sketched a spring day. We'd like to see everything—from photographs, collages and montages to prints, drawings and calligraphy, realistic and abstract.

Entries must be able to be reproduced in black and white, preferably have a horizontal format and not be rolled or folded. Deliver not more than three pictures per entrant by August 20 to Kathy Diedrich at Artisans' World Gallery, 2274 Como Ave., St. Paul, 646-6707. Include your name, address, phone, title of your picture and medium with your entry. While we will take every effort and precaution to see that your original pictures are returned to you, neither Park Press nor the St. Anthony Park Association will assume any responsibility in the event that pictures are lost or damaged.

Como Ave. Lights Up

By Joseph Michels

The City of St. Paul is planning new lighting for Como Ave. The lighting is to be installed next year. A preliminary hearing will be held at 7:30 p.m. Sept. 1, at the St. Anthony Park Elementary School. Representatives from the St. Paul City Public Works department will be present to present details of the proposal and to give interested members of the community an opportunity to communicate with them.

The city expects to be able to pay for this work with funds other than assessments levied on property owners.

According to Mr. Daryl Richard of the Lighting Department, a comparable installation may be seen in the new housing development in South St. Anthony on Bradford and Long Streets. The Como lighting will employ a perpendicular rather than a curved cross arm and a somewhat higher lighting intensity. But the light source will be sodium vapor, and the standard height will be about 25 feet as with the South St. Anthony installation.

Most of the construction on the sewer system this summer in St. Anthony Park is expected to be finished by mid-August, although the contract states a September 30 finish. This work does not complete all sewer construction; however, at least two more jobs are expected in the next year or two.



Darrell Tangman sits meditatively as Nick Krause throws one of the Center's female students. Photo by Steve Rouch.

Aikido: Harmonious Way

By Steve Rouch

The white-walled room is sparse. Students and instructor kneel on the canvas mat and bow ceremoniously to a picture of an oriental gentleman.

All at once the students are up and throwing each other around with seeming grace and ease as the instructor carefully watches. This may sound like a scene from a Judo school in downtown Tokyo, but it is in fact Aikido being practiced in St. Anthony Park.

The Twin Cities Aikido Center recently opened to the public on the corner of Raymond and University Avenues, offering courses in the relatively new form of martial arts self defense.

At first glance Aikido appears to be very similar to Judo, a widely practiced art of throwing opponents and pinning them. Actually, Aikido, which literally translated means "harmonious way," is a totally non-aggressive martial art that is aimed at guiding

attackers away without injuring them in any way. Forged from more ancient styles, this remarkable art began in 1925 in Japan and evolved into a totally unique form of self defense.

Aikido works through applying pressure to the attacker's joints and either throwing the attacker or holding him at bay. The most important point of Aikido is that these throws are not designed to injure the attacker in any way. Philosophically one could say that Aikido attempts to restore the situation to a harmonious balance by subduing the attacker—gently.

This cooperative, harmonious way is reflected in the teaching of black belt instructor Darrell Tangman of the Twin Cities Aikido Center. Sensei (instructor) Tangman, Dave Olson (brown belt) and others started their training several years ago at the University of Minnesota under Nick Krause. Nick, who is now a second degree black belt, is

Turn to page 6

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First Fair Held in 1859

The good news in the spring of 1858 was that President James Buchanan signed a bill granting statehood to the territory of Minnesota. Handshakes and celebrations immediately followed among such leaders as Alexander Ramsey, Henry Sibley and Col. John Harrington Stevens.

The bad news was that the new state was almost broke. Economic trauma had been created by a financial panic in 1857. "Nearly everyone in the state was in debt," writes Minnesota State Fair historian R. I. Holcombe. "In the fall of the year, the business and financial condition was distressing and the prospect was

discouraging." With no money at hand, the first year of statehood came and went with no state fair.

Conditions soon improved. In 1859, wheat was exported from the state for the first time, and the population grew with thousands of new Minnesotans moving onto the rich prairie farmland. The agricultural society found enough funds to be a sponsor of the first Minnesota State Fair, held Oct. 5-7 near what is now Fifth St. and Marquette Ave. in downtown Minneapolis.

Twenty-five years of traveling around the state to such sites as Fort Snelling, Red Wing and Rochester followed. Then

in 1885, the society was offered the 200-acre site of the Ramsey County Poor Farm as a permanent home for the fair.

In the 91 years since the first fair held on the new site, the exposition has retained the aura of a harvest festival while also expanding in scope. The fair's reach now encompasses the entire panorama of Minnesota life; in addition, upgrading of the fairgrounds with millions of dollars in improvements has made the physical plant one of the finest in the country. It also has been estimated that the annual exposition contributes over \$10 million to state and local economies.

20 Years Evoke Fair Memories

By Ann Copeland

A fire, a gang fight, feeding the fat lady on the Midway, a Bible-quoting alcoholic who stood in the door and preached—all memories of members of St. Anthony Park United Methodist Church as they look back on 20 years of serving food during the Minnesota State Fair.

As the church celebrates its 20th year in the same location—diagonally across from the Grandstand—many of the same people who were working in 1956 will be donning aprons again. That first Stand was a small tent that was replaced the next year with a larger tent and a lean-to.

Men and boys from the church took turns sleeping at the stand since the tent couldn't be locked and safely left at night. In 1958, Andrew and Tom Rygg were awakened by fire sirens and excitement to find that fireworks from the Grandstand display had landed on the tent, smoldering and eventually catching the roof on fire. Damage was slight but the next year church members designed and built the wooden building that still stands on the site.

In addition to the fire, the gang fight was another interesting memory recalled by Marge Hess. Two rival gangs decided to pull switch blades and settle a dispute beside the stand. Marge, who was working on the grill, said "I went out to see what was going on, but when I saw those knives, I went right back



Evelyn Hanne serves refreshments to volunteers at the Methodist Church Fair Stand. Photo by Mary Walker Sjowall.

inside. One lady was knocked off a stool at the Stand but wasn't hurt and the police got there right away and stopped it." Thankfully not every year has that kind of excitement.

The Women's Society began the project in 1956 to help pay the church mortgage. After the mortgage was burned in 1968, members voted to give the profits to mission projects both in and out of the state. Then as budgets tightened, the decision was made to give half the profits to missions and use half for church needs.

Over the years nearly \$30,000 has gone to such causes as the Children's Home Society,

Henderson Settlement in Kentucky, Minnesota Medical Foundation, and Frontenac Camp, to name a few. This year, half the profits will be divided between Minnesota Literacy Council and the Chaplaincy program of the St. Paul Council of Churches.

No one really wants to count how many tons of food have been dispensed over the years, but members working at the stand like to recall the special events of some years and the special friendships that have formed with other workers on the Fairgrounds who return year after year to eat at the stand.



Jerry Jenkins of University Grove is the new Project Coordinator for District 12.

District 12 Project Coordinator Named

By Ruth Anderson

Jerry Jenkins, new project coordinator for District 12, smiles easily. And she's in her office at 2380 Hampden Ave. from 9-12 and 1-5 Monday through Friday. Call her at 646-8884; she's there to help you.

Current president of the Minnesota League of Women Voters, Jerry has been involved in city affairs for many years. The mother of three children, two in college and one married, Jerry lives in the University Grove area and has been active in the University Grove Homeowners' Association.

Jerry's new duties as District 12's project coordinator include the administration of the District 12 Community Council office on Hampden Ave. She is available to help organize and develop active and informed participation among community people; this may include helping to develop community leadership, assisting with training, serving as a resource and referral person to people in District 12, and developing potential funding sources. In addition, Jerry serves as a liaison person with other St. Paul neighborhood organizations and government agencies.

Jerry describes herself as dedicated to efforts to improve city organization. She believes the happiest people are those

who have input into decisions affecting their daily lives.

An example of people working together at a grass roots level, says Jerry, is the recent concern over the devastating toll of Dutch elm disease in the area. "When you begin to lose the beautiful trees you've always lived with, you're concerned and want to know what you can do about it. . ."

Jerry sees a big part of her job as a communications facilitator. "It's important to communicate with all people in the district so that everyone will be brought into the process, so they're a part, whether it involves the noise on 280, air pollution, rats in the old house next door, streets, lighting, or anything else...." Remember that number—646-8884.

Gardeners' Market

A new suburban gardener's market has been set up for growers and home gardeners wishing to sell their produce. The market is located on the Ramsey County Fairgrounds, 2020 White Bear Avenue, Maplewood. Hours for the market are from 3 to 7 p.m. Wednesdays.

The market is open to all buyers and sellers. Anyone interested in buying or selling is encouraged to participate in this market and may obtain more information by calling the Ramsey County Extension Service at 777-1327.

4-H Club News and Activities

Earlier this month, young artists worked in the 4-H Building of the fairgrounds to prepare a mural for the Creative Activity Building. The bicentennial project was designed by Dale Reed, a freelance artist who painted the mural inside the building last year. Seven student artists under Dale's direction assisted. The students were Lori Jo Sinn, Dave DeHaven, Joan Taber, Martha Lohnquist, Kent Fehlhafer, Michelle Sehr, and Karleen Schultz. The project was sponsored by the Minnesota State Fair and the Agricultural Extension Service, 4-H Youth Development.

Aug. 12-18 were the dates of the 4-H Arts-In, an annual state-wide enrichment program in the arts, held in the 4-H Building on the State Fairgrounds. Over 150 students, 16-18 years of age, came from throughout Minnesota to participate in the week-long agenda of creative activities. Many Arts-In delegates plan to return to the State Fair to provide entertainment and leadership.

Five young Soviets with agricultural interests are staying on Minnesota farms Aug. 13 through Aug. 30 under a 13-week 4-H international exchange.

The 5 are part of a group of 15 that will attend an agricultural seminar at the University of Minnesota, St. Paul, Aug. 1-10. The other 10 will visit Iowa and North Dakota farms.

The seminar is designed to give exchangees technical, in-depth studies of United States' agricultural practices and production techniques and the opportunity to explore their special interests with University agricultural specialists.

The program is being conducted by the Agricultural Extension Service and the National 4-H Foundation under sponsorship of International Harvester Co.



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The Bugle 4



By Jane Lindberg

At a recent City Council meeting, a question was posed to Rep. Neil Dieterich about status of the plans by University of Minnesota to construct a building for temporary storage of radioactive waste by-products and other hazardous wastes near 29th and Como Avenues Southeast. A barrage of citizen complaints forced the proposal to be withdrawn for review.

James F. Brinkerhoff, vice president for finances, has advised Mr. Dieterich that the southeast plans have been abandoned. Storage will be continued at the Rosemount facility.

Mayor Robert Wisen announces that North Suburban Kiwanis Club will donate \$300 of play equipment for Lauderdale Park. The order has been placed, and club members will install it as part of their community service project. Residents interested in park improvement are urged to present their ideas and suggestions to the City Clerk.

Since the 1976 total of 41 Dutch elm diseased trees was announced, several more have been identified. Elm tree owners should be planning replacement tree plantings this fall. Trees enhance the appearance of your home, improve property value, provide shade and act as noise abatement barriers. A list of relatively disease-free trees recommended for our area is posted at City Hall.

"Spur-of-the-moment" thefts are on the increase. Thieves cruise residential areas, sometimes utilizing vans, looking for the unattended expensive bicycle, an open garage for golf clubs, outboard motors, etc., or the unlocked vehicles for the CB radio. Police recommend closing garage doors. Don't advertise you are not at home. Don't leave your bikes unlocked in the front yard, driveway or park. Bicycle thefts have been greatly reduced through the Council's informational campaign. In 1975, 13 were stolen and one recovered. This year's police log shows one theft and one recovery.

Citizen feed-back is an important part of crime control today. Under city service contract with the Roseville Police Department, local residents receive excellent protection, including free 24-hour emergency ambulance service. The police dispatcher is always available at 484-1700. Night calls to this number are routed through the Ramsey County dispatcher to the Roseville patrols. Report suspicious vehicles or unusual circumstances. You may decline to give your name if you so desire. Anonymous reports are investigated promptly and thoroughly.

There are only 3 vacancies left on the Jubilee I cruise on the St. Croix River scheduled for Tuesday, August 24. Any older or retired resident is most welcome. The cost is \$8.50. Call Ruth Johnson, senior coordinator, at 644-6627. Participants are reminded that the bus will depart from Lauderdale City Hall, 1891 Walnut Street, at 10:45 a.m. and return about 4 p.m. Lunch will be served on board. Bring a jacket or sweater.

For the primary election, September 14, polls at Lauderdale City Hall, 1891 Walnut Street, will be open 7 a.m. to 8 p.m.

To facilitate registration, the City Hall will be open Friday, August 20 1-9 p.m.; Saturday, August 21, 10 a.m. to 4 p.m.; Monday, August 23, 1-9 p.m., and Tuesday August 24, 1-9 p.m. New voters and residents are urged to take advantage of these hours to register and avoid waiting in line on election day. Any resident who has voted in the last 4 years has a valid registration.

Voter Eligibility: A person must be 18, a U.S. citizen, and resident in Minnesota for 20 days. Proof required is a valid Minnesota driver's license or verification of residence by a registered voter of this precinct.

Filing of affidavits of candidacy for Lauderdale City Government opens September 21 and ends October 5. Filing fee is \$2.00. There are two vacancies for office or councilman and one for office of mayor. Apply at City Hall, Monday through Friday, 1-5 p.m.

FOUND: A large set of keys. An excellent quality watch. Call City Clerk, 631-0300.



Balloons, hats and music were present at the Commonwealth Nursing Home's annual picnic. Photo by Mary Walker Sjowall.



University Grove Street Improvements

Since the City of Falcon Heights took over governance of University Grove, several street improvements have taken place. Several roads have been packed and seal-coated, and manhole covers in some cases have been raised or lowered. Manhole covers with holes have been plugged to reduce costs due to infiltration of rain water. Storm sewers with brick construction have had mortar repaired, and a storm sewer was added along Hoyt Avenue.

Tree Replacements in Falcon Heights

Forty-four trees have been planted this summer to replace trees missing because of storms, disease or other reasons. About 45 trees have been removed this year because of Dutch elm disease as compared to 3 last year. The Falcon Heights Tree Committee is putting together an informational sheet detailing how to go about replanting; the sheet will be mailed to all residents in the near future.

Street Maintenance

Several streets in Falcon Heights are undergoing repairs, most of which are expected to be finished in time for the State Fair. Work involves upgrading the streets, curbs and gutters, and on Albert Street looping the water system to provide better water service. Streets being worked on are: Arona, south of Larpenteur to Hoyt; Crawford from Snelling to Arona; and Garden from Pascal to Hamline.

THE PARK BUGLE

PUBLISHER: Park Press Inc., a community non-profit organization with a Board of Directors.
EDITOR: Gail McClure, 774-7216.

FEATURE EDITOR: Kathy Diedrich, 646-6707 or 646-2493.

ADVERTISING MANAGER: Joe Skovholt, 646-1191.

STAFF PHOTOGRAPHER: Mary Walker Sjowall, 645-4949.

- Published the third Wednesday of each month
- Mailing address: 2250 Como Ave., St. Paul, Mn. 55108.
- Drop-off address: 2274 Como Ave., St. Paul.
- Phone: 646-6707.

Enter St. Paul Photographic Competition

Metamorphose/Two: The Photographer's Interpretation of St. Paul: Entry forms are available for a bicentennial photographic competition open to residents of Minnesota and bordering states. Photographs would depict aspects of St. Paul and Ramsey County. Entries will be accepted September 7-9, 1976. A minimum of \$5,000 will be given in awards and purchases. 227-7613, ext. 188 or 181.

Magnuson Runs

John Magnuson, 27, of 2219 Knapp St. in St. Paul, announced recently his candidacy for the State House of Representatives in District 62A. "The first hurdle is the primary Sept. 14," Magnuson said. "A lot of work is required in the next month to win that. We intend to win. Then we can offer our district a solid Independent-Republican candidacy in November."

Sweeney Files

Patrick Sweeney, candidate for Senate Seat in Senate District 62, was the first candidate to file and filed as a D.F.L. candidate on July 7th, the opening day of filings.

Mr. Sweeney has been endorsed by the St. Paul Trades and Labor Assembly and by the Minnesota A.F.L.-C.I.O. COPE Committee and plans to work closely with them through the fall election.

Citizen NAOs Help Police

The St. Paul Police Department is now recruiting volunteers for the Neighborhood Assistance Officer (NAO) Program. NAOs are volunteer citizens who work with the police for the betterment of their communities by assisting with crime prevention activities. The initial recruiting effort will last through September, and the first NAOs will be trained in the fall.

Citizen Patrol groups have flourished in recent years in many cities due to concern about increasing crime, the need to combat the feeling of helplessness to do anything about it, and the disparity between calls for assistance and the number of police officers available to respond. Police departments have been burdened with many non-law enforcement calls because they are one of the few agencies that responds 24 hours a day; if citizens assist with some of the minor assistance tasks, they can help free the police officers for high-priority criminal matters.

The St. Paul City Council

unanimously approved the NAO Program for implementation in St. Paul after a task force study during 1975. The St. Paul Police Department and City Council studied the successful NAO Program in Dayton, Ohio, which began in 1970 and has succeeded in maximizing the efforts of concerned people through knowledge and training.

NAOs will foster police/citizen understanding as a liaison between the Police Department and the community; they will help educate their neighbors about home and property security by using the resources of the Department's Crime Prevention Unit. They will be able to refer people to problem-solving resources in many situations and be trained to assist the police at emergencies, fires and accidents. NAOs can be instrumental in detecting problems before they reach the critical stage, and will maintain communication with the Police Department by radio when on duty.

The Police Department will

train the NAOs in crime prevention and assistance techniques, first aid, basic law and the skills to handle a wide variety of assistance calls. They will be unarmed and wear a distinctive uniform to identify them to the community.

Any man or woman can apply for the NAO Program who is 18 years or older, a St. Paul citizen, with an interest in people and the willingness to spend at least 16 hours a month working for community improvement.

Training, uniforms and use of police equipment are free; in addition, NAOs will be reimbursed for mileage when using their own cars for patrolling the neighborhood. Applicants must have a valid Minnesota driver's license and be willing to obtain \$100/300/25 auto insurance if accepted.

Application forms and further information are available at the Police Volunteer Services Office; please call 291-1111, ext. 290.

Community Education Survey Results

By Jean Baumgarther

St. Anthony Park School became a Community School in January, and it is the central facility of the community education program. Community education is based on the lighted school house concept that the school facilities should be open to all members of the community for educational, recreational, cultural and social programs after school hours. It is a means for cooperating with other organizations serving the community toward common goals.

In order to determine what the community views as needs and desires, the Community Education Advisory Council drew up a survey and distributed it to residents of the community at the end of May. The results are now ready to share with the community. The Advisory Council thanks all who responded for taking the time to do so. They also appreciate the efforts of more than 40 volunteers who distributed the surveys to their neighbors.

About 900 surveys were distributed. From that about 300 were returned. Respondents preferred evening classes

three times more than morning, afternoon, or Saturday classes. About 100 people from this group would also like to take classes for University credit.

Respondents saw the biggest needs or problems in St. Anthony Park as: 1) better police protection, 2) better schools (quality education) and fewer children in classes, 3) parking, 4) getting to know your neighbors, 5) stray dogs, and 6) recreational.

About 50 people volunteered to teach community education classes. Several of these people were interested in teaching more than one area. Out of the top 30 classes, about 10 instructors match up. The most popular classes were checked by 50-150 respondents. The list is topped by skiing with over 170 respondents, 107 adults and 70 kids. The remaining popular classes, in decreasing order, are as follows: dance, swimming, open recreational night, first aid, tennis, pottery, photography, indoor plants, volleyball, physical fitness, auto maintenance and repair, gardening, bicycle repair, guitar, music appreciation, great

books, typing, birdwatching, gymnastics, St. Anthony Park history, camping skills, estate planning and wills, landscaping hints, refinishing furniture, easy gourmet foods, adult dance exercise, basic drawing, bowling, canoeing, cardiopulmonary resuscitation, speed reading, French, badminton, investments, age related courses, parent effectiveness training, and Spanish.

Possible community activities suggested were an after school day care center, a teen center, and special interest trips.

We will begin the fall program by trying to find instructors to teach the most popular classes or activities. We feel that good instructors are the key to the program and we will not offer even the most popular class without a qualified instructor. Anyone interested and qualified to teach these or other classes, please write the school or call 645-0391.

The Advisory Council would appreciate your continued interest and comments. The success of the program depends upon community involvement.

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Ann Wynia

for State
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- **Ann Wynia believes we need a state government that prepares for the future**—that anticipates problems and works to prevent them rather than simply responding to crises.
- **Ann Wynia believes government must serve the needs of people.** She'll work for programs that ensure quality education, environmental protection, and personal and financial security for senior citizens.
- **Ann Wynia believes in making government more responsive and efficient.** Programs must be regularly evaluated and ineffective ones eliminated or reformed.
- **Ann Wynia received an M.A. in political science** from the University of Wisconsin. For the past six years she has taught American government and urban politics at North Hennepin Community College. She and her husband Gary live at 1550 Branston, St. Paul.

☒ **VOTE SEPT. 14 - DFL PRIMARY**

Prepared and paid for by the Wynia Volunteer Committee, Virginia Gray, Treas., 1731 Laurel Ave., St. Paul.

The Bugle 6

AIKIDO, continued from page 1.

visiting the new Aikido Center for a few weeks as he is on leave from regular training in Japan.

Dave Olson, club coordinator, is anxious to establish Aikido in the community. "As it stands now we are the only club in Minnesota; there are two currently in Wisconsin and one opening soon in Iowa." The Twin Cities Aikido Center is a non-profit organization, working under the auspices of the Midwest Aikido Federation, which is ultimately tied up with the World Federation. "These ties are important, for they help the club grow and help bring in top instructors like Master Akira Tohei, 7th de-

gree black belt from Chicago," Dave explained.

I watched the class sweat and work through an hour session and I had to personally wonder whether all that training was worth the one time in your life when you might really have to defend yourself. But it's not all a matter of defense. I asked Nick Krause, the visiting instructor, how he felt about training 25 hours a week in Japan. He looked up as he meticulously folded his uniform and said, "Every day is precious—there is much to be learned." Perhaps Aikido's harmonious way eventually spills over into every aspect of a student's life creating a lasting inner calm.

Your Yard-n-Garden

Q. Is it too late to plant a second crop of lettuce or any other vegetable?

A. No. Leaf lettuce planted in August may provide a fall crop if it is well watered. High temperatures at the soil surface may retard germination, so keep the soil surface moist after planting. Many other fast-growing, cool-season crops also can be planted successfully at this time, including kohlrabi, early cab-

bage, radishes and green onions.

—Dr. David Davis
Dept. of Horticultural Science

Q. How can you tell when to harvest winter squash?

A. At maturity, winter squash has a fairly tough rind, offering some resistance to the thumbnail. The exterior color also tends to become darker and slightly dull as opposed to the shiny cast of immature squash. When individual fruits stop increasing in size, wait several weeks before applying the above tests. Squash will mature well, however, only if soil moisture is adequate. When harvesting winter squash, be sure to leave 2 to 3 inches or more of stem on the fruit.

—Dr. David Davis

Q. What's the best way to control crabgrass now?

A. If you have only small isolated patches of crabgrass on your lawn, you might try digging up the plants now. The best way to control crabgrass is with a pre-emergence crabgrass control chemical in the spring before weeds appear, before Memorial Day.

—Dr. Harold Wilkins,
Dept. of Horticultural Science

Q. Why are some of the boulevard trees planted by the city doing poorly?

A. Remember that we are experiencing a hot, dry summer. Trees planted in the last year or two have limited root systems and must be watered thoroughly during dry periods to thrive and even in some cases to survive. One or two soakings per week would be most beneficial. Older trees also require watering. I have 10-year-old green ash trees on my boulevard which grow 3 to 4 feet per year when they have ample moisture. If they are not watered regularly in a hot, dry summer, new growth is less than 1 foot per year.

Come on, neighbors, use a little water so we can recapture the pleasant environment of a tree-shaded St. Anthony Park in our lifetime!

—Dr. Richard Widmer
Dept. of Horticultural Science

Q. Is there any easy way to take care of house plants when one is on vacation?

A. Here are some ideas you might try: 1) If you plan to be away for only a short time, wrap each pot in plastic and fasten it around the base of the plant, first watering the soil thoroughly. The plastic will reduce water loss from the soil. Keep the plants out of sun but in good light. If you plan to be gone for an extended period, place the plants together, water them thoroughly and surround the pots with moist sphagnum or acid peat moss. This procedure will increase the humidity of the surrounding air and keep the soil moist for some time. 2) Plunge the hardier plants (Philodendron, Ficus, Pandanus, Aralia, Ivy, etc.) in the ground to the pot rim in a border on the north or east side of the house. Under normal conditions they will thrive. During dry spells they will need watering once or twice a week. 3) Hire a neighborhood youngster or "borrow" a neighbor to water the plants in the house. Today's youth are often deeply interested in plants.

—Dr. Richard Widmer

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Backpacking, the Royale Life

By Lois M. Anderson

When Stanley Sivertson, captain and owner of the passenger ferry the *Wenonah*, pulls on the horn of his ship, you can hear the noise for miles. Suddenly, a variety of people run toward the Stockade Dock at Grand Portage, Minnesota.

Backpackers, senior citizens, small children, and young adults gather—some well-dressed, others wearing jeans. Their goal is the same. They intend to travel from Grand Portage to Isle Royale, the largest island in Lake Superior, by boat. The trip takes 2 hours and 45 minutes.

Crossing Lake Superior is an experience similar to that of sailing on the Pacific Ocean in an ocean liner. If the lake is

rough, you may feel seasick. If the lake is calm, you can bask on the deck in the sun, or calmly sit back and let the boat take its course.

Captain Sivertson, from his perch in the bow of the ship, gives a running commentary to passengers on his relationship with Isle Royale. Sivertson was born on the island, son of a Norwegian fisherman who emigrated to the Isle in 1890. With loving memories of the past, and a historical account of the present, he helps visitors discover the island.

Arriving at Windigo on the western tip of the island, passengers can find a park ranger to take them on nature walks. If they choose to remain at Windigo, they can

camp in shelters provided, or with their own tents.

Isle Royale National Park is located 20 miles off the Minnesota shore of Lake Superior and 50 miles northwest of the Michigan peninsula. Earliest history records Chippewa Indians living on the island. The French took ownership of it in 1671, followed by U.S. ownership which began in 1783, and it was given over by the Chippewa tribe in 1843. The island became a national park on April 3, 1940. Isle Royale is the result of glacial activity lava flows. Long parallel ridges run in a northeast, southwest direction, and the ridges are now used as hiking trails across the island.

I recently spent a week backpacking on the island. The trails vary in ruggedness and terrain. The Minong Ridge Trail is the most difficult and covers the northern edge of the island. Rugged, rocky cliffs alternate with lush cedar sanctuaries. Greenstone Ridge Trail is an easier trail with fewer elevation changes, across the middle of the island. Island Mine Trail heads southward through bogs and swampland, in some areas running beside Siskiwit Bay. Feldtman Ridge Trail runs around the southwestern end of the island and tends to be swampy and wet. Moose are abundant in this region.

Moose, together with their predators, the wolves, inhabit the island. Moose are often seen by the hiker, whereas wolves are never seen, and rarely heard, calling in the distance. Moose on the island harbor tape worms. These are passed into the inland water, and thus create a special problem for hikers since a hiker's water supply is taken from the inland lakes. Therefore, all water must be boiled at least five minutes before use.

This island is abundant with wild berries. The western thimbleberry, blueberries, raspberries, and dewberries were just ripening as I left. Hundreds of wild flowers grow throughout the island, and over 200 kinds of birds have been identified, including the bald eagle.

The best way to understand Isle Royale is to live with it, to become intimate with its natural beauty, for it is an island apart from the noises and stress of 20th century life.



Lois Baron entertains Park residents. Photo by Mary Walker Sjowall.

Musicale Entertains

More than a hundred people enjoyed Lois Baron's Front Porch Musicale again this year on a beautiful warm evening early in August.

Lois and her good friend Carol Chirstensen entertained neighbors, friends and drop-ins for over an hour with show tunes and contemporary music. Ruth Martin accompanied them on the piano.

Lois, assistant manager with the Housing and Redevelopment Authority in St. Paul, is an active Park resident. Along with daughter Carla, age 9, Lois does many shows through the City Wide Federation for Entertainment. This year they entertained at Ramsey, Bethesda and Veterans Hospitals along with many nursing homes. Lois was also a soloist at the United Congregational Church this past year.

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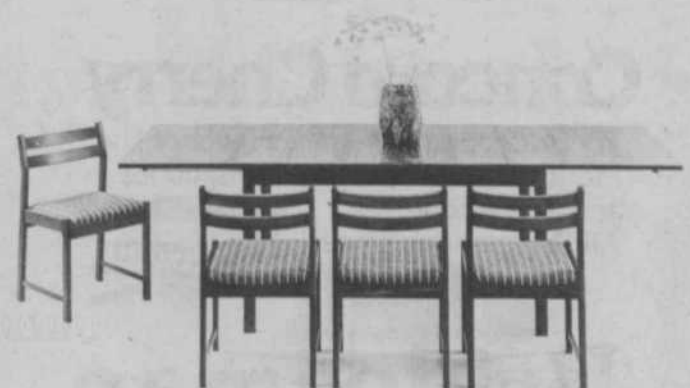
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The Aftermath of Dut

By Ruth Anderson

After Dutch elm disease takes its toll, what next? How do residents go about replacing trees to make their streets and yards beautiful again?

In 1972 the City of St. Paul had \$160,000 available in its Community Improvement Budget (CIB) for replacing trees on city property, an amount sufficient to replace about 1,000 trees plus additional shrubs. In 1976, the City has available \$160,000 in its CIB plus an additional \$210,000 from Community Development (CD) funds. This total amount will finance the replanting of 2-3000 trees in the City. District 12 has listed tree replanting as one of its priorities for CD III funds which become available in June 1977.

According to Lloyd Burkholder, city forester, the toll this year from Dutch elm disease will be between 6,000-7,000 trees by the summer's end. Another 30,000 vacant "tree spaces" exist from trees lost in previous years due to storms, diseases and removal.

Burkholder said plans are to replant two trees for every tree that dies this year, but even at that rate, it will be years before all "tree spaces" are filled once again—a problem due primarily to funding problems.

Most boulevard trees will be replanted beginning next spring. This should give the boulevards a chance to get back into shape from stresses related to tree removal. Replanting is expected to be done systematically on a street by street or block by block basis.

Fortunate communities already have tree replanting schemes; other are in the process of developing plans. The City of Falcon Heights, for example, formed a tree committee two years ago which developed guidelines for replanting trees. Still, they were unprepared for many of the problems which fell upon them with the advent of Dutch elm disease.

"...the toll this year from Dutch elm disease will be between 6,000~7,000 trees..."

This year Falcon Heights will spend \$6,000 for tree maintenance, removal and replanting. The project proposed figure for the next 5 years is \$200,000. Their city plan calls for a 4-year replanting program; one precinct will be replanted each year. So far this year, over 40 trees have been replaced.

North St. Anthony Park developed a planting scheme in the late 1960's which was rejected at the time by City government. The plan called for planting hackberry trees on east-west streets, green ash on north-south streets, and linden and locust trees on Como Ave. according to Joe Michels, member of St. Anthony Park Association Planning Committee. The Association is currently attempting to modify the plan to keep its appeal to St. Anthony Park residents, and carry out St. Paul requirements.



An employee of H & B Elm Service tree

Burkholder said about 22 species of tree for planting in the metropolitan area. S should be taken into consideration in particular varieties used: 1) Trees must survive Minnesota winters and grow up mental stresses such as air pollution resistance is a prime factor. For es obviously cannot be replanted unless disease can someday be prevented. Oak recommended for areas known to be he with oak wilt. 3) A "clean" tree is a boulevard and park trees in ord maintenance costs down. This a eliminates trees like cottonwoods, app willows which drop seed pods, fruit, branches that are easily broken by storm. In addition, trees should have a long elms have. This criterion eliminates boxelder.

Several characteristic tree shapes crea line" of a boulevard. A good replanti Burkholder, is one in which there is div trees, with perhaps 2-3 species of simil city block. Ideally, no more than 15-20 on one block should be represented b partly to prevent diseases from sprea grafts. This can be accomplished by pla varieties of the same species. For exam 6-7 varieties of Maple with the same and growing requirements. The color different.

A question many homeowners are ask individual property owners may repl trees before the City gets around Burkholder said the answer is "yes," i feels like spending the money. Homec obtain a permit by calling the city fore 488-7291. One of three arborists wil

ch Elm Disease



a Park tree with Lignasan. Photo by Mary Walker Sjowall.

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inspect the boulevard to determine location of water lines, sewers, and any above-ground space requirements. The arborist can suggest species and varieties suitable for the location. The entire process generally takes 2-3 days. The City requires that new trees be about 1 3/4 inches in diameter, but property owners may plant larger trees (and are encouraged to do so) if they are willing to pay the extra cost.

Neighborhoods are encouraged to work together to replant trees to keep a unified appearance for the community. Although the proposal is not yet cleared by the City Council, Burkholder said it may be possible for individual neighborhood groups to create a special account whose monies can be added to City funds already allocated in order to buy larger sized trees. The City will still negotiate the contract with nurseries, but the community will enjoy a beautiful boulevard at an earlier date due to the more mature trees.

Even after planting, a tree is not insured to grow. One of the most crucial factors in survival of a newly planted tree is the watering it gets. In St. Paul, the contractor who planted the tree is responsible for watering the tree on a regular basis for a period of one year, after which time the City becomes responsible. The property owner closest to the boulevard tree is expected to water it; however, the City cannot force anyone to water a tree if that person doesn't want to. If a complaint is called in about a tree not being watered, city crews come out to water it.

University of Minnesota horticulturists recommend watering recently planted trees every 7-10 days, depending on weather conditions and environmental stresses. A tree requires a good soaking, about 15-20 gallons of water per tree per watering. Lack of water will eventually result in death of the tree or severe stunting of growth. Severe leaf burn can occur in 3-4 weeks' time.

Late Summer Ideas

By Martha Saul

Can you believe summer is almost over? The State Fair is about to begin. The days are growing shorter, the nights cooler. But there is still time to:

- Have lunch with a friend.
- Get a new, sleek haircut.
- Enjoy a cool movie matinee.
- Go antiquing.
- Visit a shut-in.
- Have a Sunday brunch.

August is a great time to:

- Buy a bathing suit. (Selection won't be as complete as in the spring, but the price will be better.)
- Read a few fashion magazines to get an idea of the trends for fall.
- Sew a slim line skirt in one of the zippy new fall colors.
- Take advantage of the summer white sales.
- Consider taking an adult ed class this fall.
- Think about your Christmas gift list.
- Try this recipe on some of the luscious fresh fruit that is so plentiful now.

Judy's Fruit Dressing

7 oz. jar marshmallow cream
3 oz. package cream cheese
2 Tbl. orange juice
1/2 tsp. vanilla

Run cream cheese in blender till smooth. Add remaining ingredients and blend just till well mixed. Serve as a dip or dressing for fresh fruits.

Ginger-Oatmeal Cookies

1 pkg. gingerbread mix
1 cup applesauce
2 cups quick-cook rolled oats
1/2 cup chopped nuts
1/2 cup chopped raisins

Mix all ingredients. Drop dough by teaspoonfuls 1 inch apart on well-greased baking sheet. Bake in preheated 400 degree oven 10 to 12 minutes. Makes 4 to 5 dozen cookies.

Enjoy the cookies and the rest of the summer with a tall glass of lemonade and a good book.

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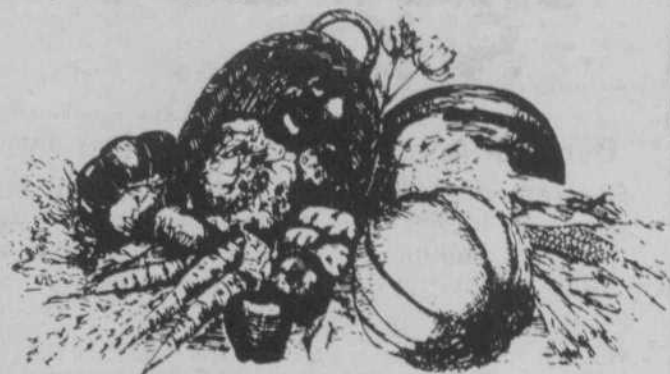
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By Sharon Bassett

Kristin Anderson, a tall, pretty brunette with a winsome smile, is one of many young people leaving St. Anthony Park in a few weeks to begin their studies at colleges all over the United States.

Kristin leaves in Sept. to study at Oberlin College and Conservatory in Ohio. She was attracted to Oberlin because of its double degree program whereby students may obtain both a Bachelor of Arts and a Bachelor of Music degree in one five-year term.

Music is an important part of Kristin's life. She is an accomplished flutist, plays the piano and has even done some conducting.

A member of the Minnesota Youth Symphony, she has played with this group for two years. Each year they perform four concerts. This year's performances included one at the Orchestra Hall and another at O'Shaughnessy. Kristin also performs with the Little Orchestra of Minneapolis, a chamber orchestra.

Kristin continues to take lessons and study the flute. Though she plays the piano well, she feels "playing the flute is more personal, because you are responsible for all the intonation. It is more of a challenge."



Kristin Anderson. Photo by Mary Walker Sjowall.

Kristin has attended the Open School since the seventh grade and this has given her an opportunity to take classes at both the University of Minnesota and Hamline University. As a senior this year, she was awarded a Merit Scholarship.

A member of St. Anthony Park Lutheran Church, Kristin has directed its Shalom Choir of children in grades four through six. She has also served on the Business and Finance Commission and often plays at Sunday worship service.

This past year Kristin interned in the State Legislature with the lobbyist for the St. Paul School System. She attended House Education meetings, sub-committee and floor sessions. She has also done volunteer work in the office of the Minnesota Orchestra.

This is Kristin's third summer in a conducting class sponsored by the Minneapolis Schools Urban Arts Program. As a result of the class, she has conducted the Minnesota Orchestra in rehearsal twice and hopes to have the opportunity again this year.

Kristin loves to bike and travel. This past December, she went to Europe for two and a half weeks and spent most of this time seeing Berlin. This summer she found a chance to retreat to a family cabin on Lake Superior.

With mornings spent in class, Kris spends her afternoons teaching the flute to six students. Characteristically diligent, she still finds time to practice three to four hours a day.

Can Tomatoes

Easier

A new way to can tomatoes that's faster and uses less energy has been developed by University of Minnesota scientists. Instead of using a boiling-water bath or the 5 pound pressure processing method, the tomatoes are processed in a pressure canner by bringing the temperature to 15 pounds and then turning it off immediately.

Here is the step-by-step process:

- Skin and core tomatoes. Pack into jars, leaving a half inch head space at the top of the jar.

- Wipe rim, put on lid and screw band. Place jars in the pressure canner, which contains several inches of water.

- When steam is coming from vent in a steady rate, bring pressure to 15 pounds. It is not necessary to exhaust the canner when using this method.

- When canner reaches 15 pounds, shut off the burner. Allow pressure to return to zero.

- Remove weighted gauge or pressure regulator. Wait 10 minutes before removing the canner's cover. This helps prevent liquid loss from the jar.

- Remove hot jars from canner with jar lifter. Food may be boiled inside the jar.

- Cool jars upright on clean dry cloth, wooden board, or rack placed away from open window or door. Do NOT tighten screwbands. You will break the seal and food will spoil. Jar seals as it cools.

- Next day, remove screwbands. Test the seal by gently pressing with your finger in the center of the lid. If lid is down, the jar is sealed. If the jar is not sealed, put in refrigerator and use as a cooked vegetable in 2 days.

- Store in cool, dry, dark place. For best nutrition, use within a year.



Local 4-H Club Flies

By Emily Copeland

The old County Fair ain't what it used to be! Now, instead of cows and sheep there are displays of photography and rocketry. The St. Anthony Flyers 4-H Club participated in the Ramsey County 4-H Fair the last week in July in many ways.

The club had a marching band in the parade down White Bear Avenue on July 29. They were awarded a red ribbon and a \$25 prize and received a white ribbon and a \$20 prize for constructing a booth advertising 4-H work. The booth was on display in the 4-H Building at the Fair.

Individual members also participated in events and displayed projects. Five members were in the Dress Revue, modeling outfits they had made. Three members received purple ribbons for project displays; Susan Sabean and Debbie Oakins in crocheting, and Todd Jannett in Rocketry-Aerospace. None of the displays will go to the State Fair because the members have to be 11 years old by Jan. 1, 1976 to be eligible.

Demonstrating is a big event at the Fair, and two Club members—Patty and Janet Thorne—will go to state Fair with their oral demonstrations. There were five kinds of demonstrations: silent bread, silent salad, silent flower arranging, oral, and youth-in-action. In the first three, the "silent" series, members do the work without talking. Oral demonstrations last for 10-20 minutes with the club member

talking and showing the audience how to do something. A youth-in-action demonstration lasts for an hour, but the audience talks back! The member is in a booth and shows a constantly changing audience how to do something. The audience can ask questions and participate in the demonstration.

There was a dog show on August 1 with six Club members involved in dog obedience project showing their dogs. Patty Thorne and Carolyn Fleischhacker tied for the purple ribbon in Beginning Obedience A. Nan Beckstrand won the purple ribbon in Beginning Obedience B. Jean Reiter and Paula Ginn won blue ribbons in their obedience classes. All five are eligible to go to the Regional Dog Show in September to compete with other high scorers from surrounding counties. The members also entered their dogs in the two fun classes—costume and tricks.

Overall, it has been a very successful year at the County Fair for the St. Anthony Flyers 4-H Club. Its members received a total of 6 purple, 56 blue, 22 red, and 3 white ribbons in projects ranging from clothing, cooking, crafts and home improvement to dog obedience, rocketry-aerospace, and demonstrations.

The new 4-H year will start with the organizational meeting on Monday, September 27 at 7 p.m. in the community room of the St. Anthony Park Library. Anyone interested in joining 4-H is welcome to attend, with their parents.

Underground Poets Begin to Know It

By Allen Ensign

Below street level, in the spacious basement of the St. Anthony Park Library, poetry is alive. Poet-teacher Kate Green energizes her senior citizen poetry class. The classes have been small, yet rewarding for those attending.

A meeting might consist of reading original work, listening to tapes of familiar poets read their own work, and time spent in discussing the material. The students also are given weekly exercises to aid them in incorporating tech-

niques and craftsmanship into their own poetry. There is a sense of spontaneity in the meetings that can be attributed to Ms. Green's guidance towards the feeling of verse, rather than approaching the poetry analytically.

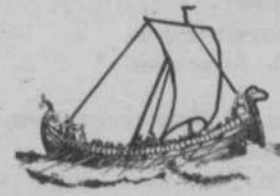
Ms. Green reviews each student's work and aims the student at becoming his or her best poetic self. Everything considered, it is an enriching way to spend what otherwise might be a bland Thursday afternoon. Classes will continue from 1 to 3 p.m. through August 26.

PTSA Antique Show

The St. Anthony Park PTSA will host an antique and craft show on Saturday and Sunday, Sept. 18 and 19. The school gymnasiums will provide ample space for the expected crowd. Shoppers seeking that unique Christmas gift or unusual present are sure to find some answers. Dealers from all over the Twin City area have been invited to participate. The show will include antiques, crafts and collectibles. Anyone wishing to display their antiques or crafts may contact Betty Jean Thelander at 561-2666.

Proceeds from the show will help support special activities for the children during the school year, such as field trips, concerts, and choice programs.

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District 12 Meeting Highlights

On August 11, Park Press, Inc. and the District 12 Executive Council reached tentative agreement on the *Park Bugle* becoming the official communication vehicle for the district.

July 21, 1976

Chairpersons and committees for the North St. Anthony delegation to District 12 are:

Chairperson—John Rutford
Vice Chairperson — Joe Michels

Physical Committee — Joe Michels, Greg Haley

Economic Committee — Liz Solem, Paul Savage

Social Committee — Jack Christensen, Dick Allyn

South St. Anthony Park chairpersons and committees are:

Chairperson — Becky Cassidy

Vice Chairperson — Steve Flink

Physical Committee — Lois Dettle, Steve Flink

Economic Committee — Becky Cassidy, Dennis Ferche

Social Committee — Sherm Eagles, Kathy Clark

Midway Civic and Commerce Association has not yet announced its slate.

Darrell Richards from the Public Works Department



Liz Solem and Greg Haley confer at a District 12 meeting. Photo by Mary Walker Sjowall.

gave a presentation of a street lighting project on Como Avenue from Highway 280 to Cleveland (See separate story, p. 1).

Zack Johnson, project planner for District 12, gave a land inventory of Housing and Redevelopment Association (HRA) activities in District 12. The breakdown is available at the HRA site office on University Avenue.

Greg Haley asked about possibly using CD III funds for treatment and removal of diseased elm trees and planting of replacement trees.

John Rutford proposed a motion concerning the St. Paul People Mover (an elevated train system in downtown St. Paul) to the effect that the mayor and City Council should make more information available to the general public in the very near future. Rutford proposed that the mayor schedule a public hearing on the matter before so many commitments were made that the project could not be halted.

August 3, 1976

The Personnel Committee announced the hiring of Jerry Jenkins as the new coordinator/community organizer for District 12.

The University Ave. corridor study report was approved to be sent to the mayor. The report is essentially a market analysis of the portion of University Ave. lying within District 12, and details the assets of the area plus opportunities for better utilization.

The North St. Anthony Park delegation was given responsibility for setting up a public

hearing date concerning lighting on Como Avenue.

Redefinition of East of Raymond housing site was discussed. District 12 supports redefining the housing site to one lot. This would leave Bradford Street open and eliminate the proposed Seal Street between Ellis and Long.

August 11, 1976

Rene McMonigal, the new part-time clerical staff in the District 12 office on Hampden Ave. was introduced.

The Identification Treatment Area (ITA) closure report was discussed and then returned for clarification. The report will be brought up again at the next meeting.

The District 12 Council will write a letter to the Director of HRA expressing its desire to keep Zack Johnson and the HRA site office in the immediate community rather than be offed downtown. The Council felt the HRA office is more accessible to the people it is serving when it's near at hand.

The next District 12 Council meeting is September 8, 5 p.m. at the office on Hampden Ave.

Artist Exhibits Oils

Alice Moren Stolpe, Lake Elmo painter, is being featured in a one-woman show at Artisans' World Gallery in St. Paul. The show opened August 9 and will run through September 18. Ms. Stolpe works principally in oils and her subjects are often rural scenes. Her work may be generally characterized as realistic impressionism.

Positive Approaches to Selecting Alternative Living Arrangements for the Elderly

Experience in dealing with situations regarding the different health care facilities has led us to the conclusion that there is no central source of information. When you need this information you just don't have enough time to explore all of the possibilities as thoroughly as you should.

We are convinced that many people are not in the proper type facility, simply because they went to the first one available to them after a few hurried phone calls.

We decided to assemble as much information as possible and make it available at our office—at no cost—to anyone interested. Our information includes:

- A checklist to determine what type of facility is necessary.
- A list of all nursing homes, board and care homes, and retirement housing, complete with addresses and telephone numbers.
- A consumers' guide to nursing homes.
- Guidelines for obtaining public assistance.
- State regulations concerning the operation of nursing homes.
- A comprehensive booklet dealing with Medicare, all the restrictions and available benefits. Also the procedures used in making claims.
- A list of community programs to benefit senior citizens.

We are happy to provide this information free of charge. Simply call us at 644-3557, or stop in at our office at 2190 Como Ave. Once again, there is absolutely no obligation.

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Certainly technological achievements in light have affected our living patterns; for many activities, dependence on the sun has been reduced or eliminated. What does it take to avoid the need for natural light? Quantity or footcandle level? Not necessarily.

Outside measurements of 10,000-15,000 footcandles of daylight can exceed 1,000 inside; compared to this, installations of electrical equipment may produce 5 to 75 FC. The most livable space in buildings has many variations in lighting quality throughout: contrasts between light and dark; a range of sharpness and diffusion; differing interplay on surfaces and people. People seem to respond strongly to the element of change in lighting and enjoy the added advantage of being able to control it.

Real choice does not start with the style of fixture but with the lamp source. Incandescent sources are predominant for homes, and with good reason; they have the greatest variety of lamp types, are the easiest to control direction of light, and can be dimmed with the simplest technology. While the standard frosted bulb is the common selection, it is quite boring, the least manageable and most expensive when it comes to putting light where we want it.

Consider that a 100 watt bulb, costing 29 cents or less uses \$3.20 worth of electrical power in its very short life. Fixtures built to use them take the shape of a lantern (very nostalgic), a globe (quite mod), or a glass diaphanous (how cheap), and use a white diffusing material that reduces the light output without eliminating the glare. The alternatives include clear bulbs (they do cost more) that cause sharp shadows and can produce glitter in themselves or on surfaces that they strike. Reflector bulbs are so numerous that they tend to be confusing; the silver bowl produces a very controlled and efficient indirect light, the R type directs light in spot or flood patterns with maintenance free optics, PAR sources use an internal reflector as

well as a prismatic face to give some of the most dramatic effects, and quartz or tungsten/halogen lamps (requiring special sockets) put out the most intense light of an incandescent source while they have the longest life.

The economics of lamp cost vs. power consumption should be examined in each case, but only after deciding what the light is supposed to do. When a large quantity of light is needed for a given task or the time of operation is extensive (over a few hundred hours per year) the choice has to be fluorescent, even considering reservations about the quality of light from such a source. Some of it has to do with color. While there is no ideal lamp for every condition, there are fluorescents that work with a broad range, or flatter the human complexion, or even approximate daylight.

The real problem, is comfortably introducing light into space. Single fixtures at this scale do intrude, and conventional luminous ceilings are usually too expensive for homes. So indirect use of fluorescent seems to be the best alternative; it can produce the major quantities of light while revealing space and structure.

We do have the technology to produce light for human needs without regard to daylight, but do we have the judgment to know when it is worth the effort?

Parlez-vous français? etc.

Classes in Finnish, French, German, Norwegian, Spanish and Swedish will be held at the International Institute of Minnesota, 1694 Como Ave. in St. Paul, starting Sept. 15. Registration will be accepted by mail or in person until Sept. 13. For more information, call 647-0191.

Evening classes in English as a second language and citizenship will also be held at the International Institute from 7:30 to 9:30 p.m. on Tuesday and Thursday evenings. Registration for English classes will take place on Tuesday, September 7, and Thursday, September 9, from 6:30-8:30 p.m. All English students must register in person. Citizenship registrations will be accepted by mail or in person until September 20. For more information, call 647-0191.

Fall Sports

Begin at Langford Park

Langford's summer baseball and softball seasons are officially over. Over 200 children participated in a highly successful season.

Many volunteer coaches devoted much of their time and energy to make the program possible. A special thanks should go to Rae Kellgren, Gary Kampmann, Dan Bane, Tony Genia, Paula Litzenberg, Mary Jo Pollard, Terri Spalding, Sara Drobac, Vicki Schmidlin, Julie Johnson, Ann Delger and Joan Knoblauch.

Players are asked to return their baseball uniforms and softball socks to Lanford immediately.

Teams are now forming for the fall sports. Tackle football teams are available for Cubs (4th and 5th grades) and Pee Wees (6th and 7th grades). The beginning group, Intramurals, is for 1st, 2nd and 3rd grades. Girls' flag football teams will be offered for Pee Wees and also Midgets (8th and 9th grades). Soccer leagues for boys and girls will also begin for Intramurals, Cubs, Pee Wees, Midgets and Juniors (10th, 11th and 12th grades).

Registrations will be taken for these activities August 23 to Sept. 3 at Langford Park, 1-5 or 6-9 p.m. Fees are \$7 for tackle football and \$3.50 for intramurals, flag football and soccer. Register as soon as possible, because practices are starting.



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Former Park Resident Recollects Gutterson

By Marjorie H. Cox

During this bicentennial year I would like to share with you some of my recollections of going to Gutterson School.

Those of you new to the Park only see the Methodist Church parking lot, and I want you to know that through the years some very important learning took place in a building which stood on this land which now seems barren. The noise of crack-the-whip, hopscotch and tag is gone as are the pairs and groups who played jacks and marbles along the sidewalk and in the yard. But the spectres of the years past come to haunt every once in a while when I am driving or walking past the ground where this school used to be.

Those of us who attended Gutterson all have vivid memories of the school. Some are a delight and some almost seem threatening. Miss McClellan was the principal when I first went to Gutterson, and of course, I stood in awe of her

when I saw her sweep down the stairs with her cape flying. I suppose it was the cape and the grey hair that made me wonder about her. She almost seemed to be a phantom.



Being in education today, I become impatient when I hear people speak about the new plans and say that since educators are now fully aware of needs, things will be different and students will learn more. How ridiculous! I know throughout the years that teachers have been striving to

help and to instruct children. This has always been a goal and an objective. Many Gutterson teachers had dedication of trying to reach children through humane ways of instruction.

At a bulging point in the history of Gutterson there were "portables," and my third grade year was spent in one of them. The highlight of the year was celebrating the birthday of Minnesota on May 11. This was long before the time of many room mothers and parties at school, but that day we had one of our round tables decorated as a cake with crepe paper, and we stood around the table, nine of us, holding letters to spell out Minnesota. There was cake for all and a grand celebration. I am sure not one of us can forget the birthday anniversary of our state.

Another bulging time occurred when I was in sixth grade. There weren't a lot of volunteer and aide programs then, but something had to be done for what I imagine was a very over-worked teacher; so some of us in

sixth grade went to help the teacher with the reading groups. It was exciting to listen to the children read and to punch the card when the work was completed and to paste on a seal at the appropriate time. I certainly had a feeling of worth, and I hope the children with whom I worked did too.



I recognize the need for a structured physical education program, but even while I recognize this, I wonder if there should be more of the creative activity of letting children organize their own play. Squabbles result, but there is a

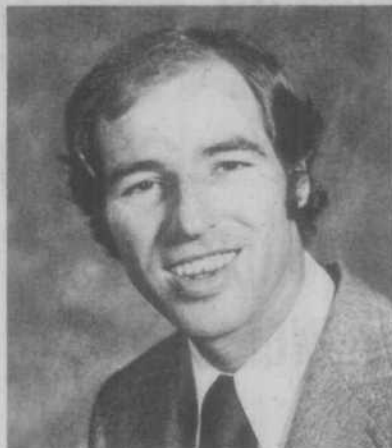
cooperation that comes reluctantly. Much of this is necessary in growing up. If any area of education is suffering just now, I feel it is the creative area where children must come up with their own original ideas, and I feel this must be brought into focus and recognized as a need for our attention.

Another part of Gutterson School that was meaningful was during the time when the voting booths were there. As a small child, I remember going with my mother into the booth and seeing a candle there. This candle enabled the voter to see to mark the ballot. I am sure the electric light bulb in the ceiling of the large hall did not provide enough light in each enclosed booth; so the candle was the supplement.

We cannot bemoan the passing of time. We look back with nostalgia, but . . . we must keep our heritage as an important part of life today and recognize its importance to the life of a community.

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Boys' Gymnastics Club Formed

The newly formed St. Anthony Park Boys' Gymnastics Club has been a "swinging" success. The boys currently enrolled are enthusiastic about their experiences.

Main emphasis has been on tumbling (somersaults, cartwheels, etc.), pull-ups and other conditioning exercises, and some activities on the parallel bars and rings.

Classes will continue this fall, beginning Sept. 20 for a

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OPENINGS FOR FALL NURSERY SCHOOL PROGRAM in Southeast Cooperative Nursery School, 500 8th Ave. SE, Minneapolis. Morning program 2 1/2 or 5 days. Our 13th year. Call Jeanne Swope, 331-6824; Mary Warpeha, 644-6990.

WANTED TO RENT: Garage for pick-up truck, beginning 9-1-76. Contact Mr. Heller, Midway Can Company, 2341 Hampden, St. Paul, Mn. 55114, 647-0101.

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John David Magnuson



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The Park BUGLE

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AUGUST, 1976
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A Minnesota State Fair advertising poster from 1885, first year the exposition was held on its present site. At about the same time the University of Minnesota St. Paul Campus was being constructed; in addition, the growth of St. Anthony Park was acknowledged that year by an extension of railroad spurs that created the area's present boundaries. When all the activity was over, a sizable chunk of Ramsey County had been made ready for the 20th century. For more on the Fair's history, turn to page 2.