Italian Cuisine Authentic at the Lido Cafe

Story and photo by Steve Rouch

Good ethnic eateries are truly a rarity in the Twin Cities. Sure there are those with ethnic names, but few exist like the Lido Cafe on Snelling andarpenteur with real roots to the old country from which it originated.

Since the advent of chain restaurants and fast food dives, authentic recipes created by generations of hard-working immigrants have become something of a nostalgic ideal. Lido Cafe happens to be one happy oasis of authentic Italian cuisine here in our own neighborhood.

Lido Cafe is a family operation that started 19 years ago when its founder, Nick Labalestra, took a chance and broke away from the downtown area to pioneer a then sparsely populated Falcon Heights.

Labalestra was no stranger to the art of Italian cooking or to the restaurant business. He was the original force behind the now famous Venice Cafe, and the Cafe Di Napoli in downtown Minneapolis. As a native of Italy, he brought with him the culinary experience that was to later make him famous for his original recipes, especially his pastries. The "mile-high banana creme pie" was his trade mark in the early days.

Gradually Nick's wife Francis and their two sons, Michael and John, and a nephew, Eugene, began to build up a business in Lido Cafe. "At first the kids (Michael and John) and myself worked in the kitchen washing dishes and doing what we could, explained Eugene. "As time went on, we learned the business and took our various positions of responsibility as the business expanded," he continued.

Eugene Gasparro is now food production manager at the Lido, while his cousin Michael Labalestra is the dining room manager and John Labalestra is the general manager. "After Nick passed away a few years ago," Eugene continued, "we strained to maintain the original recipes and atmosphere that makes Lido's the unique place that it is."

The original pastries and recipes are still the major fascination of this restaurant. A "Pub" recently opened in the basement of the Lido where a liquor license was obtained and now weekend evening entertainment is featured there.

The Lido has a long list of unique offerings on its menu, but there's always a problem with anonymity. "We can't be like the chain restaurants that spend millions on advertising to get the word out about the unique things that we offer," said Eugene. "We are a word of mouth restaurant that keeps its standards high and this is what really makes us successful."

The next Bugle will be published December 10. That's earlier than usual to give the advertisers better pre-Christmas exposure. Consequently, the deadline for the issue will be December 1. If you have special holiday information that you want publicized, please get that information to us as soon as possible. Call 646-6707 or mail items to 2250 Como Ave.

The planning committee for the next issue of the Bugle will meet November 24, at 4:30 p.m. in the Community Room of the St. Anthony Park Bank Drive-In/Walk Up Center (Como at Doswell). Please plan to attend.
Editor’s note: Emerson says, “There is a moment in the history of every nation, when, proceeding out of this brute youth, the perceptive powers reach their ripeness.” Let us celebrate our coming of age. *Something American* will be a regular feature during 1976.

The essence of the American character is vague yet specific, complex and also simple — a bundle of paradoxes. Steve Rouch, 31 Langford Parkway, wants to explore some of those paradoxes. As manager of the Washington Avenue Century Camera store, Steve said he has occasion to meet many fascinating people. He plans to submit small photo features throughout the year for *Something American*, and we invite other photographers and writers to do the same.

Story and photo by Steve Rouch

Len Millard is a ruddy-faced individualist much like those who once roamed the great plains of the West in great abundance and built a place called America.

He is young, strong and curious. Perhaps he represents a new look at an old dream of adventure and romance.

Len may sound like a mythical character, but he hails from the small town of Littlefort, Minnesota, 18 miles out of International Falls. He grew up in the north woods learning the ways of his father’s tree farm and the philosophies of one Ernest Oberholtzer, a Harvard grad and renegade from the year 1905.

Len grew tough and strong and smart enough to leave the woods and see the world via the Merchant Marine. In 1965, at the age of 18, Len began his apprenticeship of the sea ports, of liquor, ladies and life. Since that time he has been to every state in the Union and most of Europe as well. For the last nine years, he has been on the road and seen all the wood-stocks and Watergates that have turned this country and the world upside down. In his travels he has kept a journal and he has had everyone he’s met sign it. To date, he has 168 journals filled with over 20,000 names. And he sends everyone in those journals a Christmas card.

Len, now 27, currently works on the Alaska Pipeline. He works 12 hours a day, 7 days a week, and with his pay, he hopes to get a book that he has recently written published. For now he will work until his rambling spirit sends him back out on the open road.

Weaving Program Requirements

By Gloria Ritter

The Weavers Guild of Minnesota was singled out last spring by the Handweavers Guild of America to act as coordinators of the HGA’s new certification program. Upon completing certain requirements, a weaver may receive the HGA’s Certificate of Excellence in Handweaving.

Many craftsmen in the textile field feel a need for a standard of evaluation for their work. Presently, the only nationally recognized standards are those found in the degree requirements of colleges and universities. The HGA certificate is not meant to replace a degree, but rather to serve as an official statement confirming a weaver’s competence and versatility in weaving.

Basically, the weaver is required to exhibit knowledge of fibers, spinning, dyeing and weaving through written outlines and explanations, through samplers and woven pieces, and through photographs in notebook format. Besides providing information on fiber processing and weaving equipment, the applicant must answer questions on color theory and design principles.

The woven sampler must show representation of such as tapestry, brocade, lace, pile, loom controlled weaves, and multiple layer weaves. The weavings must be accompanied by the drafts for them.

Along with these requirements, the prospective certified weaver must make a major in-depth study in one area of the fiber arts and present written information and several major works in this area.

In the fall of 1976, the HGA judging panel will be guests of the Weavers Guild of Minnesota, the coordinating group who is taking applications and gathering the completed notebooks and samplers. Judges will award the certificates at that time.

The program is outlined in complete detail in the Summer 1975 issue of *Shuttle, Spindle and Dyepot* (volume 23), the quarterly publication of the HGA. Copies of the handbook are available for $2.50 from the Weavers Guild of Minnesota, 427 1/2 Cedar Ave., Minneapolis, 55454. The first application form must be received by the Weavers Guild by February 15, 1976.
King Olav Visits Park

Luncheons at Internat'l Institute

The International Institute of Minnesota, 1694 Como Avenue, recently announced the November and December nationality menus for its Wednesday Foreign Food Luncheons served each week between 11:30 and 1:00 p.m. A different menu of authentic and typical food of other countries is offered each Wednesday. Menus for the coming weeks are November 19, Dutch; December 3, Scottish; December 10, Scandinavian; December 17, Syrian.

Advance reservations are necessary. Reservations are closed when capacity is reached. Phone the Institute, 647-0191, by noon Tuesday preceding the luncheon. Cost per person only $2.75, dessert a la carte, the public is invited. Parking is free.

Group reservations are welcome. Requests for special tables or rooms for groups should be placed as early as possible because of space limitations. Wednesday Foreign Food Luncheons are part of the Intercultural Programs offered by the Institute to acquaint area residents with cultures of many countries.

Dressed in her folk costume, this little girl waited expectantly on the Luther Seminary campus to see King Olav V and perhaps to present her flowers. Was she disappointed, we wonder, in seeing a man in a business suit, rather than a king wearing robes and a crown?

On his visit to the Luther Theological Seminary Campus on Oct. 13, King Olav of Norway walked and talked with Dr. Lloyd Svendsby, president, after signing his name in the Bible in Muskogee Church, oldest Norwegian Lutheran church in America. He had visited the church as crown prince, accompanied by his wife. Crown Princess Martha, in 1939, and had donated the Bible at that time. On the campus King Olav also stopped to see the granite Celtic cross in front of Bockman Hall. Photos by Mary Sjowall.

3 The Bugle

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New Zoning Reflects Work of Planning Committee

By Joe Michels

On the tenth day of this month, a new zoning ordinance went into effect in the city of St. Paul. For the St. Anthony Park community, this represented the fruits of many years of effort.

For the Park, the planning process got its first impetus in 1964 when a community-wide meeting was called by numerous area organizations including the churches and the St. Anthony Park Association. At this meeting the importance of periodic self-examination on the part of communities was discussed. The purpose of this examination was the recognition of trends underway and the derivation of planning devices which would direct change in ways desired by the community and would inhibit undesired changes.

The final result of this meeting was the assignment in 1965 of the Planning Committee of the St. Anthony Park Association with the charge of developing a plan which would embody the community's aim: the work to be accomplished under the leadership of Fred Steinhauser.

Under his direction, and with the assistance of funds from the Hill Foundation obtained by Prof. Steinhauser, the Planning Committee embarked upon a survey of the Park in order to determine both the physical characteristics of the area and the feelings held by its residents about their community. This involved a block-by-block survey of North St. Anthony Park. 97 percent of the dwellings were checked by a crew of 150 association members and helpers.

The results showed a basically single-family residential community characterized by building stock of greatly varying ages, in fairly good condition, but with some areas of deterioration. The residents, though concerned about possible and actual encroachments related to heavy traffic on Cleveland Avenue and Highway 280, generally liked their community and hoped to preserve it as it existed.

With the survey information in hand, the planning committee set about constructing a plan for their community. At this point, it should be noted that their efforts were greatly assisted by the presence of the community of Mr. Norman Day. As an enthusiastic advocate of St. Anthony Park and a trained planner (he was at the time a member of the staff of the Metropolitan Council, or Metropolitan Planning Commission as it was then called), his judgement and expertise played a large part in the development of the plan arrived at in 1969. This plan was presented to the residents at a community-wide meeting held at the St. Anthony Park Elementary school. In general the plan was accepted with only minor modifications, and it was delivered to the City of St. Paul for incorporation in the new city-wide zoning plan which was in the process of development. After considerable discussion it was accepted by the city with fairly minimal modification. In particular, the main thesis of the plan, that St. Anthony Park should remain a family-oriented residential community, and that such devices as might be employed to permit higher than existing densities must assist in this objective was accepted as basic to the final adopted plan.

The matter of higher density involved the area around Langford Park and extending to Raymond Avenue. This area is now, for the most part, single family dwellings. However, it was zoned for apartment buildings. In place of apartment zoning, the new plan substitutes townhouses. Because these are multiple dwellings of limited height with each dwelling having its own yard, they appeared to be more compatible with the existing homes than other multi-family building types. The townhouse represented a new zoning made for the city and, in fact, in the terms being considered, was not very common at that time throughout the country. However, the concept was accepted by the city and incorporated into their plan.

The principal change from the Association Planning Committee's plan made by the city was the elimination of a duplex zone, and the incorporation of that zone into the single family zone which embraced the major part of the Park.

A study of both the original and the plan as modified by the city shows a general tendency to zone restrictively. The recall of discussions leading to the plan show intent here was not to foreclose future construction requiring less restrictive zoning, but to permit residents input at such time as specific proposals for construction requiring less restrictive zoning were made. Thus, should some group desire to introduce student housing beyond the strip along Cleveland Avenue designated for this purpose, their ability to act would be subject to approval of specific plans by those affected by the required zoning change.

Finally, after agreement with the City had been reached, the plan was presented again to the St. Anthony Park community at a forum at Murray High School. All members of the Park received a copy of the plan and an invitation to attend the meeting was issued. The meeting was well attended and the plan was quite well received. Certain street closings proposed in the traffic circulation plan were opposed, and these were eliminated.

An interesting sidelight involving the presentation of the plan to the community was the part it played in the movement to allow Mrs. Verna (Mrs. Ralph) Wayne to keep her home "dressed up.

In spite of large trees in the yard and resulting shade, she has an abundance of shade-tolerant flowers. This comes natural to her, as she grew up with flowers, her father having been a florist.

In recent years, in the fall one will find potted begonia and impatiens plants by the side-walk of the Wayne home, with the sign: "Sharing Autumn Cheer for Take One." Those who pass appreciate this gift. That also includes children who take a plant to their parents or teacher. Verna also takes plants to the homes of senior citizens and to the Commonwelath Nursing home. This year she potted and gave over 70 plants from her garden.

Editor's note — We agree that Verna Wayne's talents and generosity are admirable, and we thank the anonymous Bugleboy for writing.

To err is human...

Dear editor...

May I please call your attention to a mistake in the editor's note in the October Bugle. I was born at 2218 Robbins Street, June 2, 1889. I have lived at my present address (2199 Tainter) for 2 1/2 years. Previously, my address was 1063 Bartlett Court, where I lived for 60 years (1913-1973). Industry took over, and I had to move.

Emma Hughes
2199 Tainter Ave.

Dr. Frank H. Kaufer, who wrote an article about some of the less common trees in St. Anthony Park for last month's Bugle, wrote:

"...there is one error in the article which I am sure was my fault and is probably not critical. The paragraph headed "Kentucky coffee tree"... should read, "Dowsett, in the front yard of the second house on the left going south from Como Avenue, " not Carter.
SECAC Recommends Como High

Editor's note: William Glew, a St. Anthony Park resident, has served as one of three chairpersons for the Secondary Education Citizens' Advisory Committee (SECAC), a large city-wide committee asked to submit a report and make recommendations to the St. Paul Board of Education on the district-wide reorganization and desegregation of the secondary school system. The following article after SECAC's report was submitted and while a series of open forums were being held. The superintendent submitted his report to the board Nov. 18, after this article was written but one day prior to The Bugle's publication. The St. Paul School Board will make its final decision on Nov. 25 or Dec. 2.

By William Glew

The remodeling of Murray for use as a junior high school serving 800 students and the busing of St. Anthony Park senior high students to a renovated and expanded Como Park Senior High serving about 1,600 students might be expected if SECAC's final report is approved by the board of education.

The 90-page final report of the Secondary Education Citizens' Advisory Committee was received by the St. Paul Board of Education on Nov. 4.

SECAC did not attempt to draw attendance boundaries. At the urging of the committee, however, administrative staff did prepare boundary maps to show how SECAC's recommendations might be implemented. The most recent maps show Murray Junior High students coming from the elementary schools of Longfellow, St. Anthony Park, Tilden, Chelsea Heights, Como and Jackson. Murray would serve 778 students and have a minority percentage of 9.77%.

Como Park would be a senior high school drawing students roughly from the areas served by Murray Junior High and Washington Junior High to become a junior high school. Como would have a population of 1,649 with a minority of 9.2%. An earlier suggested senior high school boundary map showed St. Anthony Park senior high school students attending Central.

Throughout their deliberations, committee members endeavored to keep improvement of the quality of education as their ultimate objective. The committee observed that at present there is not equal educational opportunity available to each secondary school student. Some causes of this inequality appeared to be inadequate buildings, grossly overcrowded buildings and populations so small as to make it impractical to offer a diverse curriculum. The committee developed its recommendations. They recommended:

- District-wide consequences should be expected and existing attendance boundaries should be ignored.
- There should be six senior high schools, Como Park, Johnson, Harding, Humboldt, Highland and Central, and the population range should be between 1200 and 1800. The recommendation of the high school boundary would include Battle Creek, Cleveland, Hazel Park, Highland Park, Humboldt, Monroe Park, Monroe, Murray, Ramsey, Washington and Wilson and the population range would be between 500 and 1000.

Considering these matters together with a projected sharp decline in student population, the complicated and not fully understood relationships among the various communities and certain school buildings, particularly at the junior high level, and the cost of capital expenditure necessary to implement changes.

The committee hoped and expected that 11 junior high schools would be needed beyond 1981, but considering the enrollment decline, the committee was not able to make that recommendation. Instead, SECAC urged the board to seek additional facts and review the question annually.

While the committee did not discuss the future of Murray as a junior high school, it seems likely that if fewer than 11 junior high schools were found to be needed, then some thought would be given by the board to using Murray as a building to hold a non-traditional school and not as a regular junior or senior high school. The committee urged that the uncertainty about the number of buildings needed after 1981 should not require any students to attend an inferior building during the intervening years and all the junior high buildings should be immediately improved to provide equal facilities.

Boundary changes, the committee said, should be relied upon to promptly obtain student populations with a minority component of not more than 25% and the magnet concept should be used in a secondary way to further decrease the minority percentage and to provide additional educational opportunity to all students throughout the entire school district.

Two minority reports were also submitted to the board of education on Nov. 4. They urged reliance on the magnet school to an extent the committee as a whole judged unlikely to satisfy the need for desegregation. While everyone on the committee probably found the educational opportunities suggested by a magnet school very attractive, very few members agreed that magnet schools were a device which could be used to a major extent to promptly accomplish district-wide reorganization and desegregation of the secondary schools.

Before attempting to develop specific recommendations, SECAC agreed on 72 criteria by which any plan should be judged. One of these called for socio-economic as well as racial integration and has turned out to be very controversial, probably because the committee's requirement in this regard can be easily misunderstood or misrepresented. To show the educational benefit of socio-economic integration, the committee found several nationally-recognized studies which have not been contradicted and which seem to be confirmed by experience in the St. Paul schools.

It is common knowledge that persons in certain areas of the city have a level of income and a social background different from persons in certain other parts of the city. SECAC merely has said that when drawing an attendance boundary for a school, effort should be made to include significantly large groups from each of these narrowly defined areas of the city. More precise observations about the socio-economic background of students could be made using census and other available data if the board of education thought that would be useful.

A final and very important recommendation of SECAC was that the greatest possible opportunity be provided for community participation in operations about proposed changes in the secondary schools. In addition to the several open forums which included one for St. Anthony Park residents at Central on Nov. 5, there will be a brief presentation at the St. Anthony Park Association meeting on Nov. 25.

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Senior Center
By Don Harvey

The St. Anthony Park Leisure Center was formed in 1970 under the leadership of Charles Nelson, Pastor of the United Methodist Church.

A community organization, its purpose was to bring together the older citizens of the surrounding community. The pastors of the five churches of St. Anthony Park, with the help of two representatives of each church, worked out the by-laws and the program to be followed.

Since its beginning, the Center has had a social gathering each Wednesday of the year from 10 a.m. to 2 p.m. at the United Methodist Church (lunch served at noon).

A large group of people enjoys playing cards, and another group sews for welfare children. There’s also a craft program and a painting class.

One very important part of the Center involves ten or more young women coming each Wednesday. They voluntarily help prepare and serve an excellent meal under the supervision of Mrs. Anna Bloom. Volunteers set the tables, keep records, provide flowers and sell each person a $1 ticket for lunch. Volunteers also provide transportation.

The Leisure Center provides an opportunity for people both young and old, rich and poor, to meet on a common ground and with understanding. At the Leisure Center friends and neighbors meet and new friends are made. An average of 60 to 70 people attend the Leisure Center each Wednesday. Here people from all churches come together and many new and valued friendships are formed.

PARK PEOPLE
By Sharon Basnett

Dr. Ida Martinson is a pioneer, but her pioneering has nothing to do with covered wagons. She is a concerned member of the nursing profession and has recognized an important need.

From her life of nursing and concern for people, she grew to believe there was an alternative to seeing a loved one die in a hospital with the family having no control over his or her care.

Ida’s pioneering efforts really began with a personal situation within her family. Several years ago, her father-in-law developed cancer. His request was to leave the hospital and return to the cabin he loved. His entire family wanted to honor his request, but they were concerned about the quality of care they could provide for him. Along with the doctor’s supervision and three nurses in the family, he was taken “home” to the cabin.

The following two weeks were filled with special moments he could not have shared had he been hospitalized. He was once again part of the everyday family occurrences. His grandchildren picked wild flowers and brought them to him and sang him special songs. And most of all, his entire family was with him during those last five or ten minutes of life.

Ida recalled, “This difficult experience brought us closer together as a family. Since then I have wondered whether this was an experience unique to us because there were three nurses in the family. Do people really want their loved ones to die in the hospital? Is there a proper supportive system available to the patient and family at home; could dying and death become a more meaningful, perhaps healthful experience, even facilitating the grief process?”

In 1972 when the Martinsons moved to St. Anthony Park, Ida began to develop her idea of a specific need for a home care program, and she started with the help of her neighbor Dr. John Kersey, to work with families who had terminally ill children.

Their alliance came about one evening when Ida was telling Dr. Kersey, about her experiences and feelings during the time of her father-in-law’s death. Dr. Kersey, a pediatrician at Masonic Clinic, treats many children with cancer. He also became interested in the possibilities of a home care program for a dying child.

Within 24 hours of their visit he talked with the family of one of his patients. They were interested in this alternative to hospitalizing their young son. They immediately contacted Ida, and she began her first venture of this kind in nursing research. Since then, Ida and her volunteer staff of three have worked with eight more families.

Ida’s role is one of training families of dying children to administer the necessary care at home. She is also an important supporter of the parents in assuring them that the care they are giving their child is as good as, if not better than, he would receive in the hospital. Other children in some of the families have also been able to work out some of their fears and anxieties about death in talking to Ida.

The result is that by working together as a family, they have a productive feeling about death rather than a helpless one.

Ida usually becomes a special friend to the child who is ill by dispelling many of the fears he or she may have about the disease and by just listening as the child deals with questions and feelings about death.

Ida quickly points out that home care for a dying child or an adult is not always the best alternative to hospitalization. It is very much an individual family decision.

“The nursing profession is a helping profession — I think of each of us as a helper,” says Ida, director of nursing research at the University of Minnesota.

Certainly Ida Marie Martinson has been a vital helper to many families who have strengthened their lives by choosing to provide the care needed for their dying child at home. She is a bright hope to many more.
Cohen to Meet

St. Paul Mayor Lawrence Cohen announced that he will be moving his "Citizen Nights" to city neighborhoods.

Cohen, who initiated the twice-monthly sessions in 1972, will meet in St. Anthony Park citizens on December 16, at the library.

Editor’s note: Ida Marie Martinson, 2303 Dowell Avenue, grew up in a small northern Minnesota town. While attending the University of Minnesota School of Nursing, she met and married Paul, a student at Luther Theological Seminary. Shortly after their marriage they began work in the mission field of Hong Kong. After ten years, they returned to continue their education. They have two children, both born in Hong Kong: Anna Marie, 11, and Peter, 9.

The Martinsons enjoy antiques, particularly those from China, and they also collect seashells.

Ida presently has a joint appointment in Physiology and Nursing at the University of Minnesota and is the Director of Nursing Research.

Photo by Mary Sjowall.

ST. ANTHONY PARK ASSOCIATION
NOVEMBER PROGRAM PLANS

DATE: Tuesday, November 25, 1975

LOCATION: Lutheran Church, Como at Luther Place

PROGRAM: Schools night — the program will center on the future of Murray High School and where its students will attend school in the future. The entire Murray faculty will be the honored guests of the Association.

Specifically, the program will review the recently completed SECAC report along with a response from a member of the School Board.

TIME: 5:50 p.m., Dinner, followed by the program. Adjournment at 8:00 p.m.

DINNER PRICE: $2.50 per person — Reservations made but not honored will be billed for the cost of the meal. Last minute cancellations can be made by calling Bill Mantis at 644-1156.

RESERVATIONS: For dinner reservations call Mary Sue Zavos at 644-8464. Dinners are catered by Warren Jensen, a Park resident and neighbor.

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THREE VIEWS OF THE AMERICAN EXPERIENCE

By Jim Nelson

Thomas Hart Benton, Grandma Moses, and Frederick Remington had some things in common. All three American artists were born during the latter half of the nineteenth century and all three endured strong European influences on their singular styles and works of art whose subject matter was often the American experience at that time. And a book on each is available in paperback for the first time.

"I have come to something that is the image of America and the American people of my time"—Thomas Hart Benton. After a brief brush with Parisian Modernism, Benton returned to the United States and between our two world wars developed a style of painting which is detailed realism and which is filled with the strong spiritual spirit of lush landscape, clean open skies and middle American people portrayed at every day routine.

Probably the singularly most amazing fact about Anna Mary Robertson (Grandma Moses) is that she began her career as an artist at the age of about seventy. Raising a large family on a farm in upper New York state was just the beginning for her. After her husband's death she said, "I had to do something, so I took up painting pictures in wosked (wood) and then in oil." Discovered by a New York art dealer who saw her pictures in a local drug store, Grandma Moses rapidly became nationally and internationally famous as the representative of American primitifve style.

Scenes of farm life in all seasons with all the attendant festivities are portrayed in her paintings. Kallis book, first published in 1946, is offered here in a briefer version, but it still documents her life and career through her early wosked art to her first New York show in 1940, her famous interview with Edward R. Murrow in 1955 until her death in 1961.

If you say "West" to any oldtimer, you'll likely get back "Remington." Indeed, the two were synonymous and to many they still are. Frederick Remington was the most versatile of the three artists mentioned here. He began his career as a black and white illustrator for early magazines (Scribner's and Harpers) and later developed his painting technique and sculpture. His life is carefully documented in the Hassrick book which has an exceptionally good text and a fair number of Illustrations. What emerges is a style and hence a "West" which is essentially realistic to look at but which is strongly romantic and mysteriuos in mood.

Christmas Crafts

By Kathy Michaelson

Looking for some quick, inexpensive decorating ideas for the holidays? Hand knitted bells can be made in a variety of sizes by varying the size of the knitting needles and the weight of the yarn.

For small package decorations, use lightweight yarn and size 3 needles. Larger bells to hang on the tree or decorate wreaths, use size 7 or 8 needles and knitting worsted.

Try combining worsted and angora yarns or using metallic yarns alone or in combination with other yarns.

"Candy cane" decorations can be made on size 5 needles, using either 2- or 4-ply yarn. After knitting a six-inch pipe cleaner is sewn into the strip and then bent into the shape of a candy can.
Q. Is it best to cut down perennials before you mulch them for winter or leave them uncult so they will catch the snow?

A. Usually it's preferable to remove the tops, once they are killed by a hard frost, to reduce the chance of carrying over leaf diseases. Put the tops in the compost pile or the garbage. A few tree branches placed over leaf mulch will help retain the snow. If the tops are clean, however, they can be left on till spring to help retain snow in wind-swept locations.

Dr. Richard E. Widmer
Dept. of Horticultural Science

Q. Are there tiny flies on my begonia plant. How can I get rid of them?

A. The tiny flies are most likely fungus gnats. Their immature stages are small white worms or larvae which live in the soil. Unless they are quite abundant they do very little damage, but rootlets of small plants may suffer some damage with a heavy infestation. The adult flies are attractive to light, are non-biting and are very sensitive to insecticides. For a soil application, a 5 or 10% chlor dane dust is effective, or a chlordane emulsion concentrate (44 or 45%) used at the rate of 1/3 teaspoon per half gallon of water, using not more than 1/2 cup per 4-inch pot. This is called a drench treatment. If fungus gnats are seen only occasionally, soil treatment would not be needed. Get a free copy of Extension Bulletin 274, "Care of House Plants" from Bulletin Room, University of Minnesota, St. Paul, Mn. 55101 for information on other house plant problems.

Dr. Larry Cutkomp
Dept. of Entomology, Fisheries and Wildlife

Q. Once I've cleaned my garden, is there anything else to be done this fall?

A. That's up to each individual. Personally, I would consider plowing or spading the garden because it will then be easier to work in spring. Before plowing, though, get rid of the trash and residue, add it to your compost pile or otherwise dispose of it. Fall is also a good time to apply a general-purpose fertilizer. If you apply it before plowing or spading, the fertilizer will have a chance to work through the soil better.

Dr. David W. Davis
Dept. of Horticultural Science

Q. What's the best way to store squash in the home?

A. Whether you've raised your own or bought a lot this fall, keep the squash in the basement or other place where the temperature is 45 to 50 F. and not colder than 40 F. (In other words, the refrigerator is too cold for storing squash.) Humidity should not be too high. The 3-5 inch stems should be left on the mature squash in storage. Squash is mature when the rind is so tough that it's hard to put your fingernail through it.

Dr. David W. Davis

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The Bugle 10

Bits & Pieces

St. Anthony Park State Bank was featured on WCCO TV’s 10 p.m. news on Saturday, November 8.

An MPFRG survey taken last summer revealed that only two banks in the Twin Cities offered free checking accounts “with no strings attached.” St. Anthony Park Bank was one of them.

The fiber hangings on exhibit at the St. Anthony Park Bank during November were created by Dianne Swanson, a former resident of St. Anthony Park who has been weaving for four years.

A National Court of Honor was held October 27, 1975, by Lauderdale Troop 254 of the Boy Scouts of America. Expressing great personal delight at the accomplishments of his troop, Scoutmaster John Dreiberg presented the Award of Eagle Scout to John Arthur Nowak and to Robert John Taar.

Letters expressing sincere thanks for his three years of dedicated service to the youth of Lauderdale were presented to Mr. Dreiberg.

Assistant Scoutmasters Carl Frankel and Tony Williams and Lauderdale City employees, Mrs. LaVanche Peterson and Don Person, were also commended. Mr. Pete Snyder of Roseville was installed as the new Scoutmaster of Troop 254.

Figure skating lessons are being offered by boys and girls (6 years to teens) living in the Falcon Heights-Lauderdale area. Mrs. Daren Aamot will conduct classes on Saturdays, 11:30 a.m. to 12:30 p.m., through December 20 at Midway Arena. Cost is $12.50. The second session of eight weeks will begin after Christmas. For additional information call Falcon Heights City Hall (644-5050), Lauderdale City Hall (631-0300) or Mrs. Aamot (64-3669).

The Falcon Heights Human Rights Commission will meet November 19, at 7 p.m. at the Falcon Heights City Hall, 1644 Larpenteur Ave. West. Mrs. Jan Wiessner, senior citizen coordinator, Ramsey County, will address the group. Her topic will be “Our Senior Program and Services.” Mrs. Wiessner also serves as advisor to the North Suburban Senior Council. Mrs. Margaret Amberg is the representative to the Council from Falcon Heights.

The Human Rights Commission needs your support in order to affect a truly good human relations climate in the City of Falcon Heights. Attend this meeting and become acquainted with the services available to senior citizens.

Sandra Ireland, 2312 Brewster, received WCCO’s “Good Neighbor” award October 16.

Last month the St. Anthony Park Association membership meeting hosted the mayor and city council members. Nearly 130 residents attended the meeting at the Lutheran Church, which was followed by a crime prevention workshop given by the St. Paul Police Department. That meeting was also very well attended—perhaps too well attended.

Shortly after the workshop ended, there was an attempted burglary at Miller Pharmacy just a few yards from the site of the crime prevention gathering. The would-be robbers entered via the barber shop and in the process triggered an alarm. The police were nearby, (Como and 280) and arrived at the scene within two minutes. Nothing was stolen, but the culprits got away.

Jack Prom, a St. Anthony Park resident, was featured as a lead dancer in a recent Glass Theater Co. production of the rock opera Jesus Christ Superstar. The fully staged and costumed production was under the direction of Charters H. Anderson.
 RESPONSIBLE WORKING COUPLE with teacup poodle wants 1 or 2 bedroom duplex. Call 646-8975 after 6 p.m.

SALE — PRIVATE COLLECTION of over 200 house plants. Assorted handcrafts for Christmas gifts. Weavings. Sunday-Saturday, Dec. 5-6, 10 a.m.-6 p.m. 2401 Chilicoke Ave., 644-7045.


FOR SALE: Solid Golden Oak Desk, 32 x 55. Excellent condition, $100. 646-2144.

HOLIDAY BOUTIQUE: November 20-21, 10 a.m.-8 p.m.; 1405 Grantham. Handmade Christmas decorations and gift ideas for all ages.

CUSTOM PICTURE FRAMING: A nice idea for personalized Christmas gifts. Bring in your own photos, prints, needlework, paintings and drawings, and take home a finished work of art, ready to hang on the wall. Carter Avenue Frame Shop, 2244 Carter Avenue (Carter & Como) 645-7862.

CHRISTMAS BOUTIQUE: November 21, 9 a.m.-9 p.m.

and November 22, 9 a.m.-5 p.m. Extensive selection of gifts and accessories, 2302 Brester, one block south of Como-Raymond.

HOUSEKEEPER NEEDED: 1 or 1/2 day a week. Call 645-3726 after 5 p.m.

WANTED: Used console or studio piano in good condition, 645-6970.

PIANO LESSONS: Beginning ages 3 and up. Suzuki Method. Teacher has M.A. degree and 19 years teaching experience. Member of M.M.T.A. Call 646-3044.

HUGE GARAGE AND BAKE SALE: 1752 Lexington Plaza (Slumberland). Proceeds to Alexander Ramsey-Kellogg Bands; Thursday, Friday 9 a.m.-9 p.m.; Saturday, 9 a.m.-6 p.m.; Sunday, 12 noon-6 p.m., November 20, 21, 22 and 23. Also much miscellaneous.

MARY KAY COSMETICS: 15% off, professional model sales consultant, 724-4972.

BABY SITTER AVAILABLE weekdays/weekends, mature, responsible, 647-9158 after 6.

BOOKSTART CRAFT FAIR: Dec. 6, 11 a.m.-7 p.m. and Dec. 7, 11 a.m.-5 p.m., St. Cecilia’s Church, Bayless and Cromwell.

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ST. ANTHONY PARK CONGREGATIONAL
(United Church of Christ) Sun. 10 AM Worship
and Church School.

ST. ANTHONY PARK UNITED METHODIST
Sun. Education Hour 9:30, Worship 10:45 AM.

WANT ADS

Try a Bugle Want Ad at ten cents per word with $1.00 minimum. Send your ad with a check enclosed to: The Park Bugle, 2250 Como Ave., St. Paul, Minn. 55108.


GUITAR LESSONS: Area location, 646-8276.

AVON USERS: I will gladly take your Avon Orders for this area. Please call and let up an appointment. Mrs. Joan Jensen, 2386 Bourne Ave., 645-4729.


BOOKSTART: Continued from page 1
majority of financial backing for the program until 1973 when Health and Welfare and St. Paul Foundation also began to help fund Bookstart.

Two major stated goals of the program are to increase parental confidence and ability in guiding children toward full academic and psychological potential and to lessen the disparity in education between the lower and middle income child in South St. Anthony. Any South St. Anthony child who has completed kindergarten is eligible. Selection for participation in the program is based on recommendations by the teachers or by parental request.

This year area businesses will again be approached for donations. In addition, there will be a “Craft Fair” at St. Cecilia’s Church, Dec. 6 and 7, 11 a.m. to 7 p.m. and 11 a.m. to 5 p.m. respectively. By supporting Bookstart, it’s possible to help children in the community “associate love, acceptance and emotional satisfaction with reading a book.”

Anyone who wishes to display and sell their crafts should call Carletta Braun, 645-5206; or Mary Trantz, 646-3821.
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