

# The Park BUGLE

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## Dutch Elm Disease Hits St. Anthony

Story and cover photo by Nick Brubaker

Dutch elm disease in the St. Anthony Park area is having a serious impact on residents. People face financial, practical, and aesthetic losses. The average cost of having a diseased elm removed is over \$200. Property values seem certain to drop when trees are lost to Dutch elm disease. The visual character of the entire neighborhood changes when several large elms are removed. Many are saddened and discouraged to think of their neighborhood bare of these old giants — gone the cooling shade and the natural noise barriers. They can be replaced with other species, but it's many years before they mature into adequate replacements.

Facing these losses, people wonder just what is happening. What can be done? What has been done? Are we doing enough? Apparently Dutch elm disease has a strong foothold in this region and barring a breakthrough cure, all the elms — whether they die of Dutch elm disease or other causes — will eventually be wiped out. The questions are how quickly and how much can the loss rate be controlled.

TURN TO PAGE 4

The regular monthly meeting to plan for the next Bugle will be held Sept. 22 at 4:30 p.m. Community Room in the St. Anthony Park Bank Drive-In/Walk-Up Center. The deadline for the next issue is Oct. 6.

## Falcon Heights Man Named Teacher of Year

By Tom Lacy

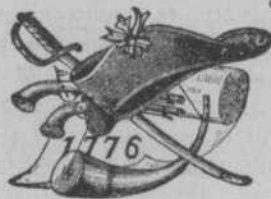
Less teaching and more communicating appears to be what Minnesota's 12th Teacher of the Year does daily. Denneth Dvergsten, 45, a 20-year teaching veteran, does not look upon himself as merely a disseminator of information. His task is more basic than that, suggests Dvergsten. For him, the task is "communication."

Communication, that is, preceded by self-acceptance. Dvergsten affirmed that self-acceptance comes from within, but that outside encouragement is necessary. He alluded to his rural background:

TURN TO PAGE 11



## Public Notice



Have you been looking for a way to support the Bugle and help the community without martyring yourself? We sure have, and we think we've found a way for you to do it.

Park Press Inc., and the St. Anthony Park Association are going to offer a Bicentennial special. By the end of October, we will have for sale a community calendar measuring 11 x 16" with a spiral binding, printed on heavy buff stock with sepia ink. The front page will feature an Americana engraving and the last will be a directory.

Each month will have a page of its own with a large box for each date — room for us to list special neighborhood events and meetings, and room for you to write in important times, dates and places. Above the calendar will appear a reproduction of an old photograph of historic St. Anthony Park or vicinity. The photos will be of a

quality and a style suitable for framing.

These calendars should be of special interest to every home in the neighborhood, and we also hope you'll consider them when making out your gift list. Each calendar will cost \$2.50 and come in an envelope that can be used for mailing.

We need to have a more accurate idea of the number of calendars we can sell. (our best estimates range from 20 to 3,000) Please help the Bugle and the St. Anthony Park Association by filling out the order form below and mailing it to us immediately. You will pay for your orders when the calendars are delivered to your door.

We're gathering materials for the calendar right now. If you have old photographs, we'd like to have a chance to look at them for possible use. Also if you'd like to submit a listing for a calendar box, we need to hear from you soon.

NAME \_\_\_\_\_ # of Calendars ordered \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

Please contact me about \_\_\_\_\_ old photographs \_\_\_\_\_ information listing.

## King Olav Comes Here

By Jo Nelson

St. Anthony Park residents may be able to get a glimpse of His Majesty King Olav V of Norway on Monday, Oct. 13, when the royal party attends a brief ceremony at the Celtic cross on the Luther Seminary Campus, in front of Bockman Hall.

The royal party will arrive on the Seminary campus at 2:15 p.m. for a 15-minute ceremony at the cross. From there the party will go to Lyngblomsten Retirement Center for a 25-minute reception before leaving for a motor tour of the State Capitol and the downtown St. Paul redevelopment area. Monday, Oct. 13, will conclude King Olav's three-day stay in the Twin Cities to participate in the 150-year Norwegian immigration festivities.

Luther Seminary's Celtic cross, which the King will stop to see, is a stone replica of what is thought to be the oldest cross in Norway, dating from 900 A.D. The 9-foot, 1800-pound granite cross was a gift to the Seminary from some 50 young people's societies in the Nordfjord area. It was dedicated at the Seminary July 24, 1956.

The cross pictured above, has semicircles in each of the four corners at the center of the cross and a hole in the middle, symbolizing the five wounds in the body of Christ. Inscriptions on the cross include the Greek letters for "Jesus, Alpha and Omega," an ancient Christogram meaning "Christ is the Light" and Latin initials VDMA for "verbum dei manet in Aeternum," meaning "The word of the Lord abides forever." (1 Peter 1:25)

The original Celtic cross was erected in Loen, Norway. It is believed to disclose the influence of the British Isles in the Christianization of Norway.

## 'Back to the City' Meets in St. Paul

Back to the City, a national conference billed as a "look at making neighborhood preservation successful," will be held Sept. 26-29, in the Saint Paul Hilton Hotel. Sponsored by Old Town Restorations Inc. and its co-sponsors, the conference will focus on the cycle of neighborhood decline and restoration. For more information call OTR, 224-3857.



# The Bugle 2

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## Falcon Heights City Council Meeting Notes

By Steve Rouch

The Falcon Heights City Council has petitioned to vacate the alley between the streets of Idaho and Iowa West of Arona. It has been determined by the council that the city has not been utilizing the alley and that the property owners have in fact been using the area for private use. If the petition passes each property owner will acquire 10 feet of the alley in question, providing easement rights are allowed for maintenance of the utilities.

The seal coating project has been completed for the City of Falcon Heights in the North East quadrant. The gravel seal

coating project is part of the perpetual street maintenance program to be completed in one of the cities quadrants every year. The entire program is completed every four years.

As a result of the July 29 public hearings, a compromise has been reached on the Arona storm sewer improvement proposal. It was decided that the storm sewer would be put in, but the curb and gutter would be deleted from the project. Proponents of the proposal argued that putting in all facilities at once would in the long run be cheaper and more convenient for those living on the street in question.

## View from the Park...

To the Editor:

Unchained dogs aren't the only problem in SAP. This letter speaks for my feelings:

Dear Rover:

Nice to meet you via the SAP August Bugle. Probably I've seen you running around and no doubt you have heard me woof-woofing to catch your attention. You see, I'm one of those chained up dogs and it really is frustrating. So I make a lot of noise whenever I see anything interesting going on. They say I have a loud voice — can be heard across Langford Park and up Como Avenue beyond the Children's Home Society.

I have a girl friend close by. She is chained too. When she voices her opinion, she gets so excited and riled up that her shrill yip-yip screech even gets on my nerves. But then females are that way — sort of neurotic.

Occasionally I hear a few other voice-barks in the neighborhood but my girl friend and I are famous (or infamous) around the Langford Park area. Sometimes I wish we could chain our people-owners. Anyway, Rover, have fun at the water hydrant.

Anita Sluck  
97 Langford Park

Editor:

In reading your June and August issues, I noticed the picture of the house on Langford Park. I believe that the picture has been incorrectly identified as the house in the triangle on Langford Park Place.

To me all evidence points to it being the old Le Marqand home on the south side of Como Avenue on Knapp Street, the second house from the corner. Mrs. Mary Blanchette, who has lived in the Park since 1918, and lives just in back of this house, agrees with me.

The Le Marqand family came to St. Paul and St. Anthony Park in 1912 via Montreal and Winnipeg, Canada, according to Mrs. Marguerite Le Marqand Luhrsen who lives in White Bear Lake and is the only member of the family now in Minnesota. Perhaps some residents will remember Madeline, she married Clifford Tucker and Therese married Roger Amidon, all of SAP. They moved to California. I don't know who the residents before 1912 might be.

Lucille Scott



**Note:** We invite your opinions and comments. Please send your typewritten or carefully handwritten copy to Park Bugle, 2250 Como Avenue, St. Paul, Minnesota 55108. All letters considered for publication must be signed. We reserve the right to condense lengthy submissions.

## Your Yard-n- Garden



**Q.** I'm having trouble with wasps that seem to be coming out of a crevice near the entrance to the house. How can I get rid of them?

**A.** When wasps are coming out of cracks or crevices and causing a hazard to people, one can control them with coarse sprays or aerosols containing dichlorvos (Vapona) directed into the crack. Make the treatment very late in the evening or very early in the morning when it is cool, but never during the sunny, hot time of day. Wasps are very active during the day and the chances of getting stung are much greater than late in the day.

Some preparations have chlordane or carbaryl (Sevin) in them which are valuable, but not as quick acting as dichlorvos. In some cases it may be possible to place a dichlorvos (Vapona) yellow strip in the wall opening or eave and close any other entrances. The dichlorvos strip kills by fumigant action, but the effect will be slower than a coarse spray.

Repeated treatments are usually not necessary with wasp nests, but with hornet nests and paper wasp nests the nest or cluster may have to be treated at 2 to 3-day intervals. Wear protective clothing to avoid stings, and remember to avoid any treatment when the wasps or hornets are active.

For more information the University of Minnesota Agricultural Extension Service has Entomology Fact Sheet No. 32 which can be obtained from the Bulletin Room, University of Minnesota, St. Paul 55108.

**Dr. Larry K. Cutkomp**  
Dept. of Entomology & Wildlife

**Q.** I'd like to plant more tulips this fall, but after they have blossomed, the flower border looks very unattractive if I wait until the leaves are brown before I plant anything else.

**A.** Try planting the tulips in a circle of about five bulbs, making each circle big enough so you can place a pot of a flowering plant or put some annuals in the center of the circle. Then you won't notice the drying tulip leaves and your flower border will be attractive.

**Dr. Harold Wilkins**  
Dept. of Horticultural Science



## 'Happiness Is Caring' Theme of Radiologic Technologists



A Registered Radiologic Technologist explaining to her patient what will happen during the x-ray procedure.

By Sandra Jones Ireland, R.T. (ARRT)

We, the registered radiologic technologists in the State of Minnesota, have chosen "Happiness is Caring" as our theme for the 37th Annual Meeting of the Minnesota Society of Radiologic Technologists to be held October 2, 3 and 4 at the Marriott Inn in Bloomington, Minnesota.

Caring and giving the best health care for patients who come to the x-ray department is the primary interest of every radiologic technologist and student technologist in the state. Minnesotans enjoy some of the best health care in the nation. We can be proud of the Mayo Clinic, our two medical schools, and the contributions many medical researchers from Minnesota have made. With this high caliber personnel comes the education centers in the allied health professions, of which radiologic technology is a vital part.

Minnesota is also the home of the American Registry of Radiologic Technologists, the group which tests and certifies the graduate x-ray technologist. The ARRT is located on Wayzata Boulevard in Minneapolis. After the student technologist graduates from an AMA approved program in

radiologic technology, he or she is eligible to write the examination of the ARRT. If the exam is passed, the technologist may use the initials, R.T. (ARRT) after his or her name. This means "Registered Technologist" — American Registry of Radiologic Technologists.

The discovery of x-ray by Wilhelm Conrad Roentgen in 1895 was a major break-through in the diagnosis and treatment of certain diseases. With this came also the birth of the specialty fields in radiology such as diagnostic radiology, radiation therapy, and nuclear medicine. Newer developments in thermography and ultrasound are becoming more useful in the diagnosis and treatment of diseases all the time.

The benefits which occurred as a result of the discovery of x-rays also carried with them the potential dangers of over-exposure to x-radiation. Hence, the formation of the criteria of education and the establishment of the AMA approved schools of radiologic technology, and the Joint Review Committee.

Given a technologist's responsibilities, and the everchanging face of the profession, it is necessary for the radiologic technologist to stay current with the new trends in radiology. Consequently, the profes-

sional organizations on the state and national levels provide for continuing education experiences.

On the state level, we are known as the Minnesota Society of Radiologic Technologists, and on the national level, the American Society. This year we decided that communication with the patient is a priority subject, and subsequently proceeded to plan the 37th Annual Meeting seminars around total patient care and communication. An all out effort is being exerted to insure the best quality of continuing education for the x-ray technologist. We must be prepared for you, our patients, should your doctor prescribe an x-ray procedure.

Radiologic technologists contribute to the total health care picture in Minnesota — from out-state Minnesota to the metropolitan areas — from human medicine to veterinary medicine — in industry and in research.

"Happiness is Caring," and we pledge continued growth and improvement in the delivery of health care in our state of Minnesota and in the nation. The week of September 30 through October 4 is "Radiologic Technology Week." Proclaimed so by Governor Anderson, this week technologists will be paying tribute to their many patients. Won't you also pause a moment for special tribute to the radiologic technologists in diagnostic radiology, radiation therapy and nuclear medicine who have dedicated themselves to the betterment of your health through knowing that "Happiness is Caring."

**Note:** Sandra Jones Ireland is a registered radiologic technologist who lives in St. Anthony Park and works at the University of Minnesota Veterinary Hospital.

### Bookmobile Stops in Lauderdale

The Ramsey County Bookmobile has increased service and will make weekly stops in Lauderdale: Saturday, 1:55-2:40 p.m., in front of 2400 Ione Street. County Bookmobile usage increased 23% in 1974.



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# Plant between Elms & Water City Trees

By Hort Hal

They wake me up in the morning! Acorns are falling. They hit the roof, roll and rattle into the tin gutters! Those two oaks trees — wish they were two nice American elms. Come to think about it, I would even trade in those two dumb, messy hackberries too. But wait! Last year on the way to work — two dead elms. This year, eight. Those four trees in my front yard are soon to be worth a fortune.

Golly, I have lived through one other (1955-60) epidemic of Dutch Elm in Illinois. Do I have to go through a second? Sad, but I predict that by five more summers, the elm will be a rare item: 2, 8, 32, 128, 512. That takes care of the elms I pass on the way I walk to work. Hope there is a scientific breakthrough! But?

What can we do? Let's plant trees now! Interplant between those big boys whose days are numbered. Get out the money, the shovels, the axes and the watering hose. Let's go! A friend who is more famous than I disagrees with me. I disagree back. The canopy from the old trees is way up there and can't weaken the new little one until it actually touches it! In nature, it's been going on for years. The little runts have five years to grow before the big fellows

go to Elm Wood Heaven. By that time we may have a semi-orderly transfer of shade power in St. Anthony Park! So let's interplant.

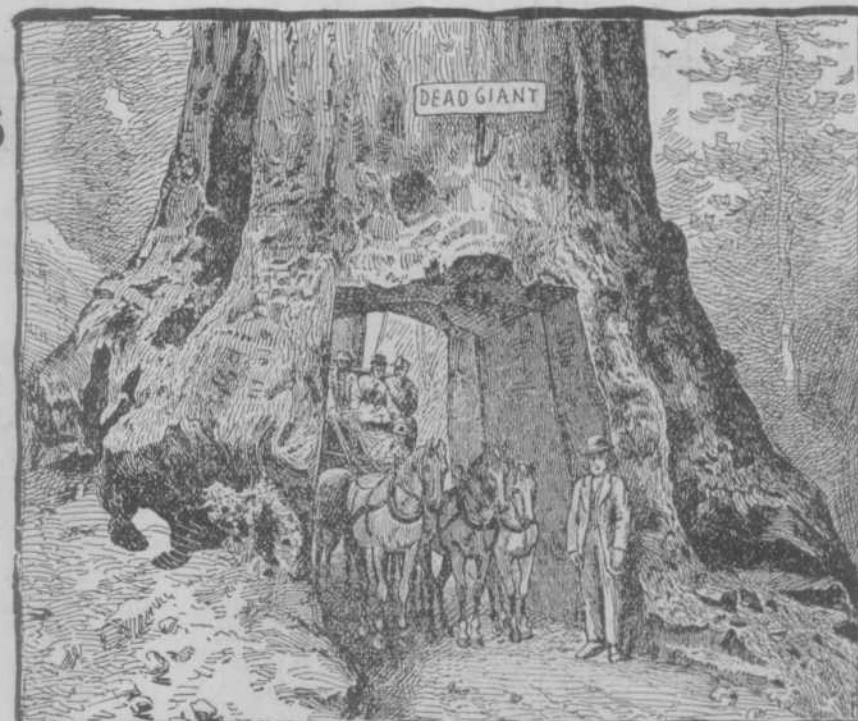
Too, you might get a bargain price — before the price goes up on trees — and will you even be able to buy trees five years from now?

One more poke at you St. Anthony Parkers! Big brother has been planting trees for us the past two years. They are "free" — so why take care of them? You dumb green goofball, they ain't free — you pay taxes — remember? Too, new trees have had at least 50% of their roots "ripped off," so help save a tree and help shade your house five years from now — water that tree today. We are all sensitive; it hurts me to see them so dry.

## How to Plant a Tree

Only God can make a tree. But people "got" to plant it, water it, prune it, stake it, wrap the trunk up to prevent winter sun scald and injury — water it too! How do you do it? Never plant it deeper than when it was growing in the baby nursery.

P.S. You can plant one this fall and one next spring too! But let's plant trees and keep those new ones well watered too.



## TREE DISEASE PLAYS FOR KEEPS

from page 1

Some residents feel not enough is being done by city officials and that all elms will be lost in as few as 4-5 years. Calls for "crash programs" are heard. The problem has been called epidemic in the St. Anthony Park and South SAP areas. Some citizens express anger that the city has red-banded hundreds of diseased trees for removal from the boulevards, but these trees are left standing for months while residents are required to remove diseased elms in 10 days.

Some of these concerns and questions were presented to St. Paul City Arborist, Tom Karl. He stated that the goal of the Dept. of Parks is "an orderly transition to other tree species over a 30-year period." This transition rate is maintained if the yearly elm loss is held to 3-3½% of the total elm population (130,000) in the city. He stated that an adequate control program should maintain a loss below 5%, and the loss rate this year is under 3½%, according to Karl. The worst hit area is St. Paul's East Side which accounted for 35% of the diseased trees in St. Paul he said.

Asked about the problem being epidemic in the SAP area, Karl said there was indeed a beetle invasion in the industrial part of South SAP, but that trees there were in an "unfavorable area anyway with poor soil and crowded spaces," so higher loss rates were not surprising. He said the loss rate for the residential part of SAP and South SAP was still in the 3% range.

According to Karl, city officials routinely inspect trees on private property as well as on the boulevards and probably 95% of all diseased trees in St. Paul have been spotted. The city has three crews working at tree removal and "could make use of some more equipment, but it would take a lot more money to make any real difference." Karl said residents notified of a diseased elm on their property should contact a tree removal service and at least get on a waiting list even if the removal cannot be done in the 10-day period granted by the notice.

A rather different view was given by

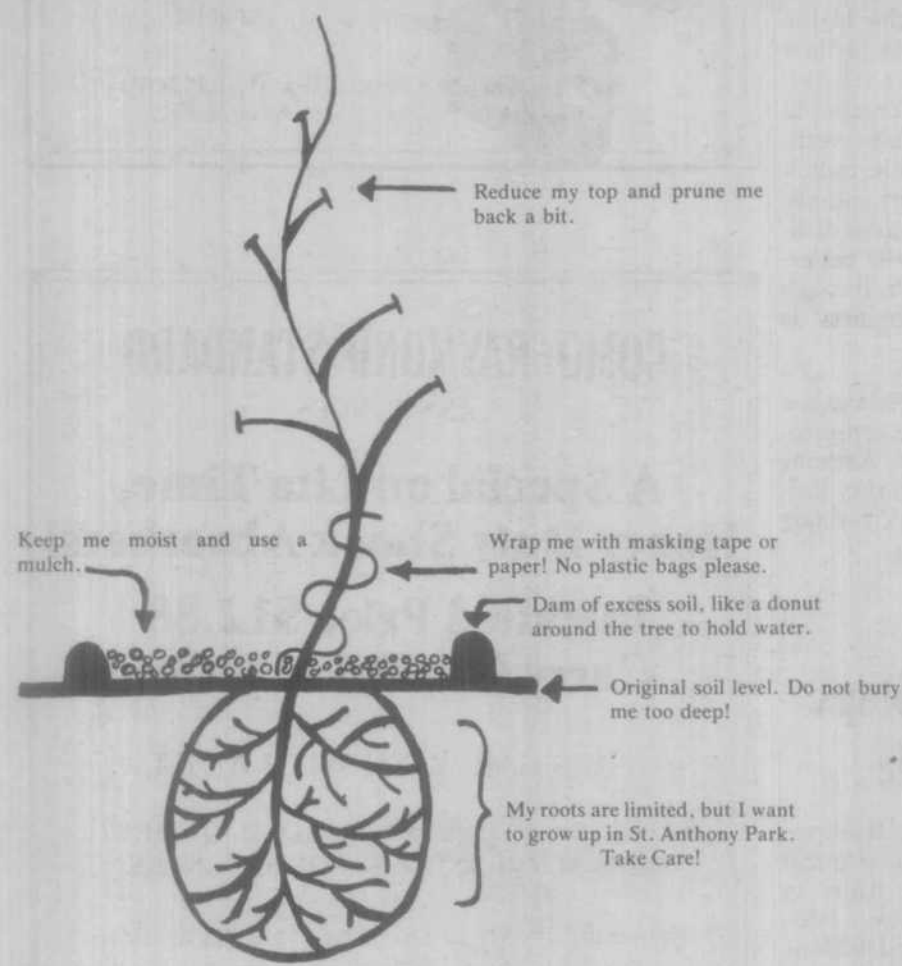
Howard Shannon, foreman at Kelm Tree Service. He felt there has been more than ample time to respond to the problem, but the situation now is a case of "not enough and too late." He said that unless this winter is unusually long and cold, "the disease may be epidemic next year, because it got a good hold this year."

Shannon said, "Only with a crash program including intensive use of sprays could the transition to alternate species be spread over 30 years." Residents, he feels, can help by having diseased trees removed promptly, but the overall outlook is bleak. He feels the official attitude is too much one of "they're all going to die anyway." He summed up his personal pessimism: "The Dutch elm disease is a sad thing for the tree service business. Sure it's great for a couple years of removals — but then what? Anybody can trim bushes."

Others share the bleak outlook. Jack Pearson, a Park resident with an active interest in the research into the disease is worried about property values and also the ultimate effect on the City's property tax revenue. He feels research on the disease is funded at one third of what is needed to avoid losing all the elms in 8 more years. Specific complaints persist. Residents tell of things like calling the Dept. of Parks several times over a period of months just to have a suspected tree diagnosed.

The question of whether we are doing enough seems to not have a clear answer. Residents will have a chance to hear more on the City's position from Lloyd Burkholder of the Dept. of Parks at the Sept. 23 meeting of the SAP Association at the Congregational Church, 2129 Commonwealth Ave. The program begins at approximately 8 p.m.

**Note:** Your opinions and responses are encouraged. Future articles will present specifics of "what can be done" in terms of effectiveness of sprays, Vapam sterilizer, and trenching; hope for cures; aid and loans for the costs of removal; and tree replacement programs.





# ...Musings...



"HAVING WRITTEN SINCE A CHILD," said the poet

When I find the words  
I cup them gently in my hands  
... small rabbits I've found,  
a child... Put them back!  
my mother said  
they can make you sick  
their wild germs will find  
the smallest scratch on your finger.  
Don't touch the wild ones,  
she'd warn, the smell of your touch  
will cause their mother  
to abandon them. They'll have no one  
to teach them natural habits.

All through the years,  
I tried, but wild places  
drew me, wild things  
drew close, begging  
find me—find me

eyes large and sad  
in the light of my fire  
huddling close to sleep  
a tent's width away  
from my hand

and following me home,  
owls in my trees  
deer in my yard, squirrels  
edging up to sit on the toe  
of my shoe skunks  
and once a white rat  
in my basement  
birds that would somehow  
batter their way in  
through unopened windows

soft wild things  
slipping in to curl  
in my head while I slept  
begging touch me  
hold me

Somehow they always knew  
I would. So the problem  
the obligation of touch  
was to re-teach them  
old habits of wildness  
before letting them go  
teach them  
how to move freely  
between my world and theirs  
the way touching them  
taught me.

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They are everywhere now  
they make nests  
close to my feet  
hoping I'll stumble  
across them  
They are very wise  
to my ways, have studied  
my habits as much, it seems  
as I have studied theirs.  
Sometimes, trying to slip through  
the nests that plague my feet  
I remember how I  
corralled small pink mice  
with loose-woven sticks  
once when I was young

Words are creeping out  
of nests in old shoes  
nests in my children's hair  
when they let me  
make me catch them  
I hold them loosely  
like I would be held

wild things soft  
wild things everywhere

Lately I have caught them  
in my children's hands.  
Put them back!  
I say, they can make you sick  
their wild germs will find  
the smallest scratch on your skin.  
Look, I say, once touched  
neither of you can forget.  
You are obligated  
forever  
You will spend your life  
learning their habits  
trying to free them to be  
wild things  
they were meant to be.  
Don't touch them  
close your eyes when their eyes  
turn beautiful and sad.  
Put them back

It is too late  
their pelt is too soft and deep  
They don't know what they touch

Beryle Williams

Beryle Williams lives in St. Anthony Park. Born and raised on an Iowa farm, she studied art in college and has written since childhood. She has published widely in local magazines, taught at all levels and given numerous readings in the Twin Cities area.



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## Books:

By Jim Nelson

*BOAT* is a children's book without words. Indeed there isn't time or space for any such foolishness as the author proves again and again, that a picture is indeed worth, at very minimum, a thousand words.

We start out with two fellow-travelers who put down their umbrellas as a rain storm begins. They do this because they like walking in the rain and also because their umbrellas are not ordinary umbrellas, as we soon find out. As our two adventurers come upon a most accommodating body of water, complete with smiling sea serpent, their mysterious umbrellas provide everything necessary to design, construct and outfit a cozy and absolutely sea-worthy ship. Don't let me forget to mention the many marvelous beetles, caterpillars, birds, mice and a bushy cat who is always offering some assistance by sleeping or cleaning his paws. And keep your eye on the sun!

Even though this *BOAT* never makes it to water, it takes us along on an adventure filled with practical and magical occurrences and tells children

*BOAT*  
Barbara Remington  
Doubleday & Co.  
4.95 Hardcover Children's  
Book

*COOKING WITH APPLES*  
Shirley Munson and Jo Nelson  
Countryside Press  
2.95 Paper

and adults alike that it's the journey and not the destination that really counts.

**Note:** Barbara Remington, who lived many of her younger years in St. Anthony Park, is a free-lance artist living in New York City with her husband, Edd Preston, also an author. Her previous works include a near classic, "Santa Mouse."

## Jo Nelson Co-Authors Apple Book

*Cooking With Apples* — it's just off the press. A St. Anthony Park resident, Josephine (Jo) Nelson, is co-author of the book along with Shirley Munson, a researcher in the University's Department of Horticultural Science.

Mrs. Munson developed and tested over 100 recipes which were retested in the Farm Journal kitchens before appearing in the book. In addition to the recipes, the book features chapters on the history of apples, apple varieties and the orchardists' painstaking work in producing top-quality fruit. Mrs. Nelson is responsible for researching and writing the text of the book.

A very important part of the book is a comprehensive chart developed by Mrs. Munson which gives helpful information to the consumer on the season, characteristics and uses of different varieties of apples. There is no longer any need to ponder over which apple goes best in what recipe; just consult the chart and then try something like this:

### AUTUMN APPLE COFFEE CAKE

1 egg  
1/3 c. sugar  
1 c. sifted flour  
1 Tblsp. baking powder  
1/2 tsp. salt  
1/2 c. milk  
1 c. quick-cooking oats  
1/4 c. melted shortening  
4 sliced peeled apples  
1/4 c. sugar  
1/2 tsp. ground cinnamon  
1/4 tsp. ground nutmeg  
2 Tblsp. butter

Beat egg and 1/3 c. sugar together until creamy. Sift together flour, baking powder

and salt. Add alternately with milk to egg mixture. Stir in oats and melted shortening. Spread half the batter in a greased 9" round baking pan. Arrange apple slices over batter. Spread remaining batter over apple slices.

Combine 1/4 c. sugar, cinnamon and nutmeg. Cut in butter until mixture is crumbly. Sprinkle over batter. Bake in 375° oven 30 minutes or until done. Makes 8 servings.

A spokesman for Stillwater Orchards says apple production is down a little in Minnesota this year, but the quality of the fruit is "extremely high" — a perfect year to initiate *Cooking With Apples*. It is now or soon will be available at Stillwater Orchards, Micawber's Book Store and the St. Paul Campus U of M. bookstore.

## Foreign Wives Study English

By Fern Miller

English classes for wives of foreign students will be held on Thursday mornings in St. Matthews Episcopal Church, Carter and Chelmsford. There will be a coffee hour and registration October 2 at 9:30 a.m. Classes will begin October 9.

The classes in conversational English, sponsored by the Minnesota International Center of the University of Minnesota, will be offered at three levels: beginning, intermediate, and advanced. Coffee is served each time by women from different churches throughout the St. Paul and suburban area, under the sponsorship of Church Women United.

The morning session lasts for two hours — a coffee hour followed by an hour of class. During the coffee hour the women have an opportunity to get acquainted with women from many foreign countries as well as other women from their own country.

Baby sitting and transportation are provided. For further information call Marian Raup, 644-7491 or Fern Miller, 644-4550.

## Bridgeman Plate and Platter Dinners

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**DEEP WATER FILET** — Haddock on toast with tartar sauce and wedge of lemon. Slice of tomato on lettuce and french fried potatoes. \$2.05

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**FRENCH FRIED BUTTERFLY SHRIMP** — Shrimp served with tartar sauce, french fries, cole slaw and buttered toast. \$2.90

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# Revival of Patchwork Quilting

By Dianne Kernell

Patchwork Quilts! "Jacob's Ladder," "Sunshine and Shadow," and "Log Cabin" are but three of the several thousand designs created over the past 350 years by American quilters. The sharp geometric designs of "Delectable Mountains" and the meticulous applique patterns in the "Rose of Sharon" reflect the stylistic variety of this unique art form which originated out of necessity.

Whether she was living in Boston in the 1600's or traveling West by wagon during the Gold Rush days, an important

In many areas of the country, a bride would bring thirteen newly finished quilts as a part of her marriage dowry. The thirteenth or bridal quilt was usually quilted by friends and relatives at a bee akin to today's bridal shower.

Quilting bees were also held in churches, especially in cities, as a charitable and social activity. Some groups would do the actual piecing and quilting; others would quilt tops for women who pieced or appliqued but had neither time nor talent for quilting. It is said that the first suffrage speech ever listened to in Cleveland, Ohio, was delivered by Susan

advanced classes in quilting, a complete line of quilting supplies, and a variety of old and new patchwork quilts. Major museums, including the Walker Art Center in Minneapolis, are exhibiting quilt collections. Cooperatives started by VISTA volunteers are making and selling quilts all over the U.S. and Europe.

As more and more people begin to enjoy and appreciate American quilts for their beauty and historical significance, Allen H. Eaton's 1930 description of quilts becomes even more poignant:

*... the light of my candle revealed the whole sleeping apartment floor covered with beautiful patchwork quilts and, neatly hanging from the roof beams the entire length of the room and on both sides of my bed, were coverlets and quilts to afford additional protection from any drafts, or rain, or snow which might come, and also, it seemed to me, to give splendor to the scene.*

*These people had no carpets for their floors nor curtains for their windows, but they had a rare collection of homemade quilts, some of which were old and worn, but all I thought very beautiful ... by the candlelight that night I studied the designs and color combinations in perhaps ten or twelve of them. I doubt if I shall ever have the privilege of sleeping in such surroundings again, and if the sight of a patchwork quilt does not stir in me anything more than the recollection of the experience of this lovely scene, it does quite enough.*

**Note:** Dianne Kernell lives at 1915 Laurel Avenue and is a quilting instructor. She teaches classes at the Country Peddler in addition to various adult education courses throughout the Twin Cities.

## Senior Power

A new program makes it easier than ever for senior citizens to take University of Minnesota Extension classes.

Registrations by mail are accepted through September 19. For an Extension Classes Bulletin with course descriptions, registration information, and further details, telephone 373-3195. Those interested in free counseling and program advising should telephone 373-3905.



part of a woman's work was to make quilts to protect her family from cold winter nights. Drab brown pieces of cloth stuffed with wads of cotton and joined with ties or large stitches would have brought warmth, and thus been functional, but would not have provided a beautiful, personal bedcovering. Thus, the American woman who made a "Turkey Tracks" quilt, pieced of red and green and unbleached muslin and quilted with fine stitches, gained personal satisfaction through the creation of a useful and beautiful bedcovering. Today the patchwork quilt has gained universal acceptance as folk art and almost exclusively as art of American women.

The first American-made quilts were "pieced." Tiny pieces of scrap materials were joined together to make a block, and blocks then were joined to make a quilt top. Usually tops were pieced during cold winter days and the quilting was done in the spring at quilting bees attended by all the neighborhood women.

B. Anthony at a church quilting bee. In some communities these church quilting bees continue. The Merriam-Lexington Presbyterian Church quilting bee in St. Paul meets regularly every Wednesday to quilt tops pieced by women all over the country. At present they are about two years behind in orders!

As the twentieth century approached, Sears and Wards began making "store-bought" blankets available in all price ranges. More women entered the work force as teachers, secretaries, nurses, and during the world wars as truck drivers and factory workers; many put away the quilting frames. However, quilting never came to a standstill as thousands of women continued to quilt — usually for love of the craft rather than out of necessity.

Today we are experiencing a revival of quilting as stores, schools, and churches offer quilting instructions to a variety of men and women. The Country Peddler, a store in St. Anthony Park, offers basic and

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The Roseville Spring Office serves the Highland Area, Midway, Como, Roseville and northern suburban areas. Ruby has been associated with this office since July, 1974. She resides at 1806 Marshall Avenue, and she also owns and operates Ruby Loos Studio of Photography.

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## Butcher Hangs Up Cleaver

### A Note from Lou

A sincere thank you to all who have patronized me for the past 15 years.

You have been wonderful customers.

Sincerely,  
Lou Peltier

It was official. September 6, marked the last day that Lou Peltier operated Lou's Meats in the same building as Blomberg's Super Fair, corner Como and Doswell.

People were calling the Bugle office and asking in hushed tones, "Is it true that the butcher is leaving?" When assured that the rumor was true, there followed a variety of laments expressing the same feeling: People are sure going to miss Lou and the fine services and products he supplied the community for 15 years. "He sure knows meat." "He always trims his cuts so well," etc.)

And Lou says he's going to



Lou Peltier prepares to weigh out some meat on his last day at work. In the background his son Tim, who has worked with his dad since he was eight, waits on another customer.

miss his customers too, but he feels he wants a career change before he gets any older. Married and the father of four sons, Lou said the whole family talked it over and they support him in this decision. He wasn't quite ready to talk about what he was going to be doing after

he takes a short vacation, but he did mention that he would probably help out at the meat market from time to time.

Blomberg's purchased Lou's Meats and one of Lou's employees, Mr. A. Fink, will be managing it for them.

## New Humanity Courses at Metropolitan State

Metropolitan State University will offer two major humanities courses beginning in October which should be of interest to many Park residents.

"Humanities: A Foundation Course" introduces students to the principles of critical inquiry in the areas of history, literature, philosophy and the arts. The course features an integrated approach to some important problems, texts and moments in European history. Questions raised will deal with the relationships between intellectual and artistic achievements, social structures and technological developments.

The second course, "Renaissance and Reformation," concentrates on the major elements of European life and thought between 1300 and 1600. The first section deals

with the concept of the Renaissance.

The second concentrates on the art of the Italian Renaissance; the third section concerns the Reformation and the Counter-Reformation of the 16th Century. Finally, the course will examine the politics and court of Elizabethan England, together with the poetry and drama of that period.

The two courses are 36 weeks in length, beginning October 8 and 11 respectively. Each are equal to fifteen quarter hour credits. The courses are offered by Metro U with assistance from the British Open University and the Jerome Foundation of St. Paul. For registration procedures and other information, contact Metro U, 121 Metro Square, St. Paul, 55101, or call Dr. Piers Lewis at 296-4462.

## Hofland Joins First Security

Rodell L. Hofland has been elected vice president of the First Security State Bank of St. Paul, according to an announcement by Robert T. Wallner, president.

Hofland began his banking career in 1967 at the First Edina National Bank, Edina, Minnesota. He was appointed an assistant examiner of First Bank System in 1968 and a credit analyst in 1969. He was elected assistant cashier of the First Security State Bank in 1970 and assistant vice president in 1972.

Hofland holds a bachelor of science degree in business administration and economics from Augustana College, Sioux Falls, South Dakota, and is a graduate of the National Commercial Lending School at the University of Oklahoma. He is married and has two children.





## PARK PEOPLE

By Sharon Bassett

Aurel Waite Clark, 2352 Bourne Avenue, recently celebrated her 80th birthday. I spent an afternoon on her front porch listening to her reminisce. Her memories of St. Anthony Park are very vivid and precious to her.

Mrs. Clark has lived in St. Anthony Park for most of her eighty years. She came here as a child in 1902 and lived with her parents at 35 Langford Park Place. She readily recalled the beautiful artificial lake once present in the middle of the Park and the arched walk bridge over it. There were well-kept pathways with plantings on each side, where many strolled on warm summer evenings. And she talked of the children's games she and her friends played in the park.

Mrs. Clark explained to me that the early homes of St. Anthony Park were built around the centrally located Langford Park; most of these old homes are still standing.

We talked about the iceman and how important he was to the community, the occasional shopping sprees with her mother to St. Paul in a horse drawn surrey, and the old gas street lamps. Fondly she remembered the boy who climbed the lamp post at dusk to light the lamps along the streets. Just listening, I felt a sense of nostalgia for those proud early days.

In 1910 Aurel Waite Clark moved with her mother to 1425 N. Cleveland Avenue. Her mother had built a house near the University campus to board college girls. Between her old home on Langford Park Place and the newly developed area near campus, vast open areas existed where cows grazed, and streets or alleys were nonexistent.

After graduating from the School of Home Economics, Aurel met and married Mr. Warren C. Waite, a professor at the University of Minnesota. For a few years they lived in a new bungalow also on Cleveland Avenue, but in 1938, they moved with their three children to 2352 Bourne Avenue.

In 1950 Mr. Waite died, and she continued to live in her house on Bourne. Years later she married Mr. Frank J. Clark, then editor of Farmer Magazine and also an early resident of St. Anthony Park. Together their families include 6 children, 24 grandchildren, and 19 great grandchildren.

The afternoon passed quickly, and I left feeling warm at the promise of a new friendship with a very gracious lady.

## Park News

The gallery shows at the St. Paul Student Center, September 14-October 3, will be the Minnesota Art Exhibition, in all galleries.

The Student Center is located at Buford and Eckles streets in St. Paul and gallery hours are 8 am-10 pm, Monday through Friday.

The Park Bugle is proud of the list of firms and individuals that regularly advertise in the paper. They have helped provide the community with a high-quality product at a very low cost — it's free to any individual who cares to pick it up. We could not exist and function as a community service without their loyal support.

You, the reader, can show your support by patronizing the businesses and individuals who support us. Remember to mention that you saw their ad in the Bugle.

The St. Anthony Park Association meets on Sept. 23, in the Congregational Church. Dinner is served at 6 pm, and the program begins at 7. The meetings, in keeping with long-standing tradition, are over by 8 pm. The meals (\$2.50/plate) are always delicious; the programs are stimulating and the sense of pride in the community obvious. If you've been thinking about joining the association, why not plan to attend the Sept. meeting and see for yourself. Your support and membership are important to the community. This month's program concerns Dutch Elm disease.



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### No. 1

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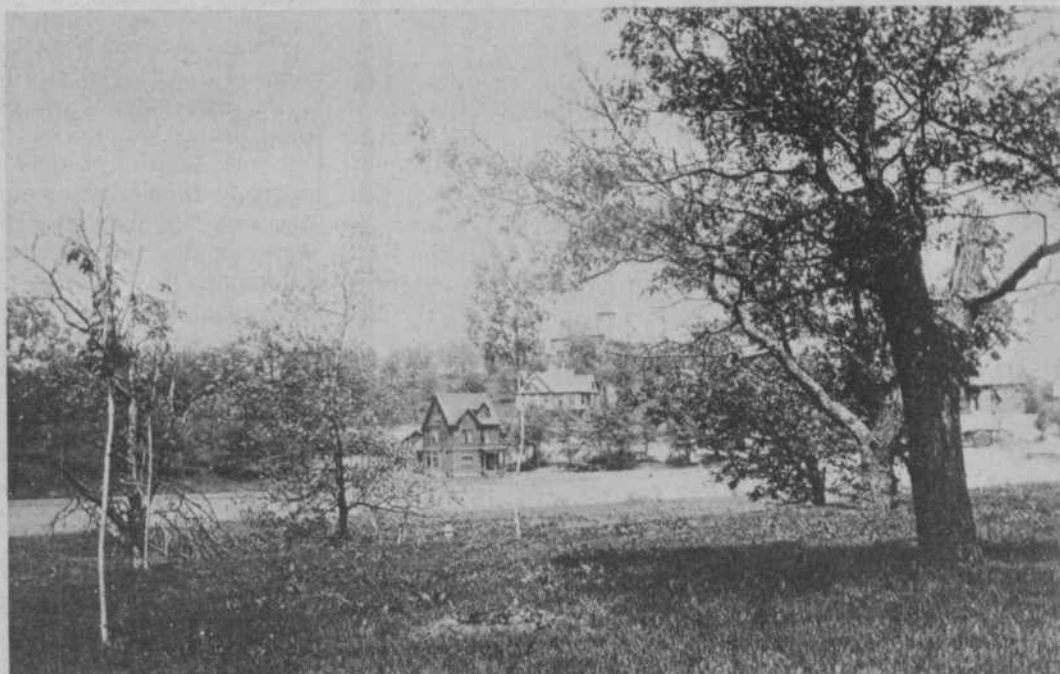
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Like Mrs. Aurel Waite Clark observed, early St. Anthony Park had vast open areas where cows grazed and streets or alleys were nonexistent. This photo of early St. Anthony Park, courtesy of the Ramsey County Historical Society, is an example of the type of historic illustration that will appear in the Bicentennial calendar offered by Park Press Inc. and the St. Anthony Park Association. See the Public Notice on page 1.

## PLANT-N-POT

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## Bits & Pieces

On Thursday, September 18, the St. Paul YWCA re-dedicates itself as **The Women's Center** of St. Paul. This event culminates several years of new program development as the YWCA responded to women's changing needs.

The celebration features woman-made films, remarks by prominent Twin Cities women and a re-dedication ceremony performed by creative dancers. All women are invited to participate in the festivities scheduled from 5:30 to 10:30 p.m. at the Center, 65 E. Kellogg Boulevard.

Women known for involvement in a variety of disciplines will

share thoughts and ideas from their perspectives beginning at 7:15 p.m. Confirmed at this date are Ann Truax, Director of the Minnesota Women's Center; Meridel LeSueur, poet and author; Pearl Mitchell, Director of Volunteer Services, Ramsey County Welfare; and Marlene Johnson, Chairperson of the Minnesota Women's Political Caucus.

An in-depth look at aging and its many problems and challenges will set the tone for a two-day conference on the University of Minnesota St. Paul campus Sept. 26-27.

The conference, which is sponsored by the University's College of Home Economics and Agricultural Extension Service, costs \$8. Mrs. Krause will give the keynote talk at a Sept. 26 dinner meeting at the Roseville

Holiday Inn. Dinner tickets are \$6.50. Persons interested in attending may obtain details from the Office of Special Programs, 405 Coffey Hall.

Parent study groups are now forming to discuss the book *Children: The Challenge* by Dr. Rudolf Dreikurs, the Alfred Adler Institute has announced.

The groups will meet once a week for seven weeks beginning the end of September.

Parents learn by studying, sharing and discussing how to encourage their children and themselves to live in a democratic family. Winning cooperation, responsibility and mutual respect are stressed.

The fee is \$7.00 per family unit. For more information or to register in your area please call Wendy Stebbins at 426-5928.

Artisans' World Gallery has just hung a new show, "North Dakota Trio," made up of recent oils, acrylics and watercolors by three North Dakota artists, Yvonne Butzon, Lisbon, and Kay Cann and Kitten O'Day, both of Fargo.

"North Dakota Trio" consisting of landscapes and still lifes will continue through October 1. Artisans' World is located at 2274 Como Ave., St. Paul. Hours are 10-6, Mon. through Friday, 10-5 Saturdays, closed Sundays.

A conference to discuss the role of women in housing in Minnesota will be held Tuesday, September 16 from 5-8 p.m. at Park Square Court in Saint Paul (between Jackson and Sibley on 6th near Mears Park).

The conference will be both an informal social event and forum for discussion of concerns facing women who work in the housing field, women who have special housing needs, women who wish to obtain mortgage money or access to social services related to housing, and private and public policy changes needed to improve options for women in housing.

Tickets will be \$2.50 and can be purchased at the door. RSVPs are encouraged and can be telephoned to Bonnie at 296-7608 by September 11. A cash bar and complimentary hors d'oeuvres will be available.

The event is being sponsored by women employed in federal, state, and local housing agencies. Men are also cordially invited.

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## Shulstad's, Como at Scudder

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## TEACHER from page 1

"Some of the former guideposts to self-worth are not as apparent as before. As a student, I would go home to work in the fields. I knew that the work I was doing was worthwhile; I knew I was needed." He suggested that for some students today the only apparent guideposts are grades. And as guideposts, they are "inadequate." Personal communication is necessary.

Communication, for Dvergsten, implies care and concern for the individual. Again, "that begins with an awareness of one's self-worth," he feels, "then continues with a recognition of the integrity and essential worth of others." From there he attempts to express his recognition to the other person. That requires a "consistent and persistent effort," Dvergsten adds.

And the effort is "one to one." As we chatted over coffee at Bridgeman's, Dvergsten, who currently teaches biology at Kellogg High School, Little Canada, described a former student of his at Ramsey High School. The student seemed quiet, if not distant or out of reach. "Each day for about three weeks, when I passed him at his locker I'd greet him by name. It wasn't until the third week that he began to respond. And his response in the class began to change." The student realized that he mattered. Dvergsten doesn't expect to reach every student. Often at the end of a term, he noticed that a few of his students had remained "anonymous." "I

didn't get to know them. I accepted that, but continued trying." Such personal involvement ("communicating") is "exhausting but refreshing, too."

Dvergsten readily admits that these concepts are not new, but he feels that acting upon them is crucial to him. Asked how he came to this awareness, he replied, "By questioning my own relationship to others and to my environment; where and how do I fit in. . . ." Through his questioning he gained a basic acceptance of worth, "but most answers are tentative; the questioning never ends."

And Dvergsten is receptive to and encourages questions from his students. "All questions are important," he asserts. Implicit in that comment is his feeling that so, too, is the questioner. And listening is one means of expressing the worth of the question and the questioner. "Questions are essential," he insisted.

As our conversation shifted to house-painting, survival in the woods, poetry, the significance of mosquitoes, cross-country skiing, house plants; what became increasingly apparent to me was Dvergsten's consistency: his respect for all life and his awareness that all things are interrelated, all subject to continued inquiry.

**Note:** Dvergsten holds a Ph.D. from the University of Minnesota. He and his wife, Joan, live at 1717 Holton St., Falcon Heights.

## SHARE Health Plan Gets Grant Monies

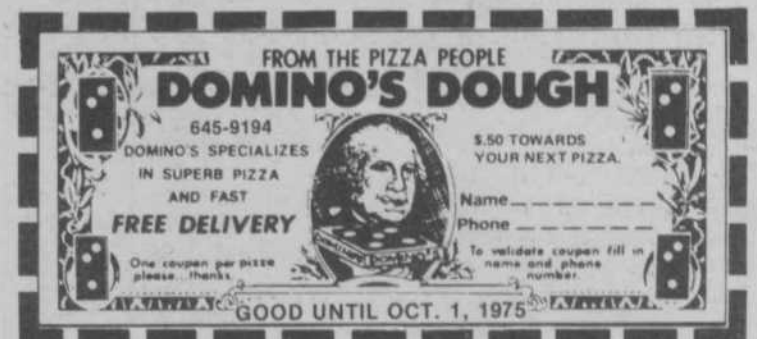
R. K. Ditmore, President of the SHARE Health Plan, announced the award of a four-year grant from DHEW totaling \$206,000 to continue SHARE's Family Health Center Project.

The purpose of the grant is to pay for health care premiums for low or moderate income families who enroll in SHARE's prepaid, comprehensive health care plan. SHARE, one of only two "Health Maintenance Organizations" (HMO) in Minnesota funded under the Family Health Center Program, is located in the Midway area at 1515 Charles Avenue adjacent to Samaritan Hospital.

The grant permits SHARE to increase its enrollment under the FHC Program to approximately 600 members and their dependents residing in the Midway district target area. Cost of the program for members is based on income and family size. For example, a family of four with an income of under \$3,000 would be eligible for the program at no cost. However, the same family with an income of \$4,000-\$4,500 would have to pay only \$8/month. The Program is currently limited to a maximum annual family income of \$7,000.

Anyone seeking more information about eligibility for

SHARE Plan II or other SHARE Clinic services should call Bill DeMarco, 645-0171.





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# The Bugle 12

2511



By Jean Lindberg

Lauderdale Elementary School has been purchased by the Chinese Christian Fellowship, an inter-denominational Protestant group of families and students from the metro area. Pastor Joseph Wong and the Executive Committee advise that the building will be used for Sunday School and Worship, Bible Study Classes, Youth Fellowship and Choir Practice. A parking lot with provision for expansion has been completed, and the play area retained.

A resolution was unanimously adopted by the City Council welcoming the congregation to the community and complimenting the Executive Committee on their high degree of cooperation with the Planning Commission to conform to planning guidelines.

The first worship service was held on August 10. The congregation numbered about 200, including 29 guests from Lauderdale. The formal building dedication will be held at 2:30 p.m., November 23.

The Lauderdale Civic Club and the City Council have been following very closely legislation proposed by Senator John Chenoweth, Chairman of the Senate Metro and Urban Affairs Committee, to require merger of small municipalities with neighboring larger governmental units.

The Minnesota League of Municipalities recently held a panel discussion which was attended by approximately 125 representatives from Ramsey County suburbs.

Senator Chenoweth began with the comment that he enjoys "being involved in creative tension." The 200 plus metro area governmental units must make objective appraisals of the quality of services delivered to residents, or consolidations will become necessary.

Mayor Larry Cohen spoke on a number of City problems to which suburban families contribute — traffic, police, street maintenance, juvenile — but which they do not support financially. He suggested that a "City of Ramsey" has merit.

The greatest ovation was received by panel member Mr. Ron Wieger, Acting Mayor of Maplewood, when he said, "Let St. Paul become 'County of St. Paul,' and let the suburbs remain as they are."

This is the second year of Lauderdale's active participation in the Twin Cities Dutch Elm Disease Control Program. In 1974, 28 condemned trees were removed by cooperative residents and the City. From the 1975 survey, Dr. W. French of the U of M has advised the City that 30 elms have been condemned and more are under surveillance. All owners have been notified that removal must be accomplished by April 15, 1976.

There is no cure for the fungus. Cooperation will help to slow the spread, and give homeowners time to replace elms with other species. Pamphlets are available at the City Hall. Wood from condemned trees may not be stored outside unless it has been completely debarked. The Council expects to receive information soon on the Ramsey County diseased tree disposal program.

At the September 9 meeting, the Council unanimously adopted a resolution earmarking funds for diseased-tree removal subsidies, and directed the attorney to make application to the subsidy program financed by the state.

It is difficult to form a mental picture of this area when all the beautiful old elms will be gone.

Good news for University students and residents: MTC advises that the new bus shelter on Eustis Street hill just south of Larpenteur will be completed by December 1.

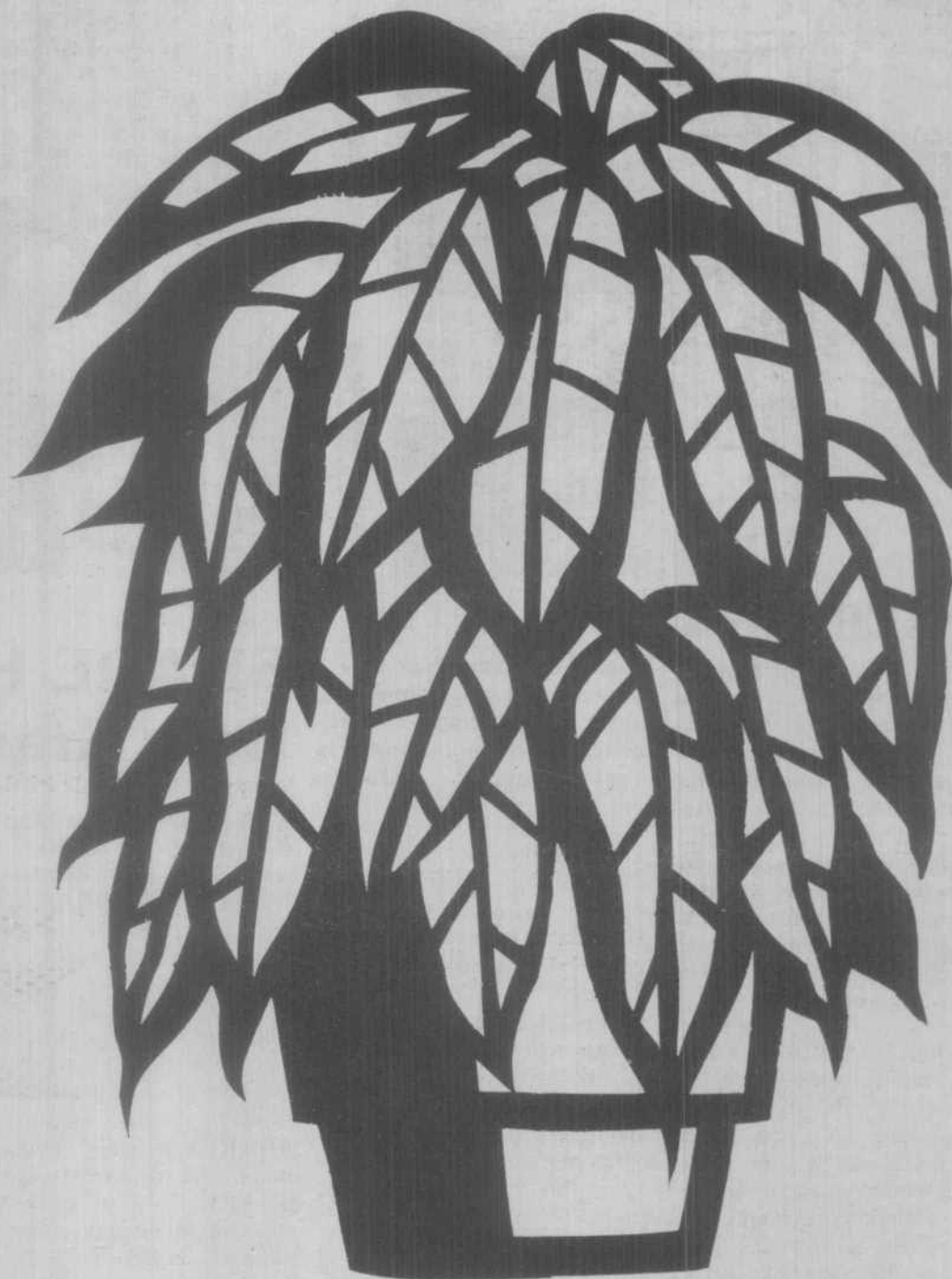
Ramsey Ecological Center closes permanently. In the short 4 years of volunteer, non-profit operation, dedicated young people have re-cycled 1,270,328 pounds of glass, metal and tin hauled to the Center by ecology-concerned residents of the northern suburbs. The Center was forced to vacate because of Roseville City Hall construction, and no other suitable City property could be found. The Center Board approached the Lauderdale Council, but the only vacant City property is zoned residential.

Outstanding support to this project was given by the Roseville Rotary Club and Roseville Chamber of Commerce. Attempts through the Minnesota Pollution Control Agency were made to re-locate it on Ramsey County property. However, to

comply with Shoreview zoning regulations, funding of \$15,000 would be required, and the Board of Directors despairingly adopted a resolution to disband. They have performed an excellent service to the neighboring communities and de-

serve praise and many thanks. It is a sad ending to a necessary service.

Ecology-concerned residents may still take glass and metal to the Metro Recycling Center, 666 Pelham Boulevard.



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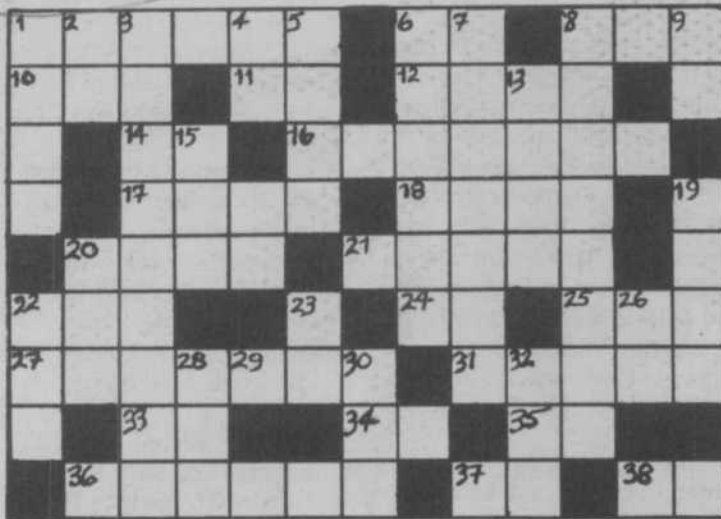
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# A Cryptic Acrostic — Try to Remember

Set by T. R. Lacy



## ACROSS

1. Anniversary (death): 1st September 1729. Sir Richard, along with Joseph Addison, was co-author of the *Tatler* and the *Spectator*.
6. Traditional breakfast drink — initials.
8. Anniversary: 4th September 1896. Former St. Paul resident; husband to Zelda; significant author even before Robert Redford banalized him — initials.
10. "I wonder, by my troth, what thou and I/Did \_\_\_\_\_ we loved!" Donne's, "The Good-Morrow" — first three letters.
11. Chicago's commuter train — abbrev.
12. Good — Latin.
14. Form of to be (verb, 3rd pers. sing.) used by psychoanalyst with a head-cold.
16. Anniversary: 4th September 1892. "La Creation du monde" and "Le Boeuf sur le toit" are two pieces by this eminent French composer.
17. Caged domiciles for some would-be wild animals.
18. Orthodox Neanderthal Tutorial League — abbrev.
20. Anniversary: 5th September 1735. Johann Christian \_\_\_\_\_, the "English" member of a relatively musical Baroque family.
21. The opposite of "offsok."
22. Irish and English folklore: Queen \_\_\_\_\_, a mischievous fairy who governs and produces dreams.
24. To stop stopping is to do this.
25. A segment of time rarely experienced by one overly concerned about the before or the after.
27. Anniversary (death): 23rd September 1973. Chilean poet-patriot; author of *Veinte Poemas de Amor y una Cancion Desesperada*; died shortly after the CIA engineered the overthrow of President Allende. — first initial and last name.
31. "... Or, if thou wilt \_\_\_\_\_ marry./Marry a fool ... ." — *Hamlet*, III.i.
33. Anniversary: 26th September 1888. Anglo-American poet-critic; proclaimed himself to be a "classicist in literature, royalist in politics, and anglo-catholic in religion." — first two initials.
34. Improbable negative response for Pooh when offered "a little something" (condensed milk and honey).
35. Said the Duchess to Alice. "I'm doubtful about the temper of yo\_\_\_\_\_ flamingo." — last two letters.

36. Anniversary: 21st September 1874. Although the "Planets" is his best known work, there are innumerable, perhaps more significant, pieces by this English follower/leader of the Elgar, Vaughan Williams, Delius, Walton and Britten tradition. — first initial and last name.
37. (Since you've already looked this up for 31 Across ...) "\_\_\_\_\_ if thou wilt needs marry./Marry a fool ... ." — *Hamlet*, III.i.
38. Consciousness Raising—abbrev.

## DOWN

1. Minneapolis's other newspaper.
2. The seventh tone of a diatonic scale.
3. Anniversary: 7th September 1533. At least the most significant of Tudor monarchs if not the most significant of all English monarchs.
4. Masculine article — French.
5. Certain trees, indigenous to the St. Anthony Park area, currently plagued by a pathological fungus (*Ceratostomella ulmi*) transmitted by bark beetles.
6. A stretched circle assumes this shape — undoubtedly due to lack of exercise.
7. Anniversary: 18th September 1709. James Boswell's confidant.
8. Anniversary: 25th September 1897. Minor American author; did not finish high school; postmaster at a Southern university (probably fired from that post); literally forgotten today except as recipient of several Pulitzer Prizes and a Nobel Prize.
9. The fourth tone of a diatonic scale.
13. The Western counterpart to the Warsaw Treaty Organization — abbrev.
15. One of the seven dwarfs.
19. An essential item for the Bugle.
20. Yet another ineffectual slogan: "\_\_\_\_\_ the can."
21. Alistair Cooke prefers two of these in his last name.
22. National Public Radio (NPR) highly regards its Minnesota affiliate — initials.
23. Minnesota's 12th Teacher of the Year — first and last initials.
26. A trendy way of saying "too much."
28. Garbled sellout — abbrev.
30. Prudent acquaintance of parabled grasshopper.
32. Orpheus's spouse; he went to Hell for her — first three letters.

## Benefit for Montessori

Heritage to Horizons, billed as the first official cultural observance of the Minnesota American Revolution Bicentennial Commission, will be sponsored as a benefit concert for the Montessori Foundation of Minnesota, according to Lawrence O'Shaughnessy, President of the Foundation.

The concert will be held Friday, October 3, 1975, at 8:30 p.m. in O'Shaughnessy Auditorium, College of St. Catherine, St. Paul. The event will combine the talents of the current performing artists of the Saint Paul Opera Company, the Minnesota Dance Theater, and members of the Saint Paul Chamber Orchestra plus 20 additional musicians. Musical Director will be John DeMain, director of the Saint Paul Chamber Orchestra.

Information and tickets for the benefit concert can be obtained by contacting Polly Rehnwall, 355 Marshall Ave., Saint Paul, Minnesota 55102, 222-0550.

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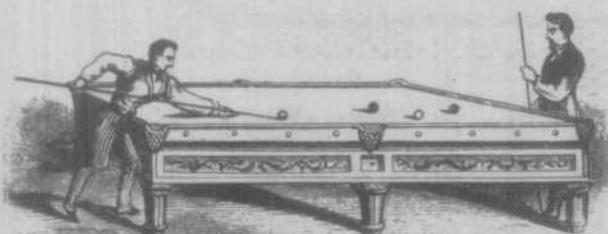


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## Minnesota Norwegians Celebrate their Sesquicentennial

By Jo Nelson

The visit of His Majesty King Olav V of Norway in the U.S. during October and all the attendant festivities will climax observance of the Norwegian-American '75 Sesquicentennial — the 150th anniversary of the beginning of organized immigration to America from Norway.

King Olav will arrive in the Twin Cities Saturday afternoon, Oct. 11, following a visit to New York and to Washington. Following his visit in the Twin Cities, his itinerary will include St. Olaf College at Northfield, Decorah, Iowa, Chicago, Seattle, Los Angeles, San Francisco and Anchorage, Alaska.

Inaugurating the three-day program of events which the Royal Party will attend in the Twin Cities will be a festival concert of Norwegian music by the Minnesota Orchestra in Orchestra Hall Saturday evening, Oct. 11. The Norwegian pianist Eva Knardahl will be guest artist and Stanislaw Skrowaczewski will conduct.

A lecture by Thor Heyerdahl, anthropologist and contemporary Norwegian explorer, famous for his voyage across the Pacific in the raft Kon-Tiki, will highlight a Salute to Heritage program in the Minneapolis Civic Auditorium at 3 p.m. Sunday, Oct. 12. Distinguished Norwegian-Americans representing different fields of achievement will be introduced during the program as honored guests. These will include three

Nobel laureates: Norman Borlaug, agronomist; Lars Onsager, chemist; and Ivar Giaever, physicist.

Monday, Oct. 13, will be devoted to Royal visits to various institutions in the Twin Cities. The King will officially open the Salute to Heritage exhibit in the lobby of the Northwestern National Bank where a Norwegian stave church, a replica of the raft Kon-Tiki and dolls in folk costume from the Bygdoy Museum will be on display. (See article on the Celtic cross for St. Paul visit.)

Concluding the major Sesquicentennial events will be a gala banquet Monday evening, Oct. 13, in the Hall of States, Hotel Leamington, at which King Olav will bring greetings.

Other Sesquicentennial events planned for the Oct. 11-13 weekend include a Prayer Breakfast at 7:50 a.m. Saturday, Oct. 11, at which Congressman Albert Quie will speak; a noon luncheon for women at the Interlachen Country Club, Edina, Oct. 11, with actress Arlene Dahl as speaker; and a buffet and folk fest at the Hotel Leamington from 6 p.m. to midnight Oct. 12, with entertainment by folk dancers and musical groups.

Arts and crafts exhibits and musical events as part of the Sesquicentennial observance during September and October in the Twin Cities include:

- Ade Toftey art exhibit, Sky Gallery, 950 S. Robert, St. Paul, through September 30.

- Norwegian Folk Art Exhibit, Lutheran Brotherhood, 701-2nd Ave. S., Minneapolis, Oct. 1-31.
- Paintings by Jacob T. Sohver, Norwegian-American artist, International Institute, 1694 Como Ave., St. Paul.
- Matted works by contemporary artists of Norwegian descent, Northern States Power Co., 4th and Nicollet Mall, Minneapolis, Oct. 6-31
- Schubert Club concert by Birgitte Grimstad, soprano ballad singer, Janet Wallace Recital Hall, Macalester College, Oct. 9.
- Norwegian Holiday Home exhibit, First National Bank plaza, Minneapolis. Sept.-Oct.
- Exhibit of 55 metal prints by Rolf Nesch, Norwegian artist, Minneapolis Institute of Arts, Oct. 1-26.

Tickets to the Minnesota Orchestra concert, Salute to Heritage program, buffet and folk fest at the Leamington are available from Dayton's Ticket Office; for the Royal Banquet from Ralph Brastad, Lutheran Brotherhood, Minneapolis; and for the Prayer Breakfast from Chester Eggen, Richfield Bank and Trust Co.; and for the Birgitte Grimstad ballad concert from Schubert Club, Old Federal Courts Bldg., St. Paul.

October 9, 1975 marks the 150th anniversary of the arrival of the 54-foot sloop "Restauration" to New York with 46 emigrants from Norway and a crew of seven. The group included Quakers who had left Stavanger, Norway, July 4, 1825, for economic but also religious reasons, reaching New York 14 weeks later. This first organized group started a movement that in the next 100 years brought more than 800,000 Norwegians to America. Only Ireland gave a greater share of its population to emigration. Today there are more than three million Americans of Norwegian ancestry, with Minnesota leading all other states in the number of first-generation Norwegians — more than 155,000.

The Como Park Conservatory is planning a series of free park treks for the coming year. Interested trekers should call 489-1740 to reserve a space in the hikes.

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## U of M Publications

The University of Minnesota issues bulletins and publications regularly which could be of interest to many homemakers and consumers. Here are some of their latest. If you wish to receive a copy of any publication listed below, send the title along with your request to the Bulletin Room, University of Minnesota, Coffey Hall, St. Paul, Mn. 55108. Single copies of up to 10 different publications are available free. Be sure to include your name and complete mailing address when ordering.

**Use of Diseased Elm and Oak Trees.** Forestry Fact Sheet 10. J.G. Hermann, D.W. French, and L.T. Hendricks. Suggests uses, precautions, and storage methods for wood from Dutch elm and oak wilt afflicted trees. 2 pages.

**Owner-Built Housing.** Special Report 53. William J. Angell and Phillip S. Olson. Explores the basic design and construction phases of the owner-built housing process, examines the experiences, problems, and suggestions of several owner-builders, and describes available sources of assistance (human) and information (literature) on specific aspects of the design and construction process. 32 pages.

**Buying Meat by Cost per Serving.** Animal Science Fact Sheet 24. Richard Epley and Isabel Wolf. Explains to consumers how to use cost per serving figures to economize on meat purchases. 2 pages.

**Names of Retail Meat Cuts.** Extension Bulletin 393. Richard Epley and Isabel Wolf. Lists commonly used names, their recommended versions, and cooking methods. 28 pages.

**Homemade Yogurt.** Food Science and Nutrition Fact Sheet 29. Edmund A. Zottola. Gives directions for making yogurt at home beginning either with plain yogurt or a dry starter culture. Explains differences between using nonfat dry milk (instant or regular) or fresh milk. 2 pages.

**Preserving Fish.** Food Science and Nutrition Fact Sheet 22. Isabel D. Wolf. Recommends heating fish to boiling temperatures for 10 minutes before tasting or serving after canning in the plain method or with seasoned tomato sauce. 2 pages.

**Buying A Side Of Beef.** Animal Science Fact Sheet 18. Richard J. Epley. Tells how buying a side of beef can be a money-saving proposition by calculating retail yields and purchase cost. 2 pages.

**Selecting and Using a Food Freezer.** Home Economics-Family Living Fact Sheet 28. Wanda Olson. Provides information on styles, capacity, installation, and defrosting methods. 2 pages.

**Freezing Fruits and Vegetables.** Extension Folder 156. Grace D. Brill and Shirley T. Munson. Charts list recommended varieties and preparation techniques. 4 pages.

## International Institute Resumes Luncheons

On September 10 the International Institute, 1694 Como Avenue, resumed its series of nationality menus for its Wednesday Foreign Food Luncheons served each week between 11:30 and 1:00 p.m.

A different menu of authentic and typical foods of other countries is offered each Wednesday from September through May. Menus for the coming weeks are: September 24, Austrian; October 1, African; October 8, German; October 15, International; October 22, Hawaiian; October 29, Russian.

Advance reservations are necessary. Reservations close

when capacity is reached. Phone the Institute, 647-0191, by noon of the Tuesday preceding the luncheon. Cost per person only \$2.75 (dessert buffet extra) and the public is invited. Parking is plentiful and free.

Groups from businesses, organizations and private parties are welcomed. Requests for special tables or rooms for groups should be placed as early as possible because of space limitations.

Wednesday Foreign Food Luncheons are part of the intercultural program offered by the Institute to acquaint area residents with the cultures of many countries.



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**PROFESSIONAL PHOTOGRAPHER:** Portraits, parties, pets — weddings, events, cards — business and post. Color, black and white. Call Artisans' World, 646-6707.

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**RHYTHM AND DANCE CLASSES:** St. Anthony Park Library Community Room, Tuesday afternoons. Rhythm, Ballet, Tap, Acrobatics, Jazz, Toe. Registration on Tues., Sept. 23 from 3-5 pm at the library or call. Classes will begin on Tuesday, Sept. 30. Teachers: Joan and Sue Jensen, 645-4729. Chairmen: Jane Ratliff, 644-2480 and Lois Holmquist, 645-4914. If enough interest, we can set up a Boys Acro. class.

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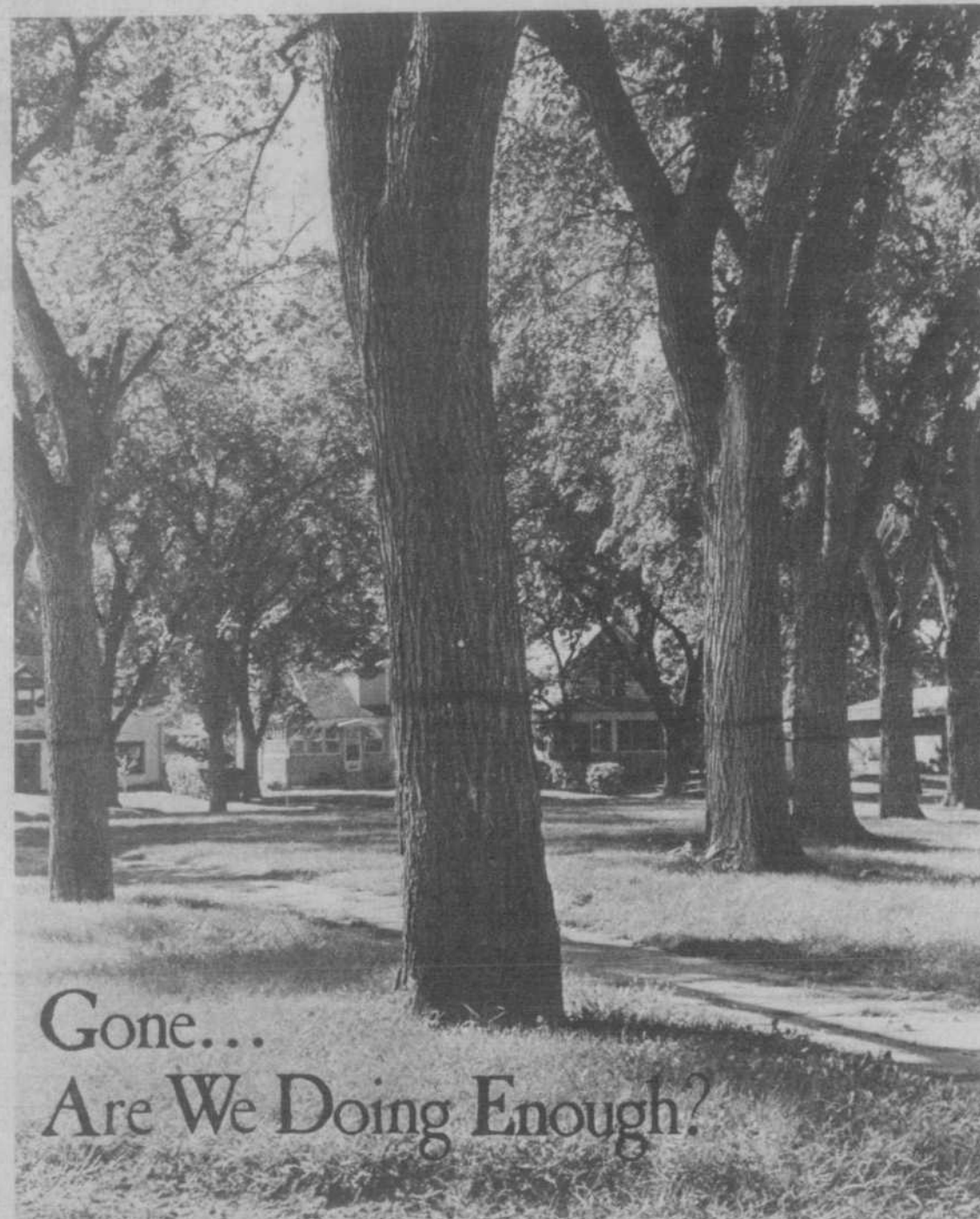
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# The Park BUGLE

VOL. 2, NO. 3  
SEPTEMBER, 1975



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