

The Park BUGLE

Vol. 2, No. 11.

May, 1976



25 years ago, a young Stuart Peterson rode in the St. Anthony Park Fourth of July Parade astride his tricycle. This year, as president of the St. Anthony Park Association, he will lead the parade.

Grand Parade Leads Off Fourth of July

The St. Anthony Park Association 4th of July Committee has many attractions planned for the Grand Parade at 12:30 p.m. on July 4. The feature attraction will be the Sibley High School Marching Band, which will be giving a concert at

Langford Park following the parade. Children are encouraged to decorate their trikes, bikes, and wagons and to dress in a bicentennial costume. Co-chairmen of the 4th of July Committee are Paul Mayers and William Paist.

Murray Baccalaureate to be Held on Monday

Baccalaureate service for the graduating seniors from the Murray class of 1976 will take place on Monday, May 31, at 8:00 p.m. at the St. Anthony Park Methodist Church. Area clergymen and members of the class will participate in the service.

This is the 36th consecutive Murray Baccalaureate sponsored by parents of the seniors. Murray is one of the few schools in St. Paul to still have this service.

The Monday night ceremony is

a departure from tradition, however. The traditional time has been the Sunday preceding graduation, but with the Memorial Day weekend, the service has been set for Monday. It is hoped that vacationers will return from the weekend in time for the 8 p.m. service.

Committee members are Mr. and Mrs. Donald G. Baker, Mr. Robert E. Bulger, Mr. and Mrs. William O. Bulger, Mr. and Mrs. Albert J. Dexter, Dr. and Mrs. Raymond H. Gerst, Rev. and Mrs. Rolf G. Hanson.

Some Also Jog

By Lois M. Anderson

They begin arriving about 6:00 a.m. Some come by bike, others by car, and most are running as they enter the gate to the Murray High School track, located at Valentine and Eustis Avenues. Their appearance is as diverse as their age, body build, and size. One man wears a bright orange sweater to prevent him from being hit in the early morning darkness. A second person wears a red sweatsuit with a matching tassled stocking cap. Many wear jeans and sweatshirts. Most wear a good quality pair of tennis shoes. They call themselves "joggers," and each person interviewed seemed to have a very special reason for spending the precious early minutes of their day exercising at the track.

George Aus (age 73), has been running one mile, six days a week, twelve months of the year, for the last ten years. He remembered reading about six medical interns who were featured as joggers in a St. Paul newspaper article. Aus decided if it was good enough for them, it was good enough for him. Because his colleagues feared he would experience heart failure, George checked with his doctor who approved the one-mile exercise program. George stated: "It's a real tonic for me; it tones me up — both in my mind and in my body."

Amy Guis (age 25), read *The New Aerobics* by Kenneth H. Cooper and used the book as a guide to slowly condition her body into a regular exercise program. She has been running one to one and a half miles five days a week for a year. After a month of jogging she was "sold on it" and noticed "feeling fitter and a toning of muscles." Even the people in the office where she works notice she is more fatigued when she doesn't jog.

About two years ago, Dick Coder (age 35), was told by a physician that he had a high cholesterol level and high blood pressure. With a regular jogging program, both the blood pressure and cholesterol level have lowered. For two years, Dick has been jogging one to

two miles, seven days a week. When asked why he does it, Dick states: "It feels so good, I've never been in better shape. I can control my weight, am toned up muscularly, and have a better sense of well-being, both mentally and physically." The jogging program has assisted him in having increased energy and speed for biking and other physical exercise.

Paul Rudolph (age 69), began his jogging program ten years ago when his son gave him the book *Run For Your Life*, by Lydiard. Even though he admits to "having to kick himself in the pants to get started," Paul is now running four miles a day, six days a week. Mr. Rudolph, who appears to have muscles of steel, noticed that when he first started jogging, he lost weight. He continues the regime because he wants to stay in good shape. "If I miss a few days, I feel draggy."

All four St. Anthony Park residents were asked if they had negative comments about jogging. Only one complained. He jogs as early as possible to escape the gasoline fumes from cars on Highway 280.



Early morning jogger Richard Coder does his daily laps at Murray Field. Photo by Mary Walker Sjowall.

Cover photograph is by the Bugle staff photographer, Mary Walker Sjowall, who is exhibiting her photography at St. Anthony Park Main Bank. Mary graduated from the University of Minnesota with a B.S. in Art Education. She continued her education at the University of Hawaii, taking courses in photography, sculpture, ceramics, and calligraphy.

With this issue of the Bugle, we begin home delivery for the first time. We welcome your comments on this new service.

The deadline for copy and advertising for the June Bugle will be June 7. It will be distributed on June 16.

Summer Sounds

The St. Paul Parks and Recreation Department is again offering a summer of musical programs at the Como Lake-side Pavilion and downtown parks.

The Sunday concerts at the Como Pavilion, with Max Metzger and the Parks Pops Orchestra, will begin on June 20 and run through August 29. Shows begin at 4:00 p.m.

The noontime concerts at downtown parks will begin with a June 21 show at Rice Park. Concerts will be held each Monday and Wednesday at Rice Park, and each Tuesday and Thursday at Mears Park for eight weeks. There will also be six concerts at the Osborne Plaza. All concerts run from 11:45 a.m. to 1:15 p.m.

A Country Western Jamboree will start the Monday night concerts at Como Pavilion on June 21 at 7:00 p.m. Several Old Tyme Dances have also been scheduled, beginning June 28 at 7:30.

All the concerts are free, courtesy of the St. Paul Parks and Recreation Department, St. Paul Musicians Union Trust Funds, and numerous downtown merchants.

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One-Room Schoolhouse Recreates History

By Jo Nelson

Children who have heard stories from their elders about country school can now experience — for a day — what education was like in a rural school at the turn of the century, thanks to the Ramsey County Historical Society.

The old one-room schoolhouse on the grounds of the Society's Gibbs Farm Museum has become a center for re-creating a phase of history for children. In a unique program conducted by the Ramsey County Historical Society, each summer children can attend this

one-room country school and find out how their grandparents or great-grandparents learned the three R's.

The sessions have become so popular they are now held for six weeks during the summer. Since a child may register for only one day of school, more than 500 children can attend each summer.

A glimpse into the schoolroom arouses nostalgia in anyone who has attended a country school. Filling a corner at the back of the room are a bench with washbasin, pail and dipper, a roller towel and mirror. A picture of George Washington and the schoolroom clock adorn one wall. At the front of the room are the dunce cap and stool, the teacher's desk, the long bench where children sit for class — all familiar furnishings at the turn of the century. A reed organ stands in a corner near the teacher's desk, and a kerosene lamp is fastened to a sidewall near a hanging globe, a map of Minnesota and a picture of Christopher Columbus.

Many of the girls who attend like to dress in the style of the turn of the century. Mothers often sew a bonnet and a long dress for their daughters, specifically for the one-day school sessions.

The school day begins at 9:00 a.m. As the bell is rung, the

children form in line outside the door, then march to their seats and recite the pledge of allegiance. As study material, each child receives a copy of a pamphlet designed for his or her particular grade. Called "Pages from Old-Fashioned American Schoolbooks," the pamphlets are actual pages photocopied from such old books as McGuffey's *Reader* which are in the schoolroom library. Each child is also provided with a slate and a slate pencil to do arithmetic.

Since the school program is a learn-by-doing experience, after recess the children may take turns at sawing wood at the side of the schoolhouse. It is then they learn to appreciate the labor involved in accumulating a pile of wood to feed the stove that heats the building.

At noon, on the lawn in front of the schoolhouse, the children eat the bag lunches they have brought from home. A highlight of the afternoon may be a treasure hunt of finding and identifying a mimeographed list of objects in the red and white barns and in the old farmhouse on the grounds. Back in their seats, the children discuss what they have found, whether it is an old scythe, a buttonhook or a stereoscope. The day's activities often close with an old-fashioned spelling bee.

The one-room school was moved to the Gibbs Farm Museum in 1966 from Chippewa County, where it had been built in 1878 near Milan. After it was furnished and restored to the period of about 1900 by the Society, it was opened to the public May 1, 1967. This summer marks the tenth year classes have been conducted in the building by the Historical Society.

What's important about the country school is that a past comes alive each year for some 500 boys and girls of the 70's through the classes they attend. The many children who ask to return each year is proof of the program's success.

Registration for the country school will begin June 15 by calling the Ramsey County Historical Society, 646-8629. A minimal tuition fee will be charged per child for the one day each is permitted to attend, according to Virginia Kunz, director of the Ramsey County Historical Society. School will begin July 6 and continue for approximately six weeks. Children are accepted on a "first come, first served" basis — and there's always a waiting list, says Ms. Kunz.

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Lynne Mitchell, a Gibbs Farm employee, assumes a school marm pose in front of the old school house. Photo by Mary Walker Sjowall.



Dr. and Mrs. Eugene Wright's residence at 1307 Chelmsford.



Story and Photo by
Mary Walker Sjowall

What house has no windows on the north and south sides, yet has a light, airy feeling reminiscent of houses in Hawaii?

If you guessed the residence of Dr. and Mrs. Eugene Wright, 1307 Chelmsford, you're correct. The house stands on two lots so the back yard has a wild space when summer foliage grows. Looking at the front exterior, an imposing contemporary structure fills the eye. From the back one views a large expanse of glass, including five sliding glass doors which open onto balconies or patios. The house, built in 1961 by Dick Hammel (Hammel, Green, and Abrahamson, Inc.), features several innovative concepts including eight foot construction modules, a single cylinder which contains all wiring and plumbing, and two furnaces, one of which heats the first and third floors while the other heats the second floor. A unique design feature includes an enclosed exterior stairwell which prevents cold winter drafts from entering the living area.

In 1972 the house was purchased by a family of four, Dr. and Mrs. Wright, and their two children, Stewart, 19, and Emily, 17.

Mrs. Wright, who is interested in seventeenth century furniture furnished their previous home on Como Ave. in that period. The family's decision to move to this contemporary house on Chelmsford, reflects their appreciation for a variety of tastes and styles. Perhaps seventeenth century did not follow the Wright's to their new home, but part of Como Ave. did. The bricks used in the front walk and entryway as well as the brick path in the backyard are from the old Como Ave. brick street.

Entering the house on the ground level entryway, very large, healthy plants greet a visitor. There is a recreation room on this level as well as a double garage. Stairs lead to the main living area which is a very large expanse — open, light, and airy — the living and dining room area. Although a large area, the room lends itself to several conversational spaces and an area for reading or quiet study, separated from the rest by an extra-deep fireplace that has a cantilever hearth of birch and slate.

The ceiling has recessed lighting and is partially louvered birch. The latter gives the room an Oriental-island feeling, enhanced by more large plants and a sliding door walkout. Heat ducts placed at the base of each door along with wool draperies balance any drafts one might expect in this climate. A movable wall separates the living room area from the kitchen.

The kitchen features a large work area, three sinks, and

many cupboards. The traffic flow was planned so that people walk on either side of the work area. The countertops are teak as is the buffet in the dining area.

At the top of the stairs to the second floor, a large open area leads to three bedrooms. All bedrooms have balconies; double sinks and a combination dressing area highlight the bathroom. Also on this floor, the utility room houses a washer and dryer.

The house is built on two lots so there is room in the backyard for a little wild space when the summer foliage grows. This house's design combines ideas from the islands with the capability to cope with the changes of our climate; it must have been a challenge to the architect. The challenge was well met, the house works.

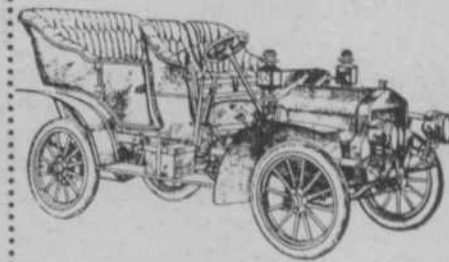
Anniversaries

Stanley and Margaret Hooper of 1501 Raymond Ave. will celebrate their golden wedding anniversary on June 16. Mr. Hooper is known for his service as the shepherd at the University St. Paul campus. Mrs. Hooper is an active church person at the St. Anthony Park Congregational Church.

Mr. and Mrs. Arthur Page will celebrate their twenty-fifth anniversary on June 16, 2115 Folwell Street.

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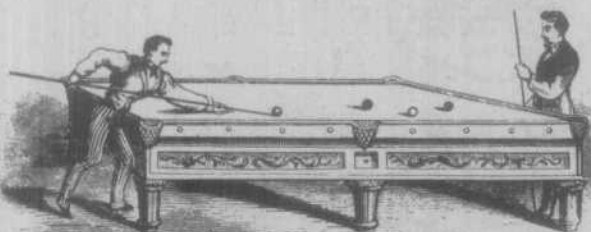
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Elvin C. Stakman maintains an office in Stakman Hall, a building named for him.

Thoughts on the Future

By Steven Weerts

Elvin C. Stakman, cofounder of the Green Revolution and plant pathologist at the University of Minnesota since 1909, is one of the most renowned scientists the University has produced. But he is much more. Stakman the educator and philosopher has carefully thought about man's capabilities and his interaction with nature.

"We must quit being pessimists or optimists, we must become realists," Stakman says in regard to world food problems and overpopulation. He thinks man has the basic knowledge to solve the biological problems of food production but laments that the human problems are much greater.

The first point people should realize, according to Stakman, is that our resources are finite. He says that Americans once thought there was no limit to productivity and now must lose such irrational "youthful enthusiasm." He stresses that soil is exhaustible and water and fertilizer are definite limiting factors. He thinks that a continually expanding economy is not realistic because resources are precious. Stakman believes America has been moderately chastened by depressions and the Viet Nam war and now must consider others more thoughtfully.

"If people want to live comfortably, they have to adjust population to their resources," Stakman says. He thinks if man is really civilized he will devise ways of avoiding famine.

The developed world, says Stakman, has the altruistic obligation to aid developing countries in providing minimum diets for their people and in controlling overpopulation. Stakman sees a small amount of progress in birth control and hopes it can be done in a humane manner. He feels certain that no "beneficent Providence" would want so many children that they couldn't live as human beings.

"We've got to develop better standards of ethics than we are practicing now," Stakman says. He gives an example of bribes that businessmen have paid to obtain foreign contracts. He says businessmen have condemned the practice but have not devised a system of punishment for it. Stakman thinks many people are naive about the skulduggery that goes on. He believes that in certain instances our country is morally and ethically pretty bad and that people must concentrate more on ethical development. According to Stakman, the best way to improve our ethics would be to practice the "golden rule."

Stakman says science has not reached the point of diminishing returns. He thinks we have hardly scratched the surface of scientific knowledge and that yields can be significantly increased, pests can be better controlled, and agriculture in general can become much more efficient. Stakman says cropping systems should be developed to save costly fertilizers and pesticides. For example, he thinks there needs to be in-

creased work on resistant varieties in order to replace some pesticides.

"We will always need research because conditions keep changing," Stakman says. He gives the energy problem as an example of where research might have an important role. Energy shortages would affect the supplies of fertilizer and fuel and could drastically alter the shape of American agriculture.

Stakman defends the Green Revolution by saying that new varieties have not demanded greater use of fertilizers and pesticides. The new crop varieties can use fertilizer more profitably so more is being applied. But he says the main reasons for selecting the new varieties were high yields, rust resistance, stiff short straw for machine harvest, and good agronomic quality.

Meat will continue to have a role in our diet because certain soils and terrains make animals more efficient harvesters than machines, says Stakman. However, people could change to vegetable diets and live perfectly well, he pointed out.

"Will it work or won't it is the best plan for teaching," Stakman thinks. He believes educators must use their common sense and realize there is a limit to teaching methods. He also says teachers must know a lot more than they have to teach and that they should treat their students like they want to learn. Stakman thinks teachers are often too afraid to get away from textbooks and that practical experience is the best teacher.

"It was so darn interesting I wanted to keep on doing it," Stakman says in reference to his studies in plant pathology and education in general. He also says he was influenced by many of his teachers and he considers himself lucky because of their quality. Stakman believes teachers and students must have mutual respect to get the best results.

Over 90 and still maintaining a working office in a building that bears his name, Stakman hopes that through education, man can adequately provide for himself and stop war and contention.

Editor's Note: Mr. Stakman lives in the Park at 1411 Hythe Street. The author, Steven Weerts, is an agricultural journalism student on the St. Paul Campus.



Ivan Zapien, 6, and Michelle Lohman, 3, are enthusiastic about the plans for the Children's Home Society's summer program for their day care center. Photo by Mary Walker Sjowall.

The day care program's Family Life Education Project at the Afton View center which offers child development information and parenting techniques, served nearly 100 parents and over 125 children during 1975.

Last year the day care program received a state grant to establish satellite family day care programs for infants and children up to age 2½ who are too young for CHSM's regular day care services. Four satellite child care homes are now operating and are serving 14 children and their families.

Most day care income in 1975 came from tuition paid by parents and tuition reimbursement for qualifying parents under the Federal Title 4A and Title XX sliding fee programs. Additionally, the day care program received over \$3,000 in state grants for the Rochester center and a \$1,800 grant for starting the new family satellite day care service. The day care program also received \$33,800 in food assistance from USDA and donated commodities valued at \$12,000. Additional income came from therapeutic programming contracts with the public schools and foundation grants. 95% of the cost of all day care services in 1975 was covered by either client fees or fees and grants from government agencies.

For the coming year, the day care program looks forward to instituting the Early Periodic Screening Clinics in more of the centers. Expansion of satellite family day care service is also underway. In 1976, the Society's Child Development Centers hope to serve even more pre-school children and their families through its comprehensive educational services.

Women Artists Show

The Muse Feminist Artist Community, formerly the Woman's Art Core Program at the College of St. Catherine is a newly founded on-going community offering a traveling show displaying the members' artwork, and workshops and lectures on women in art, past and present. The show opened Friday, May 14, 7:00 p.m. at the Visual Arts Building of the College of St. Catherine, 2004 Randolph Avenue, St. Paul.

Any group interested in providing space for our show or workshops please write to: Janice Helleloid, 1661 Juno Avenue, St. Paul, Minnesota 55105, or call evenings and weekends 698-1279 or 825-3134.

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Summer Planned for Kids

Parents, are you beginning to wonder what you are going to do with your children this summer?

Children's Home Society Day Care Centers has an exciting summer planned for children. East St. Paul, Cedar-Riverside, and Roseville are the three Twin City locations for four day care centers with a fifth center in Rochester. Every year, since March 1972, Children's Home Society has served 800 children in these five locations.

The professional staff of each center has many fun activities planned with: field trips once or twice a week, special themes every week with outside resource people contributing their talents, weekend camping trips for the whole family, swimming, gymnastics, special clubs, art, music, puppetry, adventures in nature, picnics, carnival, and a keep-in-touch program.

Highlights of some of our field trips will include visits to: Fort Snelling, University Peppermint Tent, Dodge Nature Center, Children's Hospital, and the IDS Center.

Special visits to the center will be made by: Como Zoo Animals, Children's Theater, Mime Company, Professional Clowns and Puppetry Company.

Parents may register their children for the summer from one day to five days a week, with half days available. Centers are open from 6:30 a.m. to 6:00 p.m. daily, hours flexible.

Call Patricia Gurska at 646-6393, and she will enroll your child at one of the four centers.

The Children's Home Society Day Care Centers are more than care-giving facilities. A strong early education curriculum and trained early education teachers provide a highly developmental program for the children enrolled. Last year the Centers served 24 children through therapeutic programming for physical handicaps and learning disabilities who were referred from public and private agencies. Twelve other children were enrolled in the centers during 1975 having been referred for socialization experiences, treatment and parenting education.

CHSM's Child Development Centers provided health screening and referral through the agency's public health nurse and with the cooperation of local health agencies. A new Early Periodic Screening Clinic was started at the Afton View center in St. Paul and plans are underway for setting up similar clinics at the two Roseville day care centers in the spring of the year.

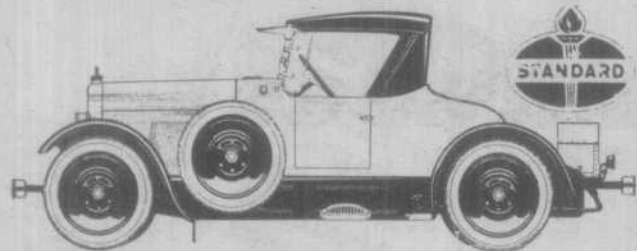
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Your Yard-n-Garden

Q. My lawn this spring seems to be full of bumpy spots. What causes them? Is there anything I can do to remedy the situation?

A. Bumpy spots in the lawn are the castings of earthworms or night crawlers. They often occur where organic matter is high. They can be beneficial, but if abundant you may rake them down; they will spread out better if they are wet before raking. If they are so abundant that you wish to get rid of them, water the lawn and apply 2 to 3 pounds of 5% chlordane per 1000 sq. ft. of lawn. Chlordane probably will not be recommended in the future, but may be used this year from supplies which nurserymen and hardware stores have on hand.

Dr. Lawrence K. Cutkomp,
Dept. of Entomology,
Fisheries & Wildlife

Q. Ants always seem to be a problem at our house in summer. How can I control them?

A. Ants are most readily controlled if you can find their nesting areas which may be treated with chlordane or Diazinon. To prevent ants from coming into the house, treat thoroughly around the outside walls and foundation of the house. Household sprays need to be applied along baseboards, under sinks and in cupboards, avoiding any possible contamination of dishes and food. Liquid spray material may be applied with a paint brush. Aerosol bombs which apply a coarse spray are also useful. They are available through hardware stores and

some drug stores. Approved sprays should be labelled for crawling insects in the house and may contain either Diazinon, Malathion or ronnel. In some cases the bomb may also contain pyrethrum materials or dischlorvos (Vapona) which give quick kill when ants contact the material. The other materials should kill ants several days later. A more complete discussion can be found in a Fact Sheet Entomology No. 19 of the Agricultural Extension Service, University of Minnesota. If large black ants are a problem they might be Carpenter Ants which are described in Entomology Fact Sheet No. 30, also available from Bulletin Room, University of Minnesota, St. Paul, 55108.

Laurence K. Cutkomp

Q. How late can one plant rose bushes successfully? Should they be pruned at planting time?

A. Roses that are caned or potted can be planted in the garden at anytime as they are actively growing and do not need pruning.

"Dormant" roses packed in moss or bark should be inspected with care. If bud break and shoot elongation has taken place, plant with care and do not break off. If shoots are much over lunch, do not buy. If any cane die-back is seen, prune out. Do not expect much success with packaged roses after June 15th.

Dr. Harold Wilkins,
Dept. of Horticultural Science

Q. Will it harm spring-blooming bulbs to cut the tops down when they are through blooming to make room for other flowers?

A. Yes! These leaves are necessary to make food for next year's flowers. Allow these leaves to turn yellow!

Harold Wilkins

Q. How early is it safe to set out tomato plants? Since this is an earlier spring than usual, is it safe to set them out around the 19th or 20th of May?

A. It probably would be safe in

the St. Anthony Park area, though you might be taking about a 20 per cent chance. Listen to the long-range weather forecasts and you'll have a pretty good guide as to what to do. Normally, the advice is to wait till about Memorial Day to set out tomato plants.

Dr. David Davis
Dept. of Horticultural Science

Q. Chrysanthemums didn't winter over very well this year. So why are they called hardy 'mums?

A. The proper name to use is garden chrysanthemums. They are considered hardy or resistant to outdoor growing conditions in general, but not necessarily to tough winters! This winter the protective snow cover as absent at times and there were periods when the soil was very wet: thus, poor plant survival. If we lose some varieties every few years, we have an opportunity to try new and better ones.

Dr. Richard E. Widmer
Dept. of Horticultural Science

Q. What are some of the University-developed garden chrysanthemum varieties available locally that you would recommend for planting?

A. The Dept. of Horticultural Science and Landscape Architecture has a mimeographed list of some sources, available for the asking. Among some of the recently introduced varieties are: *Minnglow*, a vigorous cushion type that produces lemon-yellow blooms with darker yellow centers in mid-September; *Minnyellow*, lemon-yellow flowers on cushion-type plants that begin blooming about Sept. 20; *Minnruby*, dark red double blooms flowering in mid-September; *Lindy*, lavender-pink, 4½-5 inch quilled flowers blooming in early September; and *Wendy Ann*, fawn yellow 4 to 4½-inch semi-spoon double blossoms flowering in late August or the first half of September. These are only a few of the University-developed 'mums adapted especially to this climate. The *Minn* prefix of the name indicates a cushion habit of growth introduced by the University of Minnesota.

Richard E. Widmer

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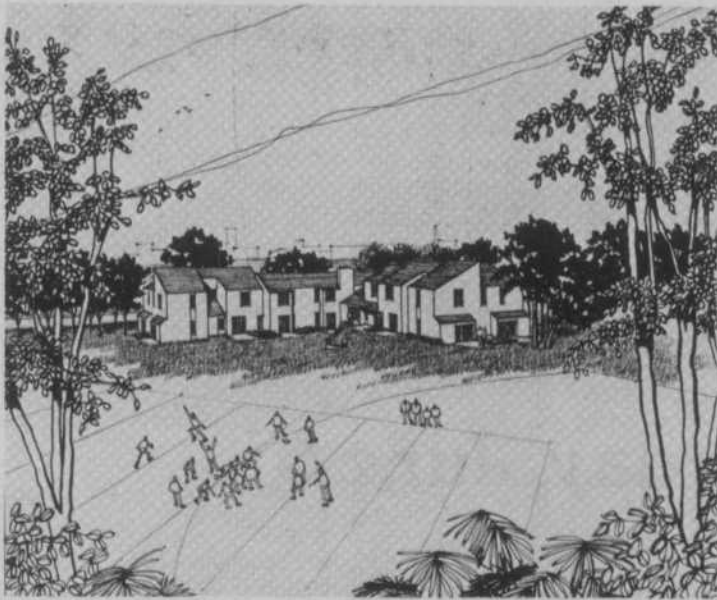
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The architect's drawing of the new A.L.C. missionary apartments to be built at Como and Eustis Avenues.

New Housing Being Built for Missionaries on Home Leave in Park

Since the turn of the century, the women of the Women's Missionary Federation have been very supportive of the missionary process. They have helped in locating and caring for the homes that house the missionaries. The houses in St. Anthony Park will be replaced by a new type of facility. On the corner land at Como and Eustis Avenue, a home-leave apartment is under construction. The complex will inherit some of the furnishings from

the former houses, including some identifying brass plaques that were a part of these residences. The house at 1555 Fulham will be used as a dormitory for women seminary students. The Fulham house was donated by the Lutheran Daughters of the Reformation. Women of the church interested in assisting with the new complex furnishings, contact Division for World Mission, 422 South Fifth Street, Minneapolis 55415.

Take a Book Break

You may have good reading for all seasons brought to your home by a volunteer every three weeks, the St. Paul Public (central) library and its ten branches provide this service.

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Call 644-5828 for a Home-bound library card; call 644-5828 if you wish to be a volunteer.

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The Third Annual St. Anthony Park Festival

Friday, June 4 & Saturday, June 5



Friday Events

MAP NO.	TIME	EVENT
3	6:45-7:15	Drum & Bugle Corps
3	7:15-7:45	St. Anthony Park Gymnastics Club
3	7:45-8:15	Songs of the 1890's, Jackie Burlingame & Shirley Kartarik
3	8:15-8:30	Drawing for Prizes
3	8:30-11:00	Igor Razskazoff & Band

Saturday- Continuous Events

MAP NO.	EVENT
9	Quilting Demonstration at Country Peddler
12	Weaving Demonstration at Threadbenders
5	Baklava & Espresso Stand run by Kiki & Warren Gore
to be announced	Hamburger Stand run by Gymnastics Club
2	Candy Floss Stand run by Young Life
to be announced	Refreshment Stand run by Drum & Bugle Corps
13	Joan Autrey, folksinger
7	Bridgeman's Ice Cream Truck

Saturday Events

MAP NO.	TIME	EVENT
13	9-4 p.m.	Art Fair
16	9-4 p.m.	Book Sale
1	11-1 p.m.	Como Zoo Exhibit
to be announced	10:30 a.m.	Flamenco Dancer
12	11 a.m.	Roundhouse Rodney
14	11:45-12	Jean Partridge, folksinger
15	Noon	Swedish Dancers
3	1 p.m.	Swedish Dancers
18	1:30 p.m.	Shirley Starr & Her Puppets at the Lutheran Church Narthex
3	2 p.m.	Czechoslovakian Dancers
18	2:30 p.m.	Poetry reading with Keith Gunderson, Phebe Hanson, Wendy Knox & Stanley Kiesel. Sponsored by Micawbers.
3	3 p.m.	Czechoslovakian Dancers
13	4 p.m.	Drawing for prizes
8	11-2 p.m.	Participatory soft sculpture with Compas artists
14	11-2 p.m.	Tony the Trader from the Minnesota Science Museum



Como-Raymond
Standard



Festival Features Biggest, Best Arts Fair & Book Sale

The seventh annual Arts and Crafts Fair will be held on Saturday, June 5, between 9 a.m. and 4 p.m. at the St. Anthony Park Branch Library, Como at Carter Avenues.

More than 70 artists and craftspeople will be exhibiting and selling paintings, wood carvings, pottery, stained glass, weaving, jewelry, wooden puzzles and toys, sand paintings, hand-crafted dulcimers, batiks, sculpture — everything interesting and all articles made by the person displaying them.

The uniqueness of the St. Anthony Park Art Fair — one of the oldest and largest in St. Paul — is based on its policy of bringing excellent professionals in many fields together with artists who are just beginning to participate in Arts Fairs. The final registration date for exhibitors is May 26.

Information and registration forms are available at the branch library.

All exhibitors donate 10 percent of their total sales to the Branch Library Association, which uses this money for branch library needs. Library association funds have air-conditioned the auditorium and the entire upstairs of the Carnegie Library for summer comfort. The money from the 1975 and the 1976 Art Fairs will be used to remodel and redecorate the auditorium, which is used almost daily throughout the year for community activities.

The Association Presidents this year are Mrs. Nels Nelson and Mrs. Sally Stoppel. Chairwomen of the Art Fair are Mrs. LeRoy Quale and Mrs. Jack Johnson.

Mrs. Magel Hedback, head li-

brarian of the St. Anthony Park Branch Library, will be in charge of the Book Sale which will occur on the same day. Over 5,000 withdrawn library books will be for sale on the lawn behind the library. Librarians from three branch libraries will be present to assist you. Come to browse and buy.

Bigger, better, more fun than ever! The exhibitors come prepared to spend the day talking with people who appreciate their work and want to know more about it. Stroll among the exhibits on the lawn and in the auditorium and enjoy Joan Autrey's folk songs and the many demonstrations — wood carving, quilling, Ukrainian egg decorating, stained glass art, weaving, and many others.

Circle June 5 in red on you calendar and plan to come to the Art Fair at the Library.



Americana Festival: Ag Campus Potpourri

Less than a week away, Americana Festival continues to grow.

A St. Paul campus art show will be held May 23-28 in conjunction with the Americana Festival. Featuring the work of students, faculty, staff and alumni on the St. Paul campus the show will be judged by A. Russell Barton, coordinator of the Minnesota Town and Country Art Show, now called the Minnesota Art Exhibition, from 1952-1970; Suzanne Kohn of the Suzanne Kohn Gallery in St. Paul; and James Conaway, art instructor at Anoka-Ramsey Community College and Hamline University.

The public is invited to attend the opening reception on Sunday, May 23, from 5:30-7:00 p.m. at the Student Center. The exhibits will be featured in all Student Center art galleries from noon to 10:00 p.m. Sunday and from 8:00 a.m. to 10:00 p.m. Monday through Friday.

Governor Wendell Anderson has donated a sweatshirt printed "THE GOV" and University of Minnesota President C. Peter Magrath and others have

contributed in an old-time country auction which will be featured on Sunday, May 23 at 3:30 p.m. The event will be held on the Coffey Hall Mall of the St. Paul Campus. Items are still being accepted. Call 373-1051.

As part of the student celebration, thesians on the U of M St. Paul Campus are putting together a program called American Voices to be presented free of charge Monday, May 24 at 7:30 p.m. in the North Star Ballroom.

American Voices — a program of readings from American literature — celebrates the bicentennial, not by reliving the wars and politics, but by recalling the moments of emotion experienced by the people.

Poet's Party is scheduled for 6:00 p.m. Thursday, May 27 on the St. Paul Campus of the University of Minnesota in the Cherrywood Room of the Student Center.

Poet's Party, a vegetarian-style dinner and poetry reading, is part of the week-long Americana Festival, a bicentennial celebration planned by students at the University of Minnesota, St. Paul Campus.

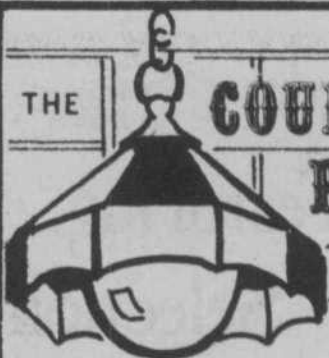
Menu will include vegetarian lasagna, French bread, sherbet, iced peppermint tea, and coffee. The featured poets will be Roy McBride, Beryl Williams, Mary Pat Flandrick and Michael Kincaid. They will dedicate their program to the memory of Frank Brainerd who was a well-known and much-loved poet of the Twin Cities area.

Tickets can be obtained by sending \$2.75 and a self-addressed envelope to: Student Activities, Room 2, Student Center, University of Minnesota, St. Paul, MN 55108.

Other events during the week include free band concerts by the University of Minnesota Jazz ensembles and the concert band ensemble. There will also be a free jazz concert by Preservation Hall Jazz Band on Friday, May 28 at 8 p.m. in Northrop Auditorium.

Arts and crafts exhibits and demonstrations, tours of the campus (farm animals for the kids) and a host of other activities will occur during the week. Everyone is cordially invited to attend. Call 373-1790 for more information and a complete schedule.

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Musings...



Spring

Spring
Is willingness to grow
Or allowing others
It is Candide's garden
Or your daughter
Dropping potato seed in dark holes
Scuffing them with her toes.

Marj Sucoff
from *In Our Image*, Hale & Son, 1973

Poetry Class Offered for Senior Citizens

A summer class in writing poetry is being offered for St. Anthony Park senior citizens. The class, which begins June 3, will be taught by poet Kate Green.



Poet Kate Green.

Green may be familiar to Park residents through her week-long visit to Murray High School in February. The poet, who now lives in Minneapolis grew up in St. Paul. She is a Phi Beta Kappa from the University of Minnesota, and received the Academy of American Poets Award in 1971. She has worked for the past year in the Minnesota Poets in the Schools program.

Green says that the class will be informal, and that people who have never written are welcome. The class will read some contemporary poetry, and may attend local readings, but will focus on the actual writing.

The free class is part of the Seniors and the Arts project of COMPAS (Community Programs in the Arts and Sciences), which sponsors art classes all over the county. It will be held at the St. Anthony Park Library on Thursdays through August 26, from 1 to 3 p.m. Register by calling the COMPAS office, 227-8241, Ext. 167.

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House Proud

by R. E. Diedrich
Architect and Engineer



Is the picture window a frame for the outside world, or the life within? Most suburban streets would suggest the latter, but we are really unsure of how or why we use glass. Can windows be an energy waster, a maintenance headache, a security problem, and at the same time be a source of heat, a surface cleaned by rain, and a surface that is a safety device? Even our preoccupation with views ignores the more vital daylighting potential.

Older homes were generally built with an uncommitted pattern of similar sized units, owing more to what was commercially available than to attempt to enliven space. Often a single change can substantially modify the balance of natural light. The greatest effect can be achieved along the winter sun path; southeast, south, and southwest; control of heat is also easier here. Other exposures should not be dismissed, general day illumination can outperform artificial lighting. A skylight could be the way to make under-used space more livable. Clerestory or other high windows may be the solution to a glare or privacy problem; translucent material could be considered. If the demand for openings is in conflict with the need for a single building envelope, it shouldn't seem strange to remove some of the less useful glass. Not every room needs a window (please direct your calls to 646-1173). Minor occupancies like bathrooms, can borrow light and air from adjoining space. When the need for internal illumination is met, it makes sense to locate vistas and take maximum advantage of them. The conventional expansive view could well be complimented by unexpected intimates ones; objectionable scenes can be blocked.

When someone asks how to maintain such an installation, I hope they aren't looking for me; having sufficient experience cleaning windows, I get tremors above the third rung of the ladder. Combination storm/screens can help keep us off the high places, but openings of unusual size can be expensive. Glass that is primarily used for lighting doesn't

have to be cleaned, the rain does an adequate job. How's that for rationalization? View windows belong where they can be easily reached. Where is the magic gazing material that solves all the problems?

Do windows behave optically the way we expect them to? How many people are more likely to dress before a draped window at night than when they can see what is outside it?

More Felines

The cat is back! During the month of May, wild animals will again visit the Saint Paul Public Library at branch locations. Another big cat from Cougars Unlimited will be featured in a free, educational program on endangered animal species. For information on program dates and times, call your neighborhood library. Children and adults are invited.

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Senior Citizen Hi-rise now accepting applications

Applications are being taken for the newly constructed senior citizen hi-rise at 825 Seal Street. Located on Raymond Avenue, one block north of University Avenue, the hi-rise has 143 one bedroom apartments, including 15 apartments specially designed for the handicapped. Dwelling units will be available beginning June 1, 1976.

Each apartment comes completed with range, refrigerator and drapes. Rent is based on 25 percent of income and includes all utilities.

To be eligible, a person must be at least 62 years of age or handicapped or permanently disabled; have assets of less than \$10,500, exclusive of personal and household effects, and meet certain other requirements.

Annual income limits, after allowances for exemptions and deductions, are as follows:

Individuals	\$4,200
Two person families	\$5,200

Apply in person at:

Housing and Redevelopment Authority Rental Office
261 East University Avenue, Saint Paul, 298-5158

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Cleveland, 645-4561.

Foreign Exchange Students Looking for St. Paul Homes

Youth for Understanding, the nation's largest student exchange program, announced today that teenagers from 23 countries will be arriving in Minnesota during August to live with host families and attend high school.

"We are anxious to have these students live with St. Paul families," says Philip Yasinski, Executive Director, "because this community has so much to offer these special foreign visitors."

This summer over 2500 other students from Latin America, Europe, Africa and Asia will arrive in the United States to

spend a year living with American families across the country. This exchange of students has been taking place annually for twenty-five years since Youth for Understanding was founded in Ann Arbor, Michigan in 1951.

"Youth for Understanding exchange students may enter our country as strangers," states Mr. Yasinski, "but they leave, each and every one of them, as members of their American families."

Exchange students are not guests in an American home, but rather become real members of the family. They take on the same duties and privi-

leges as the other children in the household. American host families are expected to provide food and housing, while students pay for their other personal expenses.

For details on becoming a host family to one of the 8 students who will arrive in St. Paul and suburbs this summer, contact Mrs. Katherine Merriam at 644-8875 today. You could be host to a student from Chile, Sweden, France, Greece or any of dozens of other countries around the world. Contact Youth for Understanding today. Our foreign visitors are eager to meet their American families from St. Paul.

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Murray Alumni Picnic

A reunion picnic for all who attended Murray High School during the '40's will be held on Sunday, July 11, at Langford Park from 2 to 5 p.m. The picnic will be sponsored by the class of 1946. Reservations are not necessary. Former Murrayites are asked to bring their families and their own food.

Three classes who will reunions on that weekend. The class of '46 will hold its 30-year reunion on Saturday, July 10, at the University Club on Summit Avenue. The classes of '43 and '44 are also having a joint reunion on Saturday, July 10, at the Midland Hills Country Club. For further information, call Monte and Betty Kronstedt, 633-3497.

With the help of Bugle readers, many of the missing classmates of 1946 have been located. Still missing are: Margaret (Peggy) Anderson Barbour, Bonita Baer, Rodney Berg, Marjorie Colberg, Donna Daniels Lowe, Richard Howard, Inez Kelly Herland, James Thomas Kelly, Carole Kimker Harrison, Richard Lewis, Walter Mulcahy, Lois Nygren Koalska, Richard Putnam, Peggy Ramsey Kissell, Donald St. Clair, Beverly Thompson Greenlee, Delphine Wickman Amlee, Joan Wilkes Bush, Quintus Wilson, Beverly Zierke Walton. If the whereabouts of any of these are known, please call Dorothy Hayden McCarthy, 631-1344, or Bill and Ann Bulger, 645-2329.

Old Houses Theme of Art Exhibition

A show of water colors, pen and ink drawings, and acrylics by Barbara Gogins Novak will open June 5 at Artisans' World, 2274 Como Ave., in conjunction with the St. Anthony Park Festival. All recent works, the paintings and drawings have as their theme old houses located in St. Paul, Minneapolis, Stillwater, and Duluth.

Ms. Novak began painting and drawing in Salt Lake City, where she was active in art circles for many years and where she first became fascinated with the old house theme. She later resided in Moorhead, Minnesota, where she has had four one-man shows at Rourke Gallery.

During the summer of 1969 she lived in Mexico and executed a number of drawings of village scenes and Mexican architecture. Now a resident of Minneapolis, Ms. Novak is employed in the design department of Padco, Inc.

Presently works by Ms. Novak are shown at the Friends' Gallery in the Minneapolis Institute of Art and at Rourke Gallery in Moorhead, in addition to Artisans' World.

The public is invited to meet Ms. Novak and discuss her work during the opening of this special exhibit at Artisans' World on June 5. The show will remain on view throughout the month of June.



Michael Fraser, University of Minnesota student from New Zealand, demonstrates sheep shearing as part of the Festival of Nations held at the St. Paul Civic Center. Michael represented the local "Down Under" club, composed of people from Australia and New Zealand. Photo by Mary Walker Sjowall.

Centennial Birthdays Celebrated

Pauline Schelbelski and Anna Burth, residents of Commonwealth Nursing Home, were honored at a celebration on their 100th birthdays on Sunday, April 11.

Councilman Victor J. Tedesco entertained them and led a group of some 80 people singing happy birthday to Pauline and Anna. Tedesco presented each of the ladies a letter of congratulations from Mayor Cohen and in addition gave them a marble paperweight as his personal memento to them.

Bicycles Ho!

The St. Paul Parks and Recreation Department will again designate scenic parkways for use by bicyclists this summer.

This year, however, these roads will not be blocked off to motorized traffic, so both bikers and drivers are urged to use caution on bike-in days.

Each bike-in will be held on a Sunday and will run from 1:30-6:00 p.m. The routes reverse themselves, and bikers may join in anywhere along the course.

Scheduled bike-ins: May 30, from Pelham Boulevard and West River Boulevard to Minneapolis city limits, in conjunction with Minneapolis bike-in; June 13, from Johnson Parkway and East 7th St. to Burns Ave. and west to Mounds Park; June 27, East Mississippi Boulevard from Summit Ave. to West 7th St.; July 11, Wheelock Parkway from Arcade St. to Como Park and a free concert at Como Pavilion; July 18, Johnson Parkway from East 7th St. to Burns Ave. and west to Mounds Park; July 25, East Mississippi Boulevard from Summit Ave. to West 7th St.; August 8, Wheelock Parkway from Arcade St. to Como Park and a free concert at Como Pavilion; August 22, Johnson Parkway from East 7th St. to Burns Ave. and west to Mounds Park; September 12, Pelham Boulevard and West River Boulevard to Minneapolis city limits in conjunction with Minneapolis bike-in; September 26, Edgumbe Road from Jefferson to Fairview.

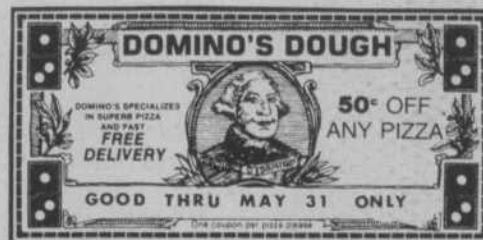
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Cookbook Exposes "Good Old Days"

By Sheila Widmer

The good old days. Were they really so good for the Minnesota frontier family?

Marjorie Kreidberg, author of *Food on the Frontier, Minnesota Cooking from 1850 to 1900*, thinks sometimes they were anything but good. The pioneer suffered from lack of food (caused by grasshoppers in 1856, '57, '64, '65, '73 and '77), floods, droughts, spoiled food and botulism to name a few.

In researching and writing her book, which took 10 years, Ms. Kreidberg discovered many old cookbooks and diaries of pioneer housewives in the nine-

teenth century. From reading these diaries and accounts of their lives, she has come to know these people and can relate to their problems.

She believes the character of the frontier people shaped our life styles. "Because they were willing to endure hardships and improve things, we can live the way we do now," she said in a recent interview. The tone of her voice and her willingness to talk about them shows respect for our forefathers.

The life of a pioneer was a hard one. Summers were devoted to replenishing the food supply for the winter. Gardens took up a lot of time, Kreidberg said, and everyone had one, re-

gardless of where you lived, because they were necessary as a food supply.

Grasshoppers were a constant threat to people then. The author recounted the story of a Nicollet County housewife who picked tomatoes from her garden in the morning, and in the early afternoon the sky darkened and soon her garden and the field crops were demolished.

After such an attack, the pioneers had to resort to killing any wild game they could find and using up their winter supplies, just to survive. Needless to say, by the end of winter, these families were indeed "scraping the bottom of the barrel" for food.

Because food was scarce, people ate it even if it was spoiling. "Botulism and indigestion were prevalent, because people ate food on the brink of spoilage," Kreidberg said. Pepper was used in great quantities back then, to disguise the taste of the food and to hide the fact that it was spoiling. Some people also believed pepper would keep animals such as rodents away from the food stored in the cellar.

Commercially canned food gained acceptance, and in 1877, the Stillwater Gazette editor wrote, "If they keep on canning new things for the table, pretty soon a man will not need to get married at all. He can rent a room, buy a can opener, can live on the fat of the land, with a dog to lick off the plates."

Housewives canned food in a variety of containers. Some put up food in stone or earthenware crocks, some in tin cans, glass jars or tumblers. If the container had no cover, a layer of fat would be placed on the top, and then it was stored in the cellar. Some meat and fish were canned this way. It is no wonder incidence of botulism was so high, Kreidberg said.

Bread was the yardstick of a housewife's domestic accomplishments, Kreidberg said in her book. Many women made their own yeast, or made salt-rising bread, which used the yeast from the air. Salt-rising bread was difficult to perfect, as Ms. Kreidberg well knows. She said she has tried seven times to make salt-rising bread, but has never succeeded yet. Those women who could successfully make it were very smug about their accomplishments, she said.

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Garrison Keillor appeared at the University of Minnesota St. Paul Student Center for a live taping of his show "Prairie Home Companion" on April 30. See the June issue of the Park Bugle for a personal interview with Mr. Keillor.



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RUMMAGE SALE: Saturday, May 22nd, 10-4 p.m. in basement of St. Anthony Park Library. Household, clothing, furniture, SAP Gymnastics Club Benefit.

FOR SALE: Dinette includes table, 2 leaves, 4 chairs. 12,000 BTU air conditioner. 644-6090 after 5 p.m.

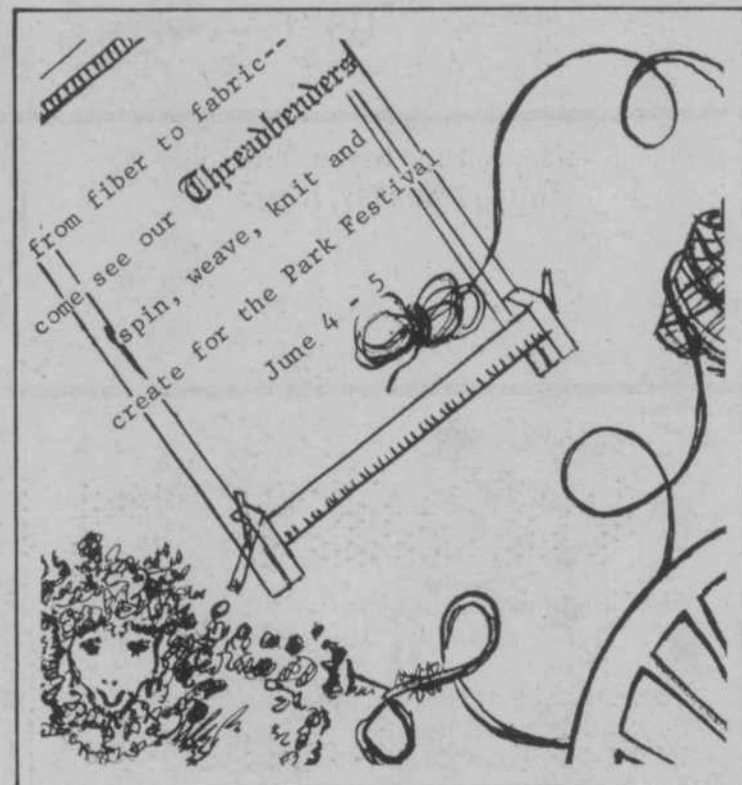
ANTIQUE SALE: Refinished Victorian furniture. Also 1890's miscellany. May 21-22 — 8 a.m.-4 p.m., 1587 Burton, University Grove.

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